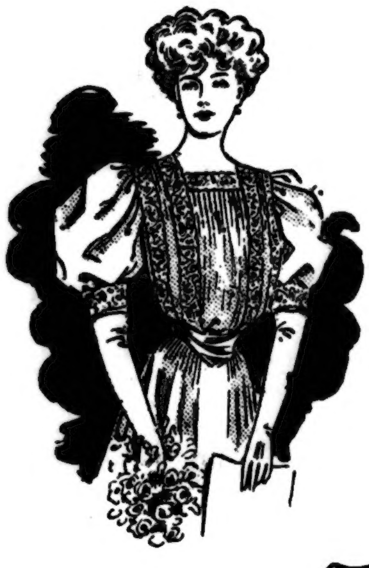
FOUR PATTERNS: Tailor **SKIRT,** Inverness **COAT,** Dinner **BLOUSE,** Small **BOY'S COAT**

MYRA'S JOURNAL

3D

THE LEADER OF FASHION



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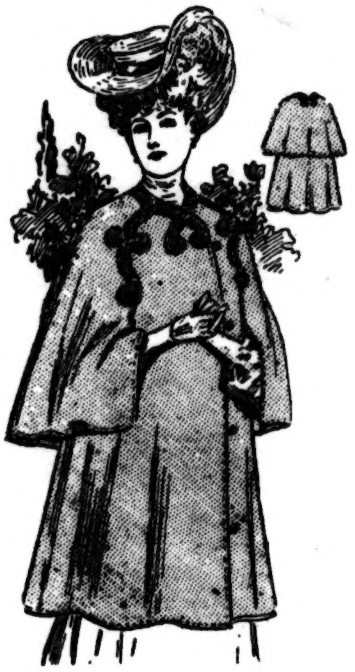
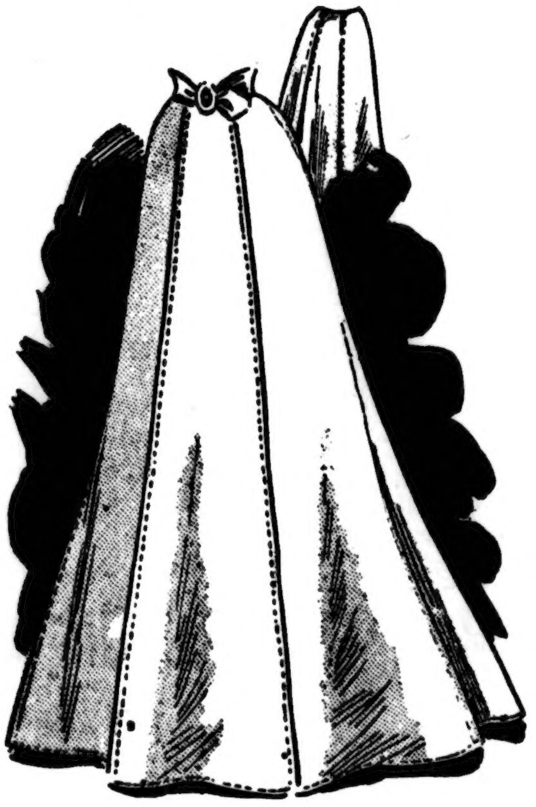
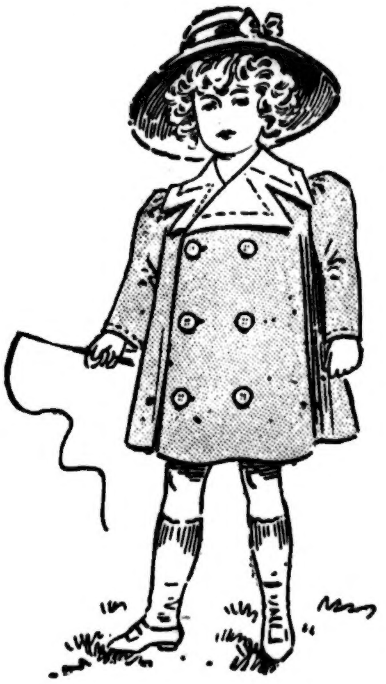
August, 1905.







With which is incorporated THE LADY'S MAGAZINE.

Vol. XXXII. No. 8.
August, 1905.

Holiday Fashion Number.

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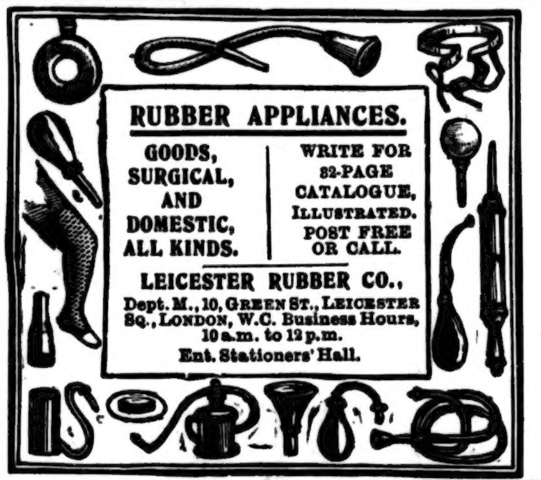

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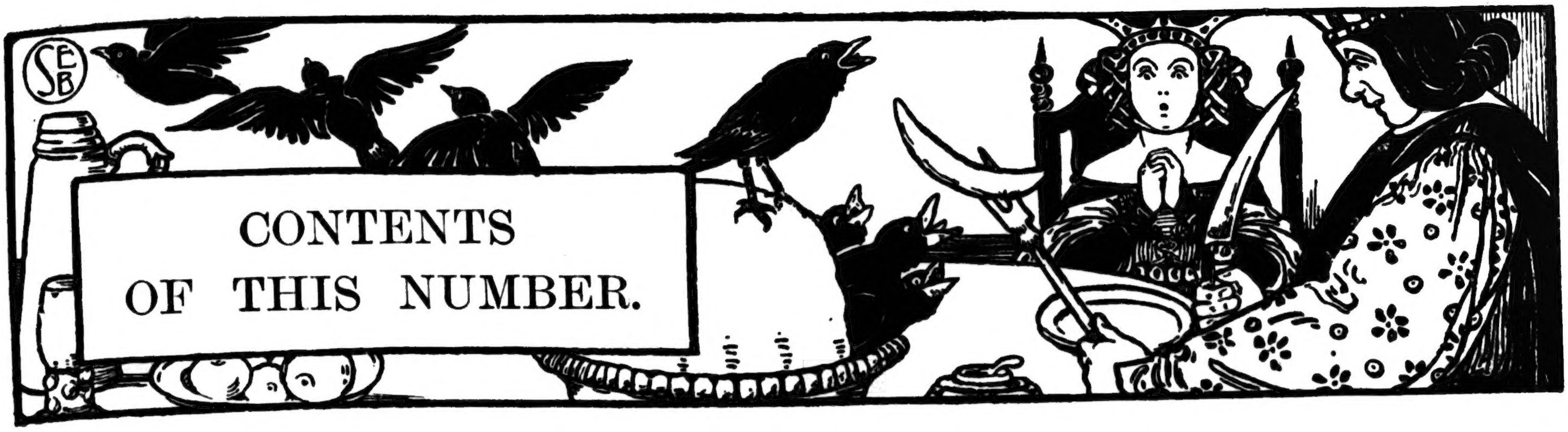

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THE NEW PLEATED AND GATHERED SKIRTS.

BRODERIE ANGLAISE.

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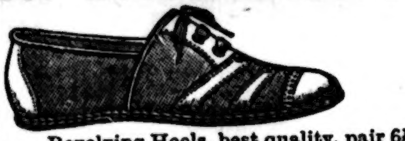

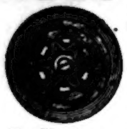

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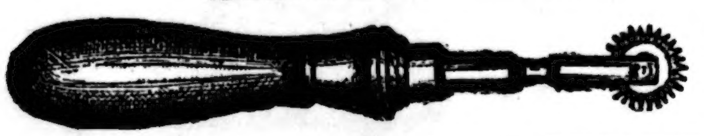

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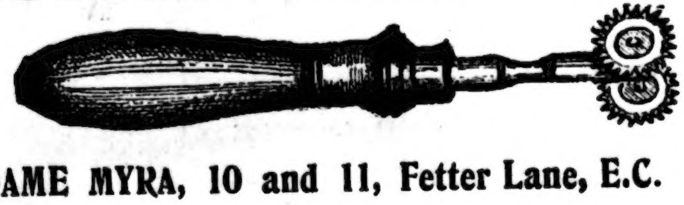

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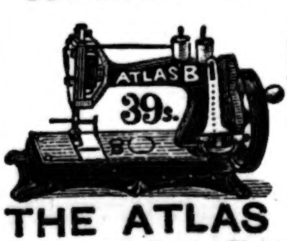

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VOL. XXXII.—No. 8. AUGUST 1, 1905.

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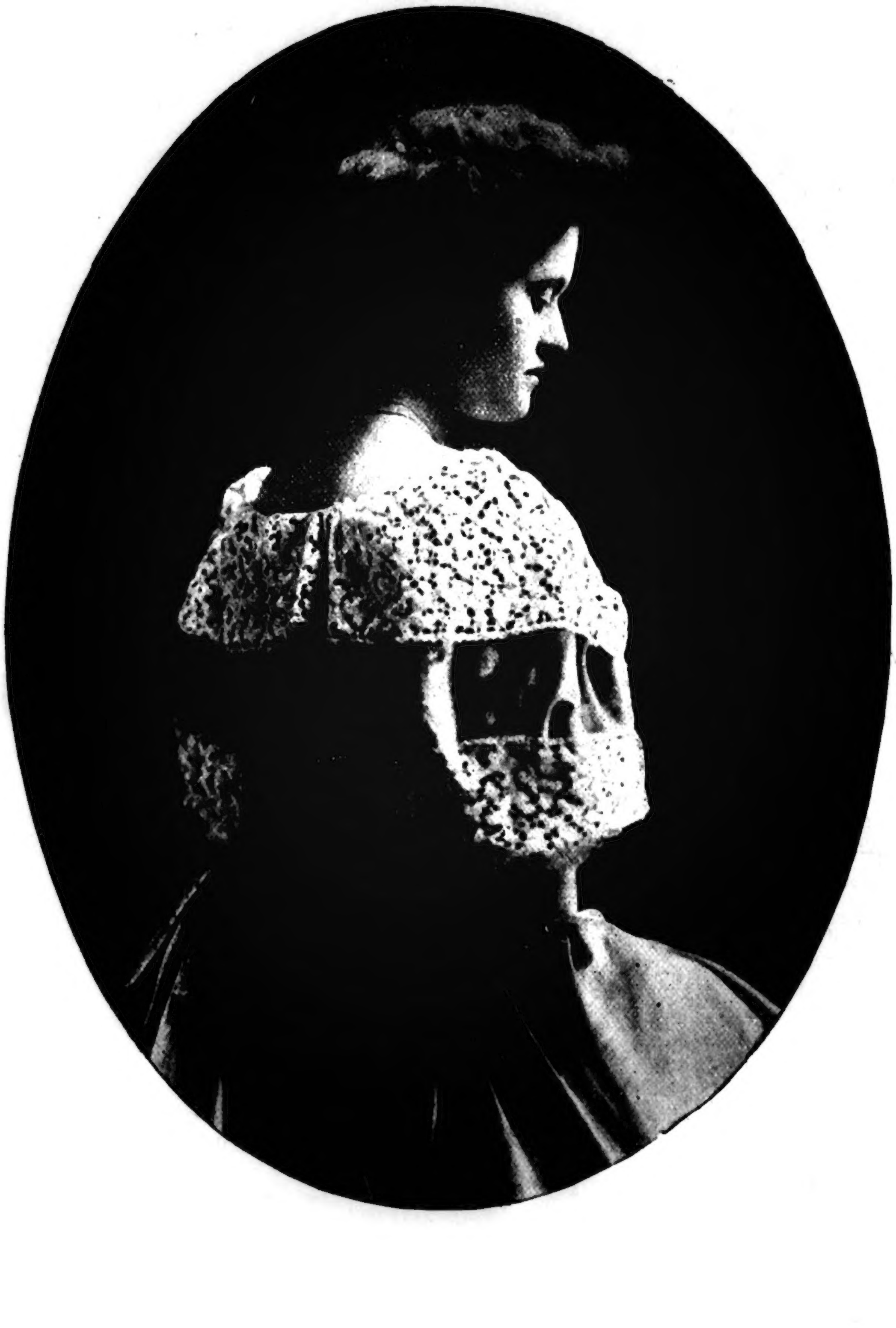

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WHOSE WEDDING TO MR. CHARDES HARDY, IN JUNE, WAS A VERY BRILLIANT FUNCTION.

SPENCER EDGE 1901

Notes for the Month.

WE give this month an exhaustive variety of all the gowns, coats, millinery, &c., which will be wanted for the travelling and holiday outfit—the close of summer styles, which foreshadow the autumn fashions. Everybody is obliged to get some new things for their travelling tour, because only hot weather garments are in no way suitable for a period which will dip into the cooler days of early autumn. It is astonishing how autumnal London looks and feels in mid-September or early October, especially after a Continental tour in warmer climes!

The great thing in travelling is to select duly what we shall take and what we shall leave behind, and valuable hints on this head will be found on page 10. The four Free Paper Patterns have been specially thought out for the traveller's benefit. The five-gore skirt with lapped seams is an excellent model—becoming, elegant, light, protective, suitable for walking, all "sport" purposes, mountaineering, &c., &c..

By way of a travelling wrap, no garment could be better than the smart Inverness wrap—another of our Free Patterns. It could match our useful five-gore skirt, and could be of tweed or shepherd's plaid, or it could be carried out in cool tussore for a dust or motor wrap. It is a very good design, the large cape forming the sleeves, the braided design simulating a collar, and hiding, where the cape joins the fronts, an ugly line which needs concealment in a wrap of this sort.

The third Free Pattern this month is a charming "Home Dinner" blouse, just the thing for our travelling outfit, where it will serve for table d'hôte purposes with a voile or alpaca skirt of the same creamy shade. The fourth pattern is a capital coat for a small boy. This can be of linen, tweed, coating, or pastel serge. If of serge, it could have, later on, a warmer lining put in, and it would then supply the laddie with his autumn overcoat, smartened by a series of washing detachable collars.

The Dressmaking Lessons this month include full directions for making a smart linen frock, pleated skirt, and original blouse to match. These very up-to-date models could be made in autumn tweed or serge for an early autumn costume, when the stole collar and lower sleeve could be of embroidered silk, the vest and its band collar being of tucked silk or lace. Another model dealt with is a very smart and becoming bathing dress for fashionable French resorts (where the bathing dress must be smart and well made). The little wrap (No. 5422), the subject of the fourth lesson, is a very original and dainty model for the early autumn. To look its best, it ought to match the skirt in colour at least, if not in material.

Attention should be paid to the excellent design for *broderie anglaise* on page 22. It is a beautiful cone design, much in demand at the present moment, and could be used for a variety of purposes. One large cone (full size) would look excellent in the front corners of a linen dust cloak, on the sleeves, and, in smaller sizes, on the collar.

Next month (September) will be our Early Autumn Fashion Number, when many of the new styles of the future will be shown. The Four Free Patterns will be a very good set, including the new "bell" skirt. Perhaps the term "bell" is not quite correct, because this model is in three pieces instead of in one or two; but this division is simply for convenience in cutting, and the skirt hangs in regular bell style, with elegant folds from a little above the knee, the top being fitted. The many ladies who dislike the present full or pleated skirts will hear with relief that the bell skirt—in all its varieties—will flourish during the autumn and winter.

The second Free Pattern will be that of a smart little early autumn coat, the correct model to accompany the "bell" skirt. It can be trimmed to taste, or can be left severely plain, the pretty style enabling it to dispense with superfluous ornament. A smart double-breasted blouse is the third Free Pattern, and is a suitable model for the charming flannels which will be so to the fore this autumn and winter, to be trimmed with embroidery, lace or galon, according to the purpose for which it will be required. The fourth Free Pattern will be that of a pretty flannel combination for a little girl—a capital garment for the autumn and winter.

Useful Hints on Renovating Evening Bodices will be found in this number, and girls with clever fingers may learn how to make a country hat for a few pence from the article "How to Make Paper Hats."

Some nice costumes for girls of fourteen will be found on page 36. Of materials for these this year there is a large choice; fine hopsacks; endless tweeds and fine homespuns at 1s. 11½d. a yard; the ever-charming blue serge and ivory serge, and the whole range of linens are available for such a design, and what looks nicer in the summer than a pale green or dark blue linen decorated with stitchery or the aforesaid strappings? For a girl of fifteen or sixteen about six yards of tweed and about nine of linen would be required, and less in proportion for a younger child. For the mornings, blouses of zephyr at 8d. or 9d. a yard are much used, or fine flannel is excellent for wearing on chilly days. There are spotted and embroidered nun's veilings, printed delaines, and many soft fabrics suited to plain morning shirts made with stock and muslin collar, or worn with plain starched linen collar and tie.

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TASSO VOILES, with Transparent Woven Checks, 22-inch, were 2/4, sale price 1/0¾.

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FANCY EMBOSSED SILKS for Cool Summer Wear, in White, Cream, Black, Canary, Pink, Sky, Turquoise, Coquelicot, Apple Green, Ochre, &c., 4,500 yards on sale, were 1/3, 20-inch, sole price 6¾d.

GORGEOUS DISPLAY OF BEAUTIFUL FLORAL JAPANESE Silks, the most lovely designs ever exhibited. We have a stock of 150,000 yards on show, 24 to 27 inches wide, sale prices 1/0¾ and 1/4¾. No such varied display to be seen elsewhere in London.

FANCY CREAM VOILES, with Crimped Silk Stripes in colours, also in all Cream, very pretty and cool for the summer, 5,000 yards on show, 20-inch, sale price 1/2¾.

FANCY STRIPED KAIKI ZEPHYR JAPANESE SILKS, shot mixture, with Coutil stripes, a lot of very pretty Silks for blouses and young ladies' summer wear; 15,000 yards on sale. Two wonderful lines at 9¾d. and 10¾d. per yard, worth double; they wash well and wear clean.

FANCY SPOT AND FLORAL SATINS, a basketful on sale, 20-inch 6¾d., were 1/6.

LISTER'S CELEBRATED BRITISH MADE STRIPED Washing Silks, his very best goods, Oyster-White grounds, with Pink, Blue, Green, Grey, and other coloured Stripes, 4,100 yards on sale, 21-inch 1/0¾, were 2/6.

FANCY SHOT LOUISINE SILKS, with Pin Spot figures all over, light art hues, 2,800 yards on sale, 21-inch 1/4¾, were 1/11½.

FANCY FINE TWILLED FOULARD SILKS, grounds in Black, Navy, Madder Red, Fawn, &c., with small Black and large White Spots all over, 2,100 yards on sale. These goods are 24-inch, were 2/6, sale price 1/0¾.

HANDSOME DAMASK BROCADES in Self Colours, also blending art shades. They are very pretty and fashionable, 22-inch, sale price 1/4¾, were 2/6.

MAUVE AND ROYAL BLUE TAFFETA CHIFFON SILKS, with White Fancy Transparent Lace Stripes, 2,800 yards, were 3/6, sale price 1/0¾. These are very great bargains.

FANCY FLORAL CRIMPED SATINS in light colours, 1,200 yards clearing. They were 2/9, clearing sale price 9¾d., 24 inches wide.

CREAM AND IVORY BROCHE JAPANESE SILKS, principally small designs, 12,000 yards on sale, 24 and 27 inches wide, sale price 1/4¾ and 1/7¾. We have a very fine show of these goods.

IVORY JAPANESE SILKS, with small embroidered floral posies in colours, very pretty, 24-inch 1/11½, were 2/9.

FANCY WHITE AND CREAM SILK VOILES, with fancy embroidered stripes in Pink, Sky, Mauve, and other light colours, 1,900 yards on sale, 22-inch, were 2/6, sale price 1/4¾.

THE FASHIONABLE POPLIN-DE-SOIE SILKS, in Black, White, Ivory, Cream, and 40 of the most fashionable art and light summer shades, 44-inch, 3/11¾, regular price 4/9.

QUILTED SATINS, we stock in 24-inch goods in all colours, also White and Cream at 1/11½. Black and Seal Brown at 1/11½, 2/6½, and 2/11½.

LOUISINE SILKS, these fashionable Silks we shall offer in three lots in the leading colours of the season, also Cream and White, 21-inch, 1/6¾, 1/11½, and 2/3.

SURAHS, all Silk Goods, a splendid line, 22-inch, in all colours, 1/4¾, worth 2/3; also another line in 50 shades, 1/11½, worth 2/11.

TAFFETA CHIFFON SILKS, shot in Light Hues, which are in great demand, our goods will be found very cheap, 21-inch, 1/7¾ and 1/11½, 22-inch 2/11½, also in plain colours, 21-inch 1/11½, 22-inch 2/11½, 40-inch 3/11½.

FOULARD SILKS AND SATINS, Navy and White, also Black and White, floral designs and spots in White, two splendid lines on sale, Satin Grounds, 22-inch 9¾d. 1/0¾, and 1/4¾; Twilled, 22-inch, 1/0¾ and 1/4¾.

MOIRE FRANCAISE, a good line for Jewellers, in Tan, Fawn, and Royal Blue, 21-inch 1/11½, worth 3/6; also in all colours, 22-inch, 3/11½.

CREAM BROCHE SILKS, Mayflower, with ½-inch Black Satin Ribbon Stripes, very pretty, 22-inch, 2/6½.

BLACK GLACE SILKS with Fancy White Satin Stripes, stylish for half-mourning, 21-inch 1/7¾, were 2/6.

BLACK PONGEE SILKS with 1-inch wide Square Checks, 22-inch, sale price 1/0¾.

WATERED MOIRETTE for Silk foundations and Petticoats, in White, Cream, and all the new shades, 22-inch, sale prices 1/0¾, 1/4¾, and 1/7¾; also in Black, 1/0¾, 1/4¾, and 1/6¾ and 1/11½.

COLOURED GLACE AND GROS GRAIN SILKS, in every new shade, 21-inch 1/7¾ and 1/11½, and Whites and Creams, 20-inch, 1/2¾, and 1/4¾; 21-inch, 1/7¾, 1/11½, and 2/6½.

FROU-FROU FOR FOUNDATIONS, in White and Cream, 20-inch, 1/0¾.

BLACK SILK BARGAINS.

We are placing on sale very large consignments of good wearing fashionable Silks at good reductions from usual prices.

BLACK TWILLED POLONAISE SATINS, 24 inches wide, specially cheap at 6¾d. and 1/0¾.

BLACK WATERED MOIRETTES for Petticoats and Foundations, special value, 23-inch, 1/0¾, 1/4¾, 1/7¾, and 1/11½.

BLACK GROS GRAIN SILKS. We are giving splendid value at the following prices: 22-inch, 1/11½, 2/6½, 2/11½, 3/6½, 3/11½, and 24-inch, 4/6½.

BLACK BENGALINE POPLIN SILKS, surpassing value, 21-inch, 1/7¾, 1/11½, 2/6½, 2/11½, 3/6½, 3/11½, 4/6½, and 4/11½; 32-inch, very special, 3/11½.

BLACK PEAU DE SOIE SILKS. These fashionable materials are in great demand, and give great satisfaction in wear, the finish being identical on both surfaces. Special Sale lines, 21-inch, 1/11½ and 2/6½; 22-inch, 2/11½, 3/6½, 3/11½, 4/6½, 4/11½, 5/6½, 5/11½, 6/6, and 6/11½; 32-inch, 4/11½ and 5/11½.

BLACK FAILLE FRANCAISE SILKS, soft rich Gros Grain finish, all silk goods, 21-inch, 1/11½ and 2/6½; 22-inch, 2/11½, 3/6½, 3/11½, 4/6½, and 4/11½.

BRIGHT BLACK GLASE SILKS, wonderful cheap, sale lines, 22-inch, 1/0¾, 1/4¾, 1/7¾, and 1/11½; 23-inch, 2/6½; 24-inch, 2/11½; 36-inch, 2/11½.

BLACK TAFFETA CHIFFON SILKS, special makes, stamped by manufacturers on edges, "Guaranteed to Wear." 21-inch, 2/3½ and 2/6½; we highly commend these. Other special makes, 22-inch, 1/11½, 2/11½, 3/6½, 3/11½, 4/11½; 24-inch, 3/11½; 43-inch, 3/11½, 4/6½, 4/11½, 5/6½, 5/11½, and 6/11.

BLACK LOUISINE SILKS, 21-inch, excellent value, 1/4¾, 1/7¾, 1/11½, and 2/3; 22-inch, 2/6½ and 2/11½.

BLACK FROU-FROU for Foundations, 20-inch, 1/4¾.

BLACK BRITISH GROS GRAIN, 23-inch, the best for foundations, 1/7½.

BLACK LUSTRINE SILKS, special lines, 24-inch, 1/0¾, 1/4¾, 1/7¾, and 1/11½.

BLACK SATIN MERVS, all silk goods, soft bright finish, splendid value, 19-inch, 1/0¾ and 1/2¾; 21-inch, 1/4¾, 1/7¾, 1/9½, and 1/11½; 22-inch, 2/6½, 2/11½, 3/6½, and 3/11½; 23-inch, 4/6½ and 4/11½.

BLACK SURAH SILKS, special sale prices, 20-inch, 9¾d., 1/0¾, 1/4¾; 21-inch, 1/7¾ and 1/11½; 22-inch, 2/6½ and 2/11½.

BLACK TRYME SOIE SILK, guaranteed by the manufacturers to give satisfaction in wear, 21-inch, 2/6½; 22-inch, 2/11½, 3/6½, 3/11½, and 4/6½; 23-inch, 4/11½ and 5/11½.

BLACK FRENCH WATERED GROS GRAINS, Japanese Fan style, a novelty, 22-inch, special at 2/11½, in place of 4/11½.

BLACK PONGEE SILKS, 21-inch, good value, 6¾d. and 8¾d.

BLACK JAPANESE SILKS, special sale lines, 27-inch, 1/0¾, 1/4¾, 1/7¾, 1/11½, and 2/1½.

BLACK CHINA SILKS, two cheap lines, 24-inch, 9¾d.; 27-inch, 1/0¾.

BLACK NATTE BRILLIANTE SILKS, superb silks, 23-inch, 2/6½ and 3/11½; good value.

BLACK BROCHE SILK CANVAS GAUZES, good designs, 42-inch, sale prices 1/11½ and 2/6½.

BLACK BRITISH WASHING SILKS, bright finish, 21-inch, sale prices 9¾d., 1/4¾, and 1/9½.

BLACK JAPANESE SILKS, with corded Coutil Stripes and Checks, 3,000 yards, 21-inch, were 1/6, sale price 9¾d.

BLACK FANCY STRIPED LOUISINE SILKS, very stylish Blouse Silks, 20-inch, 1/2¾; usual price, 2/-.

BLACK BROCHE SILKS, spots in all sizes, also small and large Floral and Leaf designs. A stock of 30,000 yards to choose from; every possible style and price. All silk goods, sale prices and widths, 21-inch, 1/7¾, 1/11½, and 2/3; 22-inch, 2/6½, 2/11½, 3/11½, and 24-inch, 4/11½.

Passenger Lift to all Floors. ***PATTERNS POST FREE.*** *New Illustrated Lists now ready.*

SAMUEL LEWIS & CO., 5, 6, 7, 8, 9, 10, and 11, HOLBORN BARS, E.C.

OUR FREE BARGAIN COLUMNS.

Advertisements must reach the office of "Myra's Journal," 10, Fetter Lane, London, before the 5th of each month.

RULES.

1. *A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.*

2. *It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.*

3. *No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.*

4. *Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.*

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, Myra's Journal, *10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.*

Advertisements must reach the office of this paper before the 5th of the month preceding date of issue.

Free Bargains Coupon.

Myra's Journal, August, 1905.

DRESS AND MILLINERY.

MOIRETTE SKIRTS with detachable silk flounce (very full), 10s. 11d., 12s. 11d.; flounce only, 7s. 6d. and 9s. 6d.; top only, 3s. 6d., in all leading colours; pattern free; underclothing made to order.—Madame Lee, Elm Grove, Southsea.

MILLINERY LESSONS; personal instruction; prospectus free.—W., 13, Adam Street, Manchester Square.

Good SKIRT, 4s. 6d.; also other oddments cheap.—46, Belvedere Road, Upper Norwood.

Handsome dark fawn COSTUME (Paris tailor), cost £7 7s., lined satin, perfect, unsoiled, 23, 39, 15s. 6d. Pretty blue-grey BOLERO COSTUME, strapped silk, perfect, 24, 38, 12s. 6d. Handsome dark, black ground CASHMERE DE LAINE DRESS, cost £4 10s., 26, 42, 10s. 6d.; others.—Miss Perrin, Haydock Road, Liscard, Cheshire.

MILLINERY.—Hats trimmed, remodelled, very smart; moderate.—Beatrice, 16, Wellington Square, Sloane Square, S.W.

Unsoiled green and white muslin GARDEN PARTY DRESS, trimmed insertion, 7s. 6d. complete. M3523

BEDFORDSHIRE PILLOW LACE.—collars, 2s. 11d.; Puritan collarettes, 1s. 2d.; fichus, 3s. 11d.; scarves, 4s. 6d.; tab collars, 3s. 5d.; bazaars supplied; approval; no postcards.—Miss Kent-Johnson, Sharnbrook, Beds.

Pretty burnt STRAW HAT, trimmed velvet and roses, as new, 5s. 6d.—Miss Todd, Kinkora, Raymond Road, Wimbledon.

Mdlle. Jeanne, 77, Claverton Street, London. Clever milliner, renovator; marabout stoles renovated.

PARCELS CHILDREN'S PINAFORES, UNDERCLOTHES; one to four; 2s. 6d., 3s. 6d.—240, High Road, Tottenham.

PARCEL, boy 1 to 2; pretty white pique coat, frocks, petticoats, pinafores, 5s. 6d. M3524

Pretty IRISH CROCHET MOTIF from 4d. each. Broderie Anglaise front with collar 1s. 10d. M3537

Cream SERGE SKIRT AND JACKET (new) cost 3½ guineas; sell £2; others, mourning.—Miss C. Manning, 4, Woodchurch Road, W. Hampstead, N.W.

CROCHET TRAYCLOTHS, CHEMISE TOPS, PINAFORE YOKES, DOYLEYS. Approval.—Miss H. Cass, 19, Albion Place, Maidstone.

BEDFORDSHIRE PILLOW LACE.—Puritan collars, 1s. 2d.; "butterfly" collarettes, 3s. 9d.; dainty handkerchiefs, 1s. 11d.; "Dora" sets, 3s. 3d.; stock collars, 2s. 6d.; approval; no postcards.—Miss Kent-Johnson, Sharnbrook, Beds.

Mrs. Lane, Costumier, TAILOR-MADE, from 12s. 6d. AFTERNOON GOWN, from 15s. 6d. No fitting required.—31, Conyers Road, Streatham.

Wanted, GIRLS' CLOTHING, 13 and 11; also LADIES', 26, 38, 42. M3527

Young Ladies' Velvet COAT and SKIRT, nearly new; lined satin. Bargain. 10s. 6d. M3532

Bathing dresses, Children's Sun Bonnets, Childrens' Smocked and other Frocks Childrens' Garments, Knitting and Crochet, every description; underlinen by machine or hand; all kinds fancywork. M3539

Lovely VOILE DRESS, 17s. 6d.; darkest violet SATIN DRESS ON SILK (small white spot) 17s. 6d.; measurements about 24, 41, Mrs. Heskethe, 29, Bligh Street, Wavertree, Liverpool.

Black VELVET SACQUE COAT, good 10s.; black nun's veiling dress, 5s., 21, 32, 38. M3538

NEEDLEWORK, DRESSMAKERS, &c.

DRESSMAKER DAILY; blouses, dresses, mantles, renovations.—Bates, 70, Grosvenor Road, South Belgravia, S.W.

Millicent Wright, 45, Artesian Road, Bayswater; LADIES OWN MATERIALS; terms moderate.

Ladies taught DRESSMAKING AND MILLINERY; cutting and fitting speciality; very moderate terms.—Wilson, 38, Elm Park, Brixton Hill.

Madame Jeanne, 77, Claverton Street, London; experienced DRESSMAKER; renovations; ladies' materials; moderate.

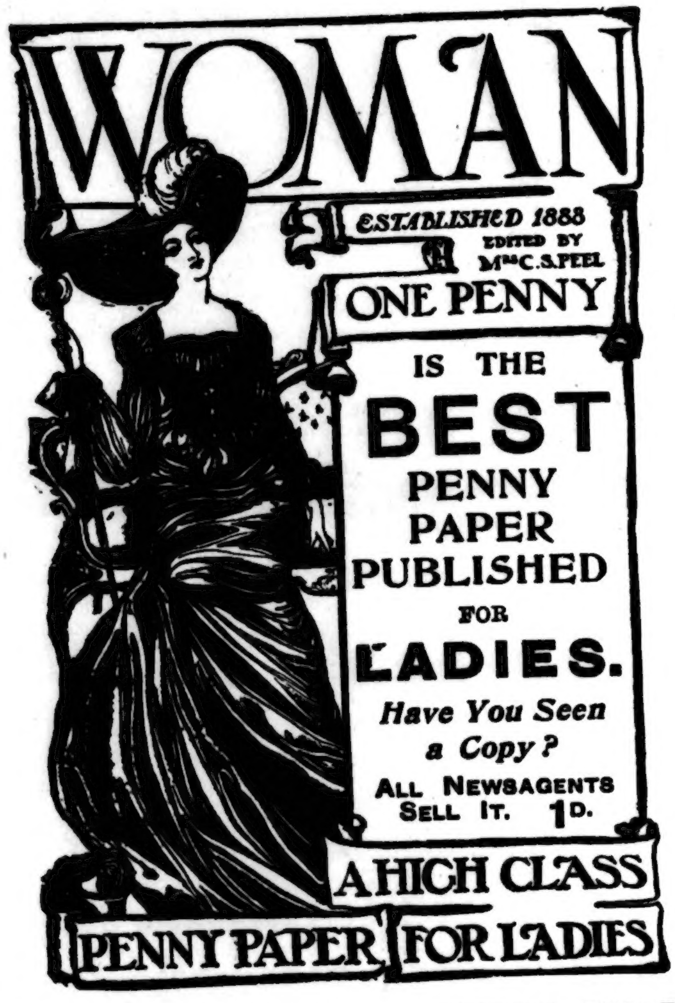
Miss Gook, DRESSMAKER, at home or ladies' residence, by day. Terms moderate, remodeling.—21, Hollywood Road, Redcliffe Square, S.W.

DRESSMAKING.—Good cutter, fitter; West End experience; lessons given at ladies' own houses.—Carey, 25, Clarendon Square, N.W.

PINAFORES.—Made of reliable washing pink prints, 18 inches, 1s. 2d., rising 1d. each 2 inches, up to 36 inches 1s. 11d. Full money returned if not approved; samples, 2d., postage extra.—Mrs. Rix King, Temple Road, Cowley, Oxford.

DRESSMAKING.—Ladies' materials made up; morning, evening, tea-gowns from 15s. 6d.; coats from 10s. 6d.; good fit and style; ladies' tailoring a speciality.—Mrs. Leigh, 50, Park Road, Upper Baker Street.

DRESSMAKER; good fitter; ladies' houses; references.—J. L., 3, Breck Place, Liverpool.



CORSETS MADE, copied, cleaned, or repaired.—Hélène, 1, Harley St., Battersea, S.W.

Successful Art Needlework Exhibitor disposes of Work cheaply.—Badcock, Barlescombe, Wellington, Somerset.

An experienced DRESSMAKER will undertake COUNTRY ENGAGEMENTS.—74, Sackville Road, Hove, Sussex.

DRESSMAKER; daily; blouses, dresses, mantles, renovations.—Bates, 31, Colchester Street, South Belgravia, S.W.

French Dressmaker.—BLOUSES, DRESSES from measurement; fitting unnecessary; ladies' materials; moderate charges.—Madame Leonie, 26, Grafton Road, Plymouth.

CORSETS made to measure; ladies' patterns copied at the shortest notice; illustrated price list measurement form and patterns post free; corsets cleaned and repaired equal to new; trial solicited.—Madame Lee, Corsetière, Elm Grove, Southsea.

CORSETS made, cleaned, copied or repaired. Special care and advice to country ladies.—Hélène, 1, Harley Street, Battersea, S.W.

DRESSMAKING BUSINESS for sale, 4½ years standing; good class trade S.W. M3540

MEDICAL AND TOILET.

Ladies! A profitable AGENCY offered you for our specialities in Perfumery, Eau-de-Cologne, Soaps, &c.; whole or spare time; particulars, 3 penny stamps.—The Anglian Stores, Heiloo, Holland.

HOUSEHOLD.

Any RECIPE, fourpence; culinary, household, personal, menus.—Mrs. King, Harningham, Attleboro', Norfolk.

LAMP and ELECTRIC LIGHT SHADES RE-COVERED.—Marian, 33, Lithos Road, Hampstead.

Lovely DEVONSHIRE CLOTTED CREAM; 1s. 2d. ½lb, 2s. 3d. 1lb; tin and postage free.—Miss May Luxton, Oak House, Ottery St. Mary, Devon.

EDUCATIONAL.

OXFORD HOUSE GIRL'S SCHOOL, St. Leonards-on-Sea.—Thorough education; home comforts; moderate terms.

ITALIAN.—CORRESPONDENCE LESSONS given by experienced Italian lady (certificated); high testimonials from English scholars, forwarded if desired.—Signorina, Guarmain, Alassio, Italy.

Lady gives TUITION IN CORRESPONDENCE, FASHION JOURNALISM, etc.; introductions; very moderate terms. M3520

Certificated Teacher gives strictly private CORRESPONDENCE LESSONS; terms low, enclose stamp. M3541

JEWELLERY.

Are you unlucky? No success in love or business? Wear WHITE HEATHER PENDANT, which attracts success and riches, 1s.—Pastor, 121 Finchley Road, Hampstead.

ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

Recent issues of "MYRA'S LIBRARY OF NEEDLEWORK" are:—No. 25, Stocking Knitting (Part III.); No. 26, Woollen Comforts for Soldiers and Sailors; No. 27, Wool Crochet Work (Part III.); No. 28, Smocking (Part III.); No. 29, Wool Knitting (Part III.); No. 30, Pillow Lace. Post free 1½d. each, from Beeton and Co., Limited, 10 and 11, Fetter Lane, E.C.

Ladies rapidly TAUGHT PIANOFORTE. Very moderate terms.—21, Endymion Road, Brixton Hill.

POSTCARD ALBUMS, real Japanese covers, dark green leaves, to hold 300 cards, 1s. 6d.; 500, 2s. 6d., post free. Twenty-five Pictorial Postcards, just published, all different, 1s.—George Taplin, Manufacturer, Harringay, London.

INDIAN and COLONIAL STAMPS exchanged for FOREIGN.—J. Mallite, Jamalpore, India.

POSTCARDS EXCHANGED, British and Colonial (London excepted).—Colwell, Vivegnis, Herstal, Belgium.

POSTCARDS EXCHANGED for foreign and Colonial.—Miss Harries Millbrook, Johnstown, Carmarthen, S. Wales.

Will exchange POSTCARDS with collectors in Vancouver, Russia, Denmark, Mauritius, Egypt, Norway, Austria-Hungary, Spain, Mexico.—Miss Wilson, care of S. Mason Wilson, Hawera, New Zealand.

STAMPS AND POSTCARDS exchanged; British, foreign, and Colonial.—Mrs. Boyd, Suva, Fiji.

POSTCARDS EXCHANGED, British or foreign.—"Malcolm," 33, Deodar Road, Putney, London.

FORTUNE TELLING BOOK, 6d., post free.—Mirza, 10, Chichester Road, Paddington, N.

POSTCARDS EXCHANGED; British and foreign.—Curnow, Cildraham, Mile End Road, Norwich, England.

Edith Vercoe, England, will appreciate from her collectors POSTCARDS of themselves, people, costumes, views (celebrities of stage excepted).

Miss Piper, Vincent House, Wakefield, again wants a few BANJOS. Regrets burning answers last advertisement after making selection.

HOUSES, APARTMENTS, BOARD, &c.

Sunny Weymouth.—BEDROOM and SITTING ROOM; opposite sea.—Mrs. Kinlock, 14, Clearmont Road.

Pleasant COUNTRY HOME for two or three children during summer; near station.—E. Burton, 2, Prospect Place, Cheshunt.

DETACHED FREEHOLD HOUSE, wanted to purchase, containing drawing, dining, about four bedrooms, bathroom, &c., and good size garden south of the Thames, and within 12 miles of London preferred.—Write giving full particulars to L. T., 207, Amesbury Avenue, Streatham Hill, London, S.W.

Eastbourne.—Comfortable FURNISHED APARTMENTS, 3 minutes from sea.—Horsman, Fairlight, Willowfield Square.

Sunny Clacton.—Nice APARTMENTS near sea; good cooking; bath.—Birchdale, Hayes Road.

Wanted little girl as BOARDER for holidays; pleasant farm near Warwick; piano. M3542

MISCELLANEOUS.

DOLL'S HOSPITAL.—All kinds of repairing; heads, arms, legs, wigs, or anything; goods by post receive every attention.—16, Dawes Rd., Walham Green, London, S.W.

PARIS RABET TIES, 1s. 3d.; COLLAR-BANDS, 9d.; ringdoves, silkworms.—Eden, Egglescliff, co. Durham.

Handsome knitted CHILD'S CARRIAGE RUG, 5s. 6d. Pretty Bedroom slippers, 2s. 6d., size 4. M3533

Lady wishes for orders. ARTIFICIAL FLOWERS, IN NAINSOOK, SILK OR VELVET. M3534

PILLOW LACEMAKER'S BOBBINS.—For disposal, lot wood and bone bobbins; also several bobbins in copper, pewter, and brass, and several bone and wood "window"; very rare.—Burton, Ermine Street, Huntingdon.

month.

IN CORRESPOND-
URNALISM, etc.;
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ESSONS; terms low.
M3541

LERY.

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ccess and riches, 1s.
oad, Hampstead.

BOOKS,
GN STAMPS,
PHY, &c.

RA'S LIBRARY OF
:—No. 25, Stocking
o. 26, Woollen Com-
Sailors; No. 27, Wool
.); No. 28, Smocking
Knitting (Part III.);
Post free 1½d. each,
Limited, 10 and 11,

GHT PIANOFORTE.
—21, Endymion Road,

MS, real Japanese
es, to hold 300 cards,
ost free. Twenty-five
just published, all
Taplin, Manufacturer,

ONIAL STAMPS ex-
N.—J. Mallite, Jamal-

HANGED, British and
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Harries Millbrook,
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OSTCARDS with col-
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way, Austria-Hungary,
Wilson, care of S.
a, New Zealand.
STCARDS exchanged;
Colonial.—Mrs. Boyd,

HANGED, British or
" 33, Deodar Road,

ING BOOK, 6d., post
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NJOS. Regrets burning
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APARTMENTS,
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.—BEDROOM and
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Road.
RY HOME for two or
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FREEHOLD HOUSE,
e, containing drawing,
edrooms, bathroom, &c.,
n south of the Thames,
of London preferred.—
articulars to L. T., 207,
Streatham Hill, London,

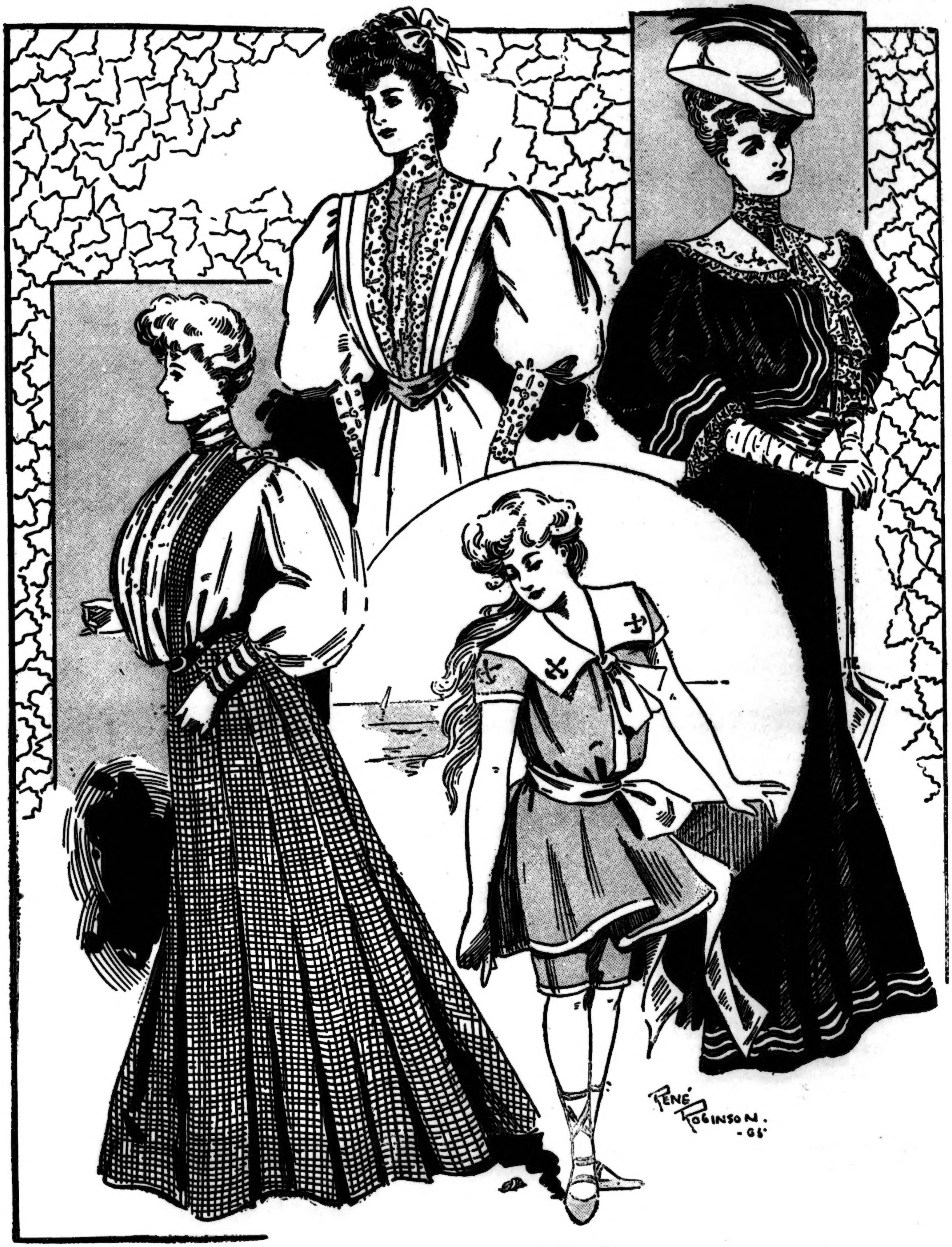
nfortable FURNISHED
minutes from sea.—Hors-
lowfield Square.
—Nice APARTMENTS
king; bath.—Birchdale,

d as BOARDER for holi-
n near Warwick; piano.
M3542

LLANEOUS.

AL.—All kinds of repair-
legs, wigs, or anything;
ceive every attention.—
ham Green, London, S.W.
TIES, 1s. 3d.; COLLAR-
doves, silkworms.—Eden,
ham.
ed CHILD'S CARRIAGE
Bedroom slippers, 2s. 6d.,
M3533
r orders. ARTIFICIAL
NAINSOOK, SILK OR
M3534
EMAKER'S BOBBINS.
wood and bone bobbins;
ns in copper, pewter, and
bone and wood "window";
n, Ermine Street, Hun-

No. 5412 No. 5413 No. 5414



No. 5415

GOWNS, BLOUSE, AND BATHING DRESS FOR THE HOLIDAY OUTFIT.

For Descriptions see Pages 36 to 42 and Page 15.

Price of Paper Patterns, Bathing Dress and Pleated Skirts, each 1s. 0½d.*; Foundation Skirts, Blouses, and Coat, each* 6½d.*, post free, of* Madame Myra*, 10 and 11, Fetter Lane, E.C.*

Dress Hints for Travellers.

No one will listen just now to any dress hints which do not belong to the all-important subject of the hour—the dresses and gowns and accessories which we shall require for our yachting and boating trips in August, our sea-side or mountaineering garments, or the smallest possible quantity of the nicest and most useful garments which we can pack away in the smallest possible trunk for our Continental ramblings.

It is awkward for the traveller that the smart blouse and black utility skirt is forbidden. The combination is considered so vulgar and bad style that no one who is accustomed to dress at all nicely would dream of doing this special "wrong thing." Yet a nice blouse of semi-evening type and a suitable skirt is the easiest thing possible for table d'hôte and casino purposes.

A way out of the difficulty is to take a black or coloured silk dress with us—a complete bodice and skirt—which can be utilised at once for smart afternoon or semi-evening wear. The skirt should be elegant but simple (No. 5452 would do admirably; but see that it is not plaided—plaids or chequers are not fit for evening wear). With this skirt a bodice should be made cut low (but not very low) in V points back and front. The dainty little elbow sleeve of the moment does equally well for day or evening wear. This should have a well-made detachable and transparent yoke (with band collar) of white lace, which can be worn in the afternoon with a high white under-bodice or yoke, and which can be left transparent for table d'hôte, etc., or can be discarded altogether if a real "evening" function offers.

It is as well not to take too much underwear in our small trunk (except stockings); but a larger supply should be available at certain points of our travels.

In travelling it is most important not to overdress at hotels. Wear garments as good as you like, but avoid coming down to table d'hôte in either a tea-gown or a real, low-necked evening dress—it will give a wrong impression and make people look askance.

The other alternative to the complete silk dress (the silk skirt can be worn with any other blouse of the same shade which we may happen to possess) is to have our smart blouses *cream*, and to have a cream utility skirt of voile or alpaca to wear with them. No. 5481 would be a nice style for cream voile, the plain panels (alternating with pleats) being decorated with appliqués of coarse lace. Any of the charming blouses, Nos. 5448-5450, on page 21, in cream silk or muslin, would look very well with such a skirt.

Avoid taking a white or écru linen skirt and thinking it will do with any blouse for day purposes! If you want an afternoon dress, take a complete muslin gown or a complete linen frock. Of course you will need a travelling costume, and for this I counsel the excellent Free Pattern skirt, and the capital coat, No. 5424. A wrap or dust cloak must be taken, preferably of Pirle-finished alpaca, or fine coating—the linen or tussore dust coat is not of much use in case of rain or on board ship.

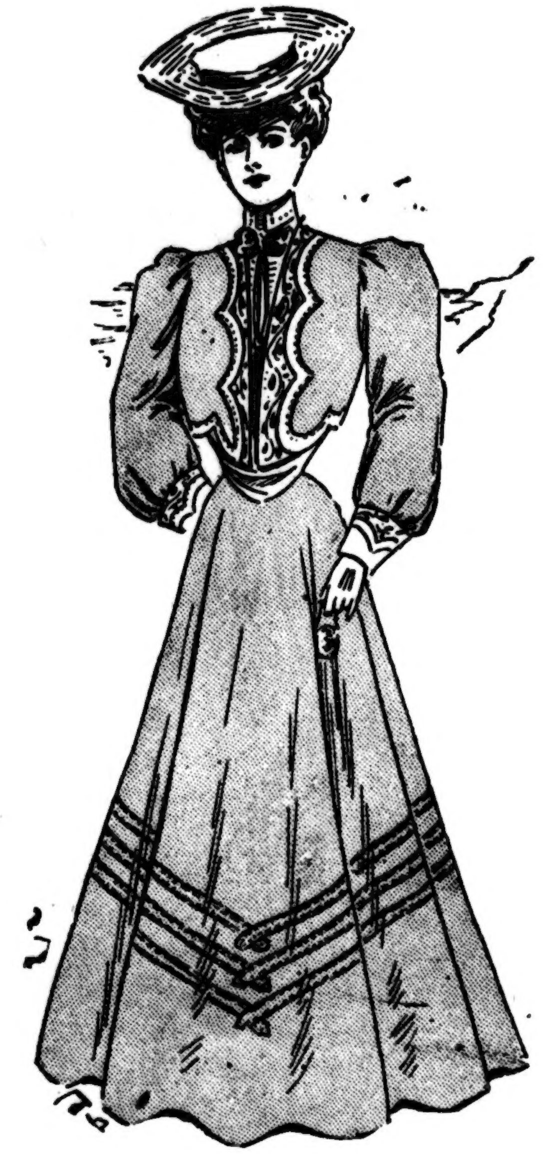
The average traveller, who is going on from place to place, should manage to do with three dresses—the linen or muslin gown, the smart travelling costume, and the utility semi-evening gown just dealt with. The travelling costume ought to be smart in cut and make (though simple and suitable), and the coat ought to be light, protective, excellently made. It ought to have a silk lining, as being light but protective. No petticoat or foundation skirt should be worn with this dress (knickerbockers are sufficient for the younger woman), but a nice silk petticoat must be taken to wear with the muslin frock and table d'hôte gown.

Hats are rather a nuisance in the small travelling trunk. It is advisable to take only two on an ordinary little tour—a dressy one, and the smart but serviceable one, which suffices to complete our travelling costume.

Anyone who is going to make a prolonged tour, or who will meet smart friends in certain localities, and must therefore take part in some local functions, must have a more elaborate and extensive outfit, the bulk of which must be sent on to central points decided on beforehand, the small trunk and its contents sufficing for the majority of places and accompanying her throughout the tour.

When we stop only a day or two in each place it is inconvenient and harassing to have a big trunk to repack and cart about. A large trunk may lead to our missing an important train communication.

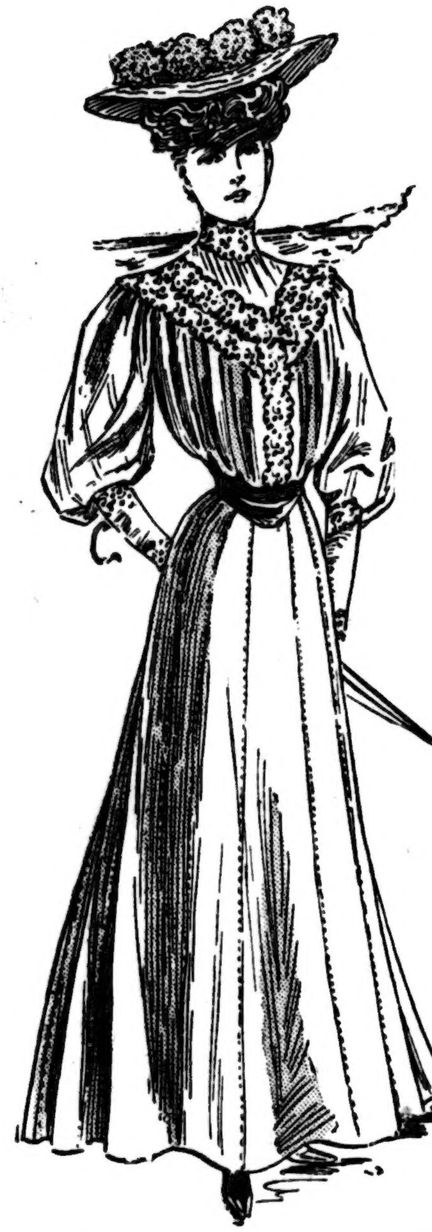
Children (fortunately) rarely accompany travellers until over twelve years of age; for the travelling outfit of a growing girl of fourteen, the two costumes sketched on page 36 are highly suitable, and there is a capital dust or travelling coat illustrated on page 19 (No. 5441).



No. 5416. Strapped Tailor Gown.

For Description see pages 36 to 42.

Price of Paper Patterns, Skirt, Foundation Skirt or Coat, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*



No. 5417. A Smart Linen Frock.

For Description see Pages 36 to 42.

Price of Paper Patterns, Skirt, 1s. 0½d; Foundation Skirt, or Bodice, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

Miss S. B. writes :—"I have found the competitions very interesting, and am more than delighted with my prize."

Descriptions of the Free Patterns.

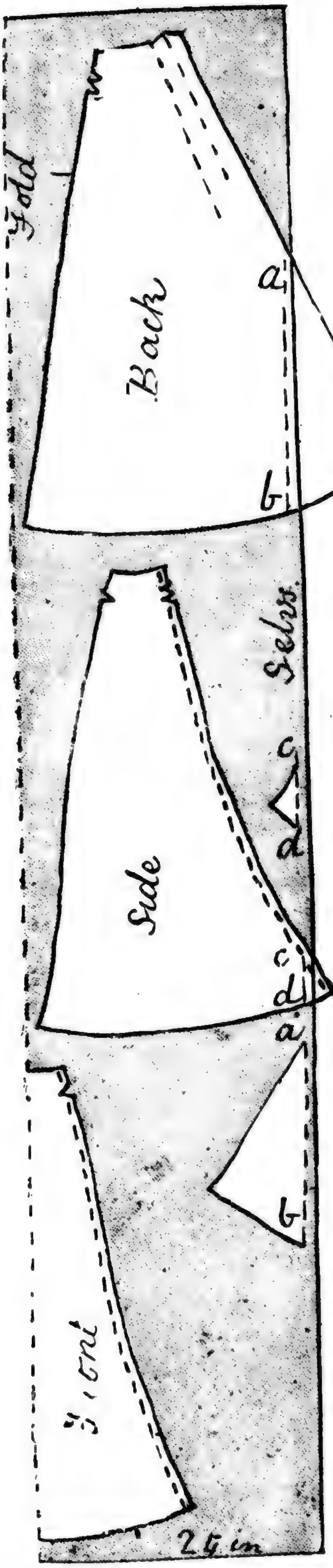
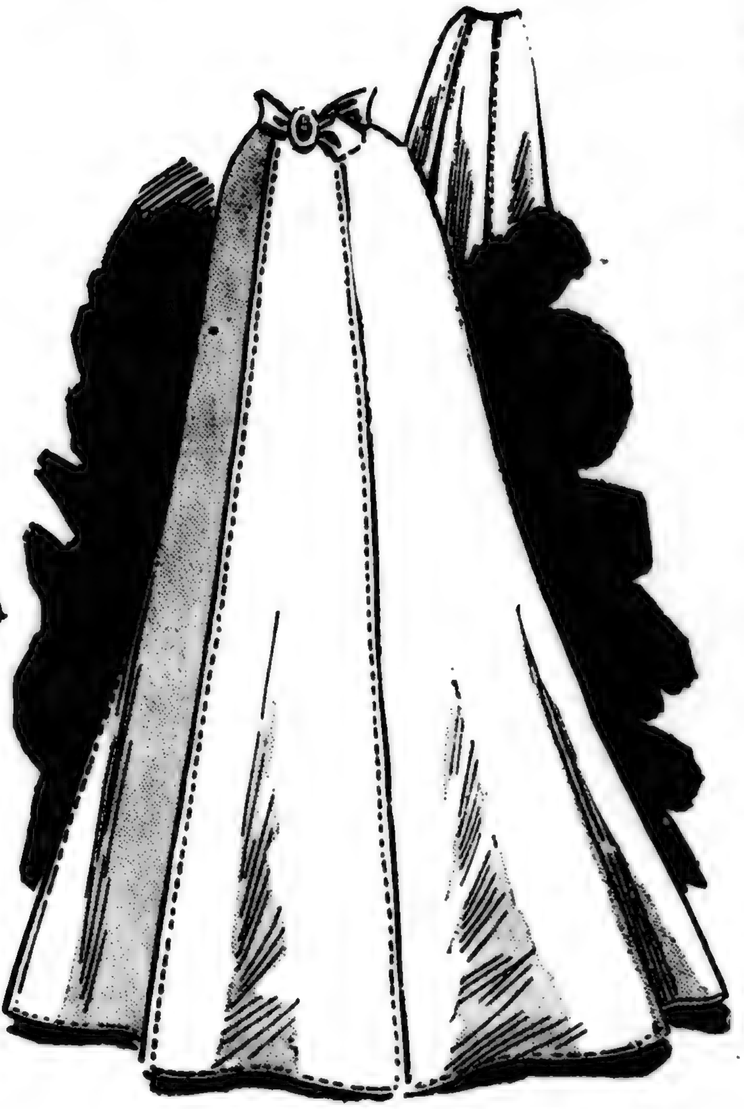


DIAGRAM OF FREE SKIRT PATTERN.



FIVE GORE TAILOR SKIRT.

For Description see this Page.

THE CUT-OUT PAPER PATTERN OF THIS SKIRT IS PRESENTED FREE WITH THIS NUMBER.

A SMART FIVE-GORE TAILOR SKIRT.

THIS is at the same time a smart and useful model in five "shaped" gores, the breadths having a graceful flow at the feet, accentuated by the lapped seams. The pattern is in three pieces: half the front, one side, one back, which has the inverted box-pleat wheelmarked upon it. The lap of front and side seams is wheelmarked on front and side patterns. The diagram shows the pattern pieces laid on 4 yards of 48-inch serge or tweed, which is doubled in half (selvedges meeting), the front centre of front pattern laid along the fold so that it is cut in one piece, the other pieces being cut in duplicate. The half-width (the most economical method) is not wide enough to take the whole of side and back breadths, so that added corners must be seamed on at *a b*, *c d*. It is not advisable to put an added corner on a side breadth, but this is a very small one, and can be wholly concealed by stitching the hem. The back corner is hidden in the folds of the pleat.

Seam on the added corners and press the seams. Tack together backs, sides, and front (the back seam, hidden in the pleat, is not lapped). Arrange the back pleat and try on, making the opening in the lapped left tablier seam. Stitch and press the seams. Cut a lining of fine linenette on the skirt pattern, correct to match the fitted skirt. Seam and press it. Tack it in place. Fell the lining over the opening edges, put on glove-stud skirt tapes, bind the top edge, and close with two hooks and eyes. Insert the pocket in the left opening. Turn up the skirt hem over the lining, and either fell it over the lining or stitch it down firmly in several rows.

AN INVERNESS WRAP.

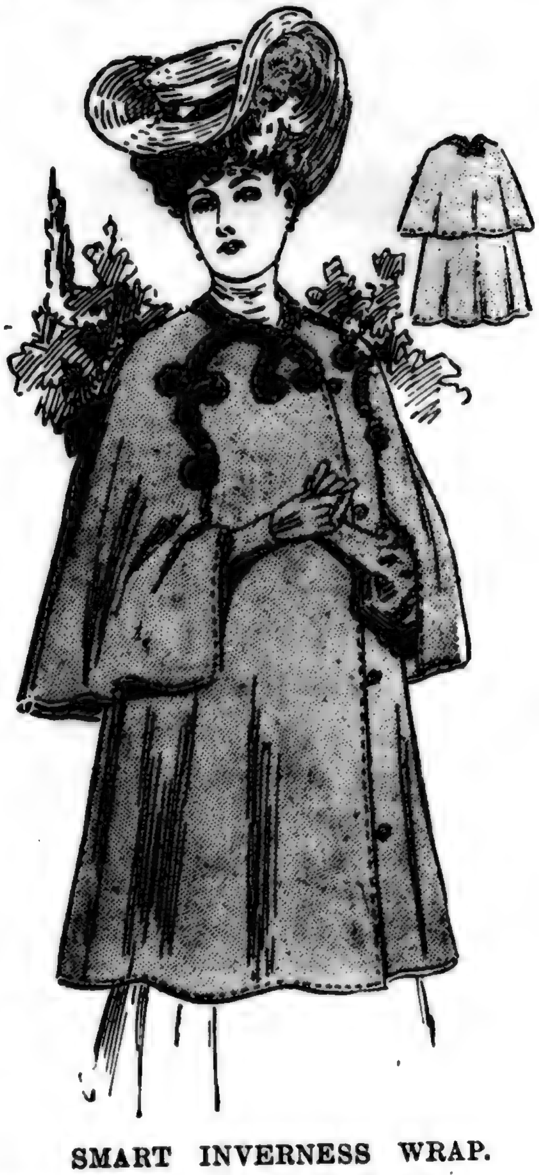
A very useful wrap is this for seaside, travelling, or rain purposes. It can be made to match the skirt just dealt with, and it looks very smart in shepherd's plaid, trimmed with black silk braid.

The pattern is in three pieces—half the back, one double-breasted front, half the cape (which also forms the sleeves). The wrap can be unlined (except for the front facing, strips of the same material, cut on front pattern) or it can be lined with shot silk. It is difficult to get material wide enough to take the cape in one piece; so, as there must be a seam down the cape, it is immaterial having a seam down the back, and it considerably saves material.

The diagram shows the three pattern pieces laid on 5 yards of 48-inch material, which is opened out and doubled, so that each piece is cut in duplicate. If there is a distinct "up-and-down" to the material (as in cloth) do not fold it, but cut it, and lay the two widths face to face; the texture of both corresponding.

Tack together fronts and back. Try on. Stitch and press the seams. If there is no lining bind the seams open. Stitch on the facings and bind the inner edge. Sew a narrow braid down the right front, left free at intervals for loops, and sew round metal buttons down the left front. Hem the lower edge. The armholes are bound. Tack the cape in place, pinning on the wearer in its correct position for some 6 inches down the front, where it is stitched down. Hem the cape. Trim the neck and hide the top edge of cape fronts with silk braid in a scroll pattern.

If the cape is lined, seam the lining apart, and slipstitch it to the stitched tweed edges and to the front facings. Line the cape before securing it in place, but tack in the coat lining after the cape is adjusted and the braid sewn on.



SMART INVERNESS WRAP.

For Description see this Page.

THE CUT-OUT PAPER PATTERN OF THIS WRAP IS PRESENTED FREE WITH THIS NUMBER.

A Lady writes from Bury:—"Your paper is so practical and up-to-date in every way."

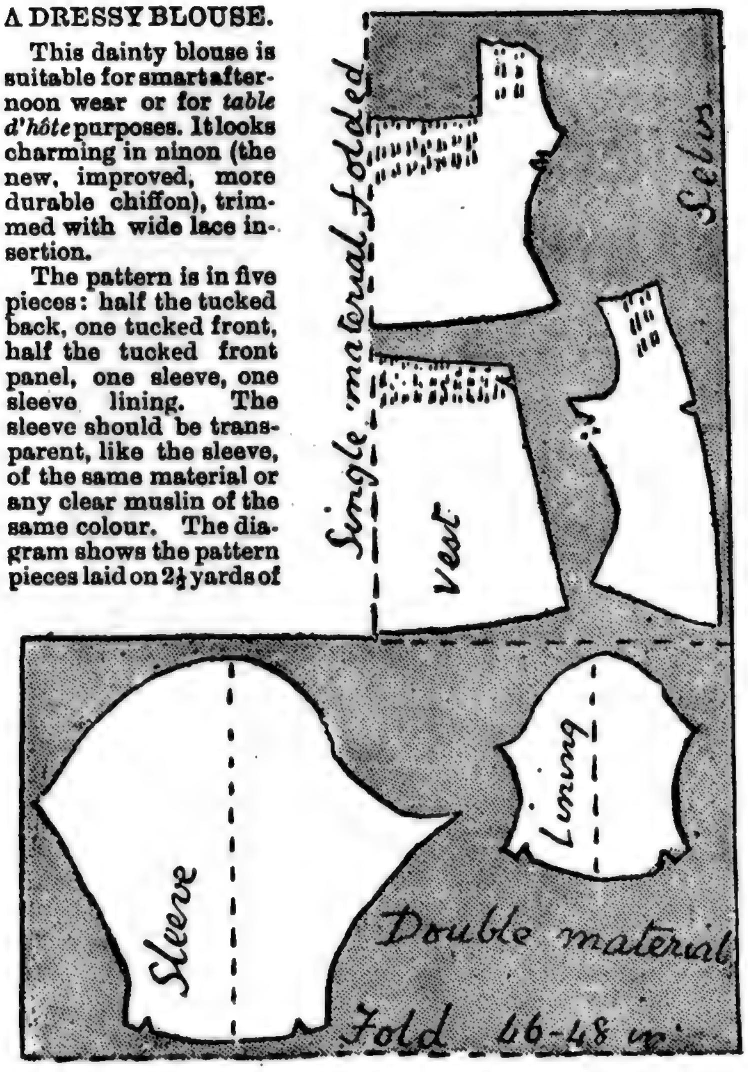


Diagram of Free Blouse Pattern.

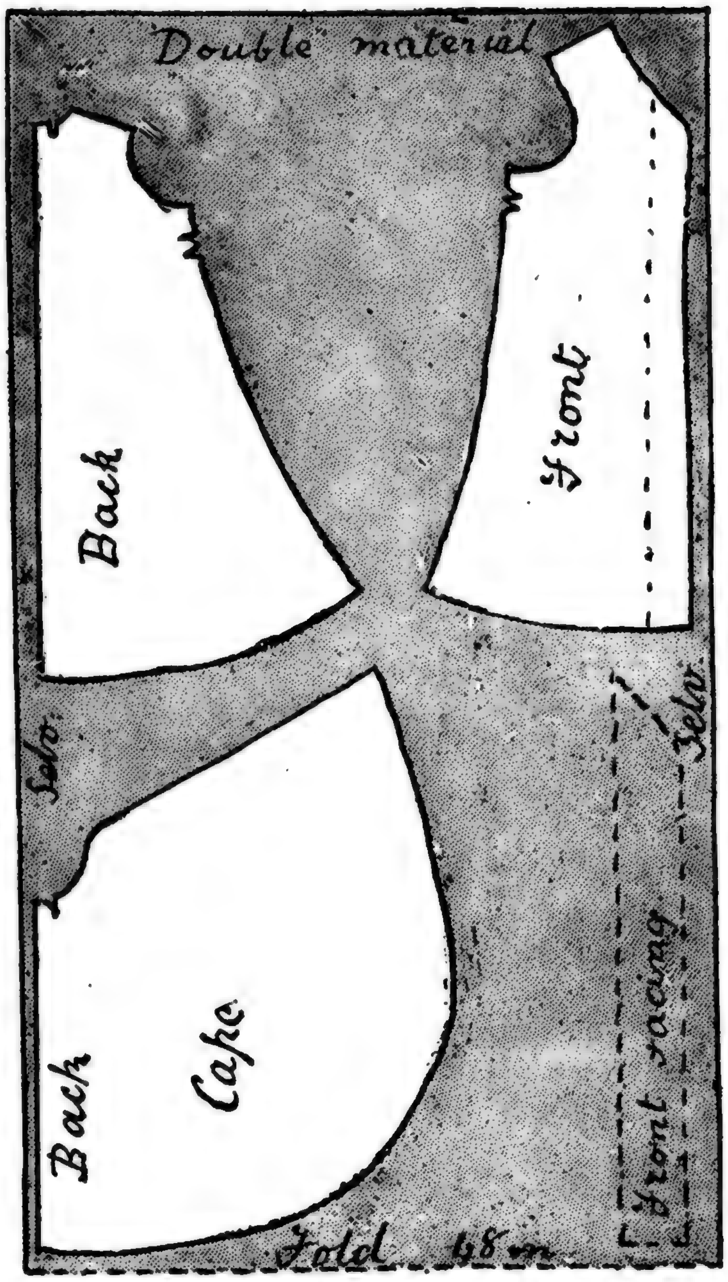


Diagram of Free Inverness Pattern.

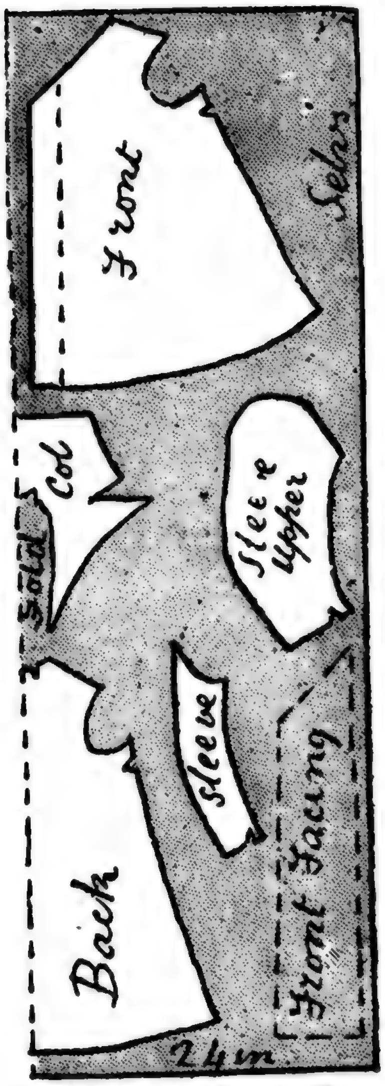


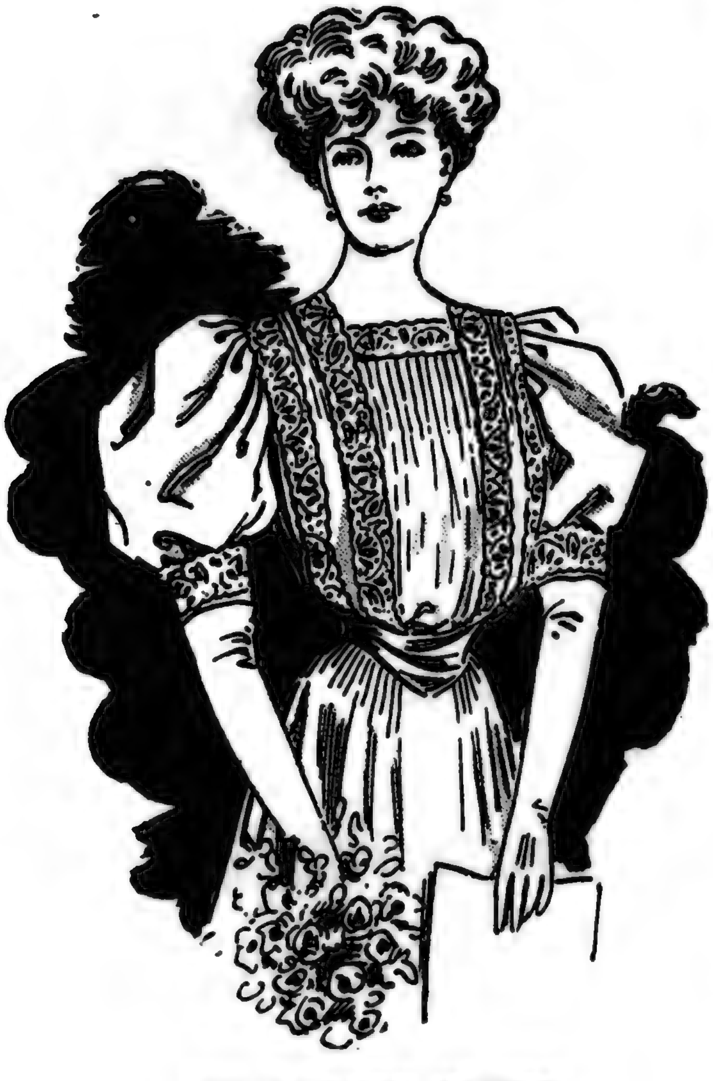
Diagram of Boy's Free Coat Pattern.

A DRESSY BLOUSE.

This dainty blouse is suitable for smart afternoon wear or for *table d'hôte* purposes. It looks charming in ninon (the new, improved, more durable chiffon), trimmed with wide lace insertion.

The pattern is in five pieces: half the tucked back, one tucked front, half the tucked front panel, one sleeve, one sleeve lining. The sleeve should be transparent, like the sleeve, of the same material or any clear muslin of the same colour. The diagram shows the pattern pieces laid on 2½ yards of 46-48-inch material which is opened out and double beneath sleeve and lining patterns, so that each is cut in duplicate. Above, the single material is folded over (selvedges meeting), the back centre of back and front centre of front panel laid along the fold so that each is cut in a single piece, the front being cut in duplicate. Tucks are notched and wheelmarked on front, back and vest (or panel) patterns. Make the tucks of fronts, back and vest or panel. Tack together back, fronts and vest according to the notches, leaving free the left front seam for an opening. Try on. Sew the seams (a run and fell seam) and put on the lace (back, fronts and round neck.) Hem the lower edge and front edges, the opening closing with small hooks and worked loops. Gather the sleeve on the lining and edge it with lace (to simulate a cuff). Seam the sleeve and mount it into the armhole, binding the armhole seam.

The blouse is worn over a handsome cache corset or a low-necked, sleeveless under bodice of silk or mercerised batiste.



HOME-DINNER BLOUSE.

For Description see this Page.

The Cut-out Paper Pattern of this Blouse is Presented Free with this Number.

COAT FOR A SMALL BOY.

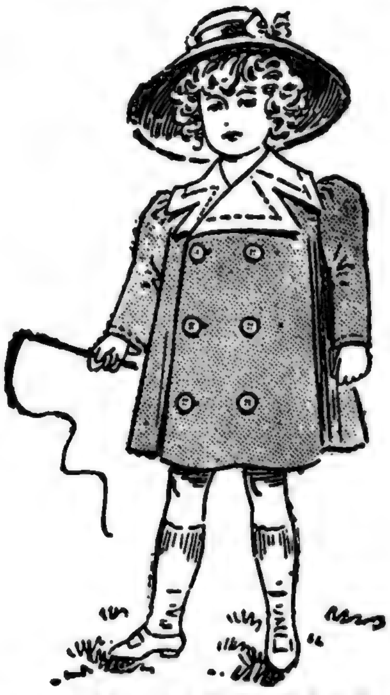
This can be made of linen, serge or coating. It looks very pretty in pastel-blue serge, the collar faced with white serge or silk.

The pattern, cut for a boy of four, is in five pieces—half the back, one double-breasted front, half the collar, the upper and under of one sleeve. The diagram shows the pattern pieces laid on 1¾ yards of 48-inch serge, which is doubled in half (selvedges meeting), the back centre of back and collar patterns laid along the fold, so that each is cut in a single piece, the other pieces being cut in duplicate. The front facing (cut on front pattern) is marked out on the material.

The coat need not be lined (except for front facings) and the collar could be of embroidered muslin. If lined, seam the lining (thin silk or polonaise) apart, and slipstitch its edges to the stitched coat edges and front facings.

Tack together fronts and back; try on. Stitch and press the seams and bind them open for neatness (if coat is unlined). Face and stitch the fronts and hem the lower edge. Make buttonholes down the left front, and sew the large pearl buttons down both fronts. If the coat is of linen line with batiste.

Face the collar with hemstitched silk. Sew it in place, felling the facing over the seam. Or the collar can be faced with the serge, and a detachable muslin collar can be worn over it.



SMALL BOY'S COAT.

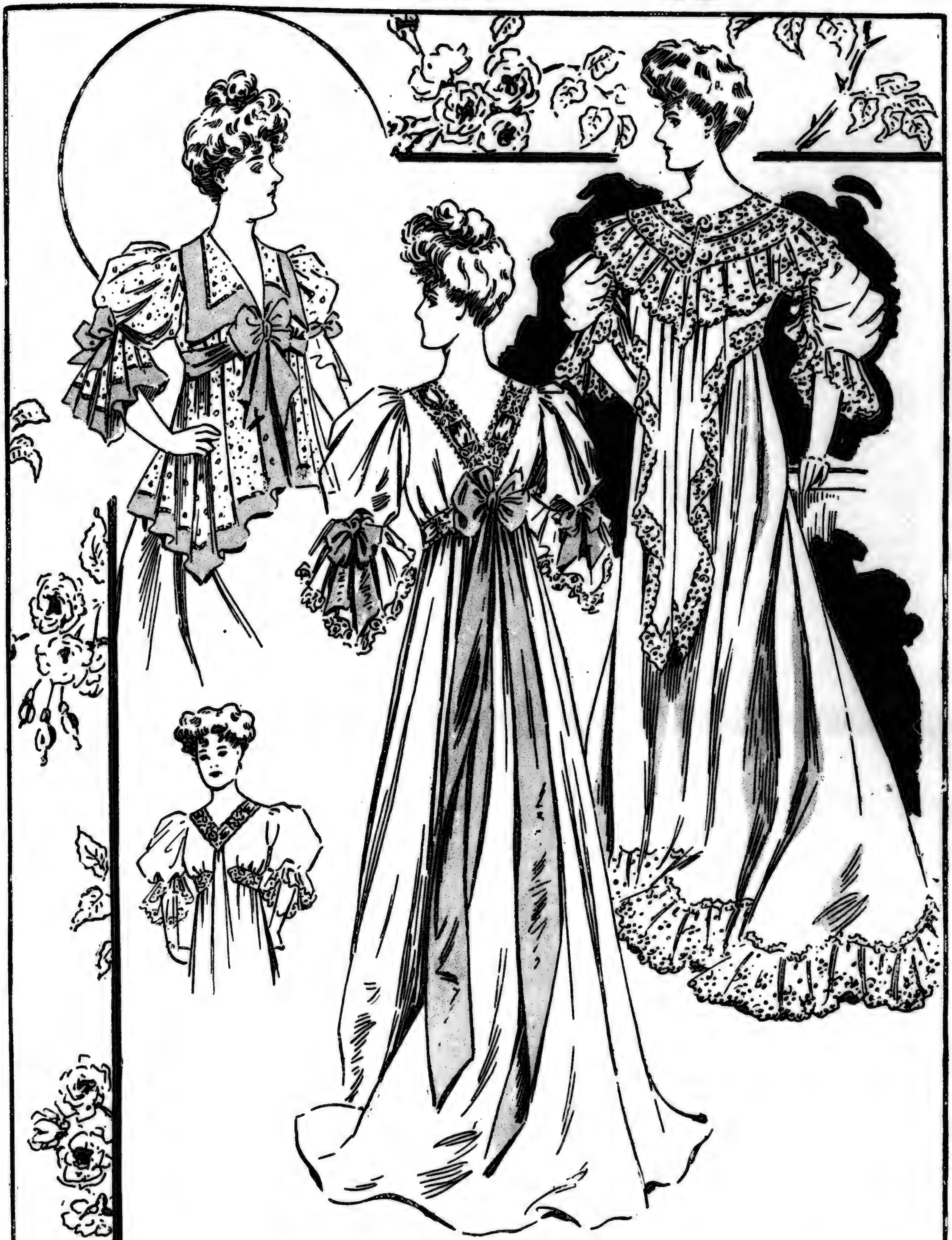
For Description see this Page.

The Cut-out Paper Pattern of this Coat is Presented Free with this Number.

Seam and press the sleeve and stitch wrist. Seam the lining, tack it in place and fell its edge over the stitched wrist turning. Put in the sleeve, felling the coat lining over the seam.

"Mrs. H. begs to say that the bodice pattern is the greatest possible success. Mrs. H. finds that by Myra's help she can make smart blouses as well as her London Dressmaker.'

No. 5418 No. 5419 No. 5420



ARTISTIC TEA COAT AND TEA GOWNS FOR THE VISITING OUTFIT.

For Description see Pages 36 to 42.

Price of Paper Patterns, Gowns, each 1s. 0½d.; Coat, 6½d., post free, of MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

SPENCER EDGE.

Lessons in Dressmaking.

PLEATED SKIRT FOR A LINEN FROCK.

With the smart embroidered blouse to complete this pretty frock I deal below. The skirt is simple and elegant, arranged in box-pleats, one pleat forming the centre of the front breadth—a very becoming method. The pattern is in three pieces—half the front, one side, one back. The box-pleats are wheelmarked and notched on the pattern pieces. The seams are concealed in the folds of the pleats.

The diagram shows the pattern pieces laid on 7 yards of 36-inch linen, which is opened out and doubled beneath the side and back patterns, so that each is cut in duplicate. Above, the single material is folded over (selvedges meeting), the front centre of tablier laid along the fold, so that it is cut in a single piece. Side and back pieces are just a trifle too wide for the linen, so small added corners must be seamed on at *a b*, *c d*, these additions being concealed in the fulness.

Tack together front, sides, backs, according to the notches, leaving the opening at the left tablier seam. Arrange and tack the pleats. Try on. Stitch and press the seams. Protect the opening with stitched straps of linen, re-arrange and stitch down the pleats. Bind the top edge with a bias band of linen, and close with hooks and eyes. The pocket can be inserted in the right double-notch seam, in the folds of a pleat.

Turn up the hem and stitch down. The skirt, on the whole, falls better if the hem is false, cut to the shape of the skirt; there is plenty of waste for this.

The favourite linens are white, primrose, egg-shell blue or dull pink, but almost any colours are to be had among the art linens of Messrs. Robinson and Cleaver, Limited, Belfast, who will send patterns on application.

PRETTY BLOUSE FOR A LINEN FROCK.

This very good model could be used as an ordinary linen blouse—to wear with any tailor skirt and coat of suitable colour—or as the bodice of a linen frock, the skirt of which is of the same linen.

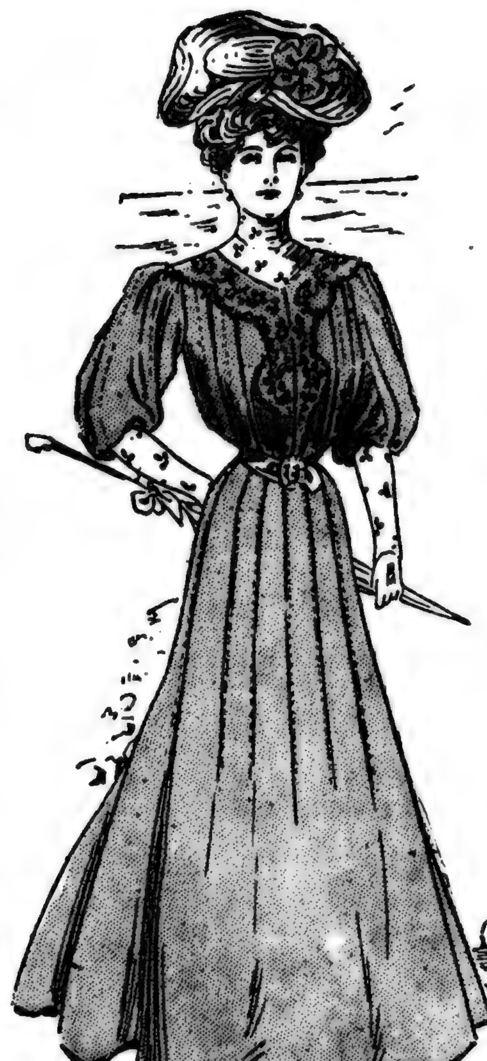
The blouse has a stole collar of the same linen, worked in buttonhole, rope and satin stitches in white and ingrain cotton (of a colour contrasting with the linen's shade). The vest, long cuff—or rather lower sleeve—and the vest's band collar are of white pierced embroidery—*broderie Anglaise*, as it is generally called—which can be bought in the piece from 18in. to 29in. wide. To work the stole collar, novices will find suitable stitches in "Embroidery Stitches" (price 1½d., post free), one of Madame Myra's "Library of Needlework."

The pattern is in eight pieces: one pleated sleeve, half the stole collar, one pleated front, half the pleated back, half the vest, half the band collar, one lower sleeve, one lining sleeve. To save the *broderie*, the lower half and back of vest could be of lining. A light lining should be used like batiste; 1 yard would be sufficient.

The diagram shows the four pieces of the blouse proper laid on 3¾ yards of 36-inch linen, which is opened out and double beneath collar, front, and sleeve patterns, so that each is cut in duplicate. Above, the single material is folded over to receive the back, so that the back is cut in a single piece. The vest, band-collar, and lower sleeve patterns are laid on ¾ yards of 18-29-inch *broderie Anglaise*, which is folded in half. Be careful that in folding the pattern-centre comes exactly down the centre of vest and collar fronts.

The vest and its collar closes at the back with hooks and worked loops. The vest's sides and lower edges should be bound with a bias strip of batiste—a hem in *broderie* is apt to be so thick. The collar can have its top edge scalloped and worked in button-hole stitch, or it can be made of a strip of insertion. It is seamed to the vest's neck according to the notches. The vest is entirely separate from the blouse—a great convenience, as it requires washing more frequently.

Arrange and stitch down the pleats of linen front and sleeves, also the box-pleat down the centre of the back, these pleats being notched and wheelmarked on the pattern. Tack together fronts and back, try on, stitch the seams (run-and-fell seams). Hem the fronts and put on the hooks and eyes which close them edge to edge. Embroider the collar and stitch it on the blouse. Hem the lower edge of the blouse.



No. 5421. A Pleated Linen Frock.

For Description see this Page.

Price of Paper Patterns, Skirt, 1s. 0½d., Blouse, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

Arrange the pleated linen puff on the sleeve lining and seam it and arrange its edges into the seamed lower sleeve, the wrist of which is finished like the band collar. Gather the sleeve and pin it into the armhole on the wearer. Stitch in the sleeve and bind the seam.

It is a good plan, for the convenience of extra washing, to make the lower sleeve detachable.

I would remind my readers that Messrs. Lutas Leathley, 105, Armley, Leeds—who will send off patterns post free on application—have capital linens at all prices.

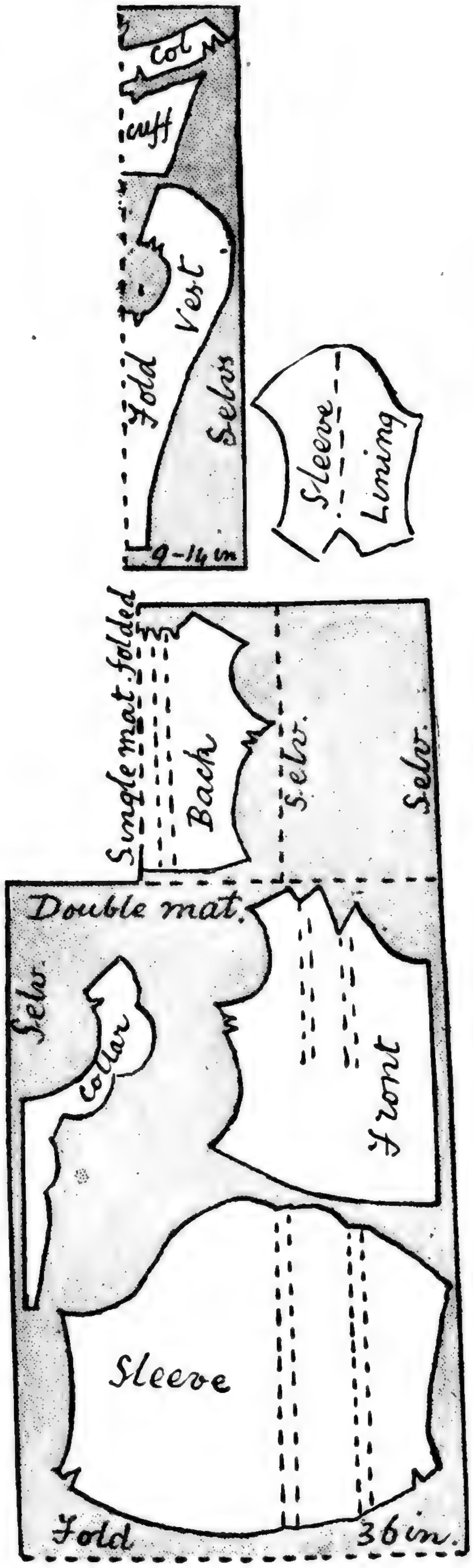


Diagram of Blouse Pattern.

"I thought I must write to tell you how very pleased I am with the skirt pattern you sent me."—E. H.

A SMART BATHING DRESS.

(For Illustration see No., 5415, page 9.)

It is carried out in scarlet serge trimmed with black braid and embroidered on sleeves, a collar with crossed anchors worked in satin stitch with black wool. It would look very well worked in white wool or cotton, with white braid, or royal blue serge with white braid and embroidery would be effective. For those who prefer a smart and unconventional effect, I would suggest dark green serge of a soft make, trimmed with bands and collar of russet linen, or pale green silk sash round the waist.

The pattern is in five pieces: half the knickers, half the tunic back, the right front of tunic (cut with box-pleat), half the collar, one sleeve. The diagram shows the pattern pieces laid on 4½ yards of 48in. material, which is opened out, and is double beneath the knickers and sleeve patterns so that each is cut in duplicate. On the single material is marked out the left front, also the lacking halfs of collar and back.

Seam the knickers back and front, and bind the seams. Hem the legs and trim with braid. Hem the top, leaving free two inches of the front seam for the passing of a tape runner. Seam together back and fronts of tunic. Arrange and stitch the box-pleat and make buttonholes down the pleat. Hem the left front and put on the buttons. The lower edge is hemmed and braided. Embroider and braid the collar. Sew it on the tunic neck according to the single notch. Seam the sleeve and decorate it. Arrange it into the armhole and bind the seam.

A PRETTY BOLERO COAT.

It can be made of the skirt material or can be of black silk or white serge, as a light summer wrap.

The pattern is in five pieces: half the back, one front, half the stole collar, the upper and lower part of one sleeve. The diagram shows the pattern pieces laid on 1¾ yards of 48-inch white serge which is doubled in half (selvedges meeting), the back centre of back and collar patterns laid along the fold so that each is cut in a single piece, the other pieces being cut in duplicate.

Tack together back and fronts; try on; stitch and press the seams. Hem the fronts, (stiffening the hem), and put on hooks and eyes to close edge to edge. Turn over neck edge to right side and stitch down. Turn the lower edge to wrong side and stitch down. Line the collar with fine tailor canvas, stitch the edge. Slipstitch the collar to the coating, after stitching in place the green-and-white galon. The straps of the collar are decorated with metal buttons and false buttonholes of white cord.

Line the edge of the sleeve with lino, tacking down the small turnings. Lay galon on the lower part of sleeve, and then stitch down the straps and edge of upper sleeve. Seam the sleeve and turn down the hem (interlined with lino).

Line the coat with silk cut on the coat pattern but seamed apart. Stitch in the sleeve and fell the lining of armhole over the seam.

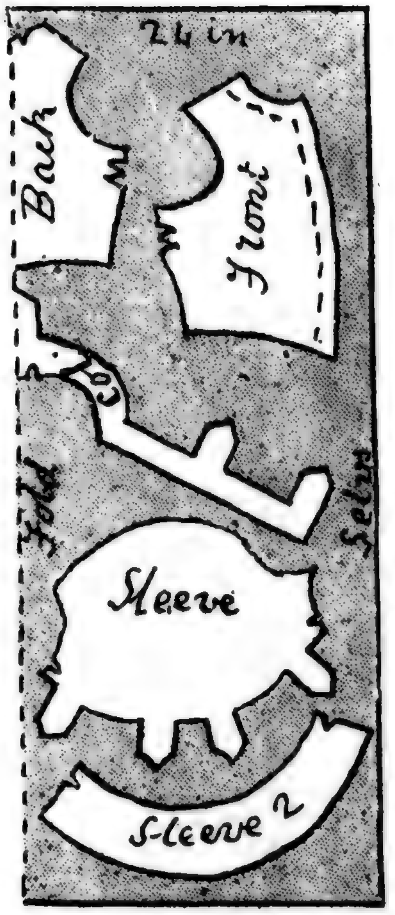
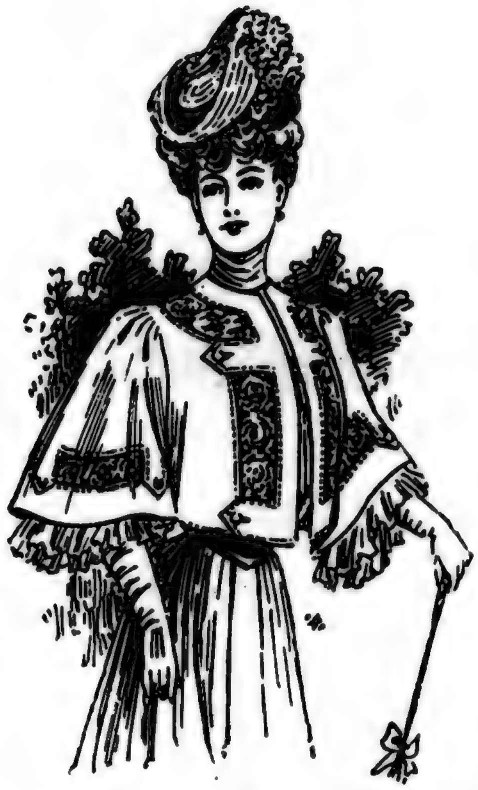


Diagram of Bolero Pattern.



No. 5422. Pretty Bolero Coat for the Early Autumn.

For Description see this Page.

Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

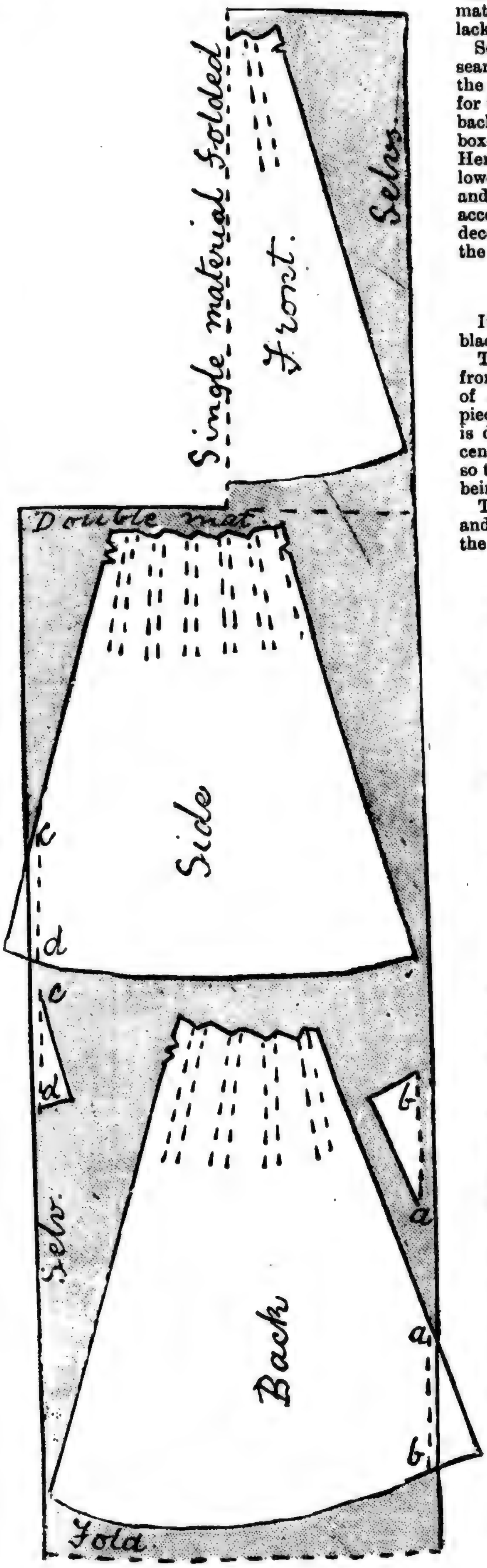


Diagram of Skirt Pattern.

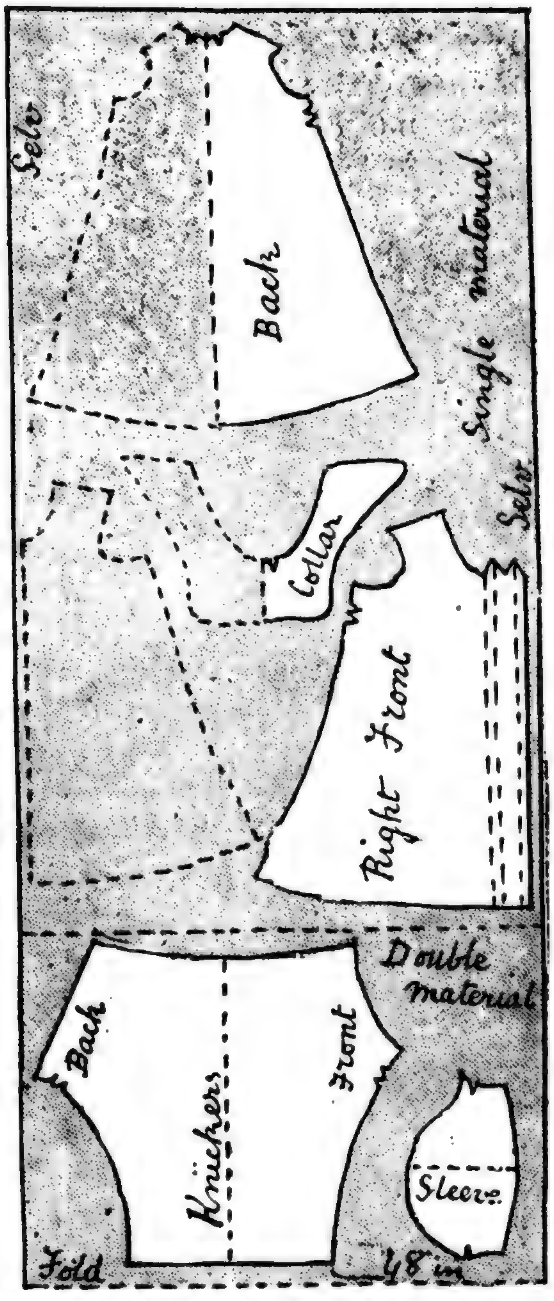
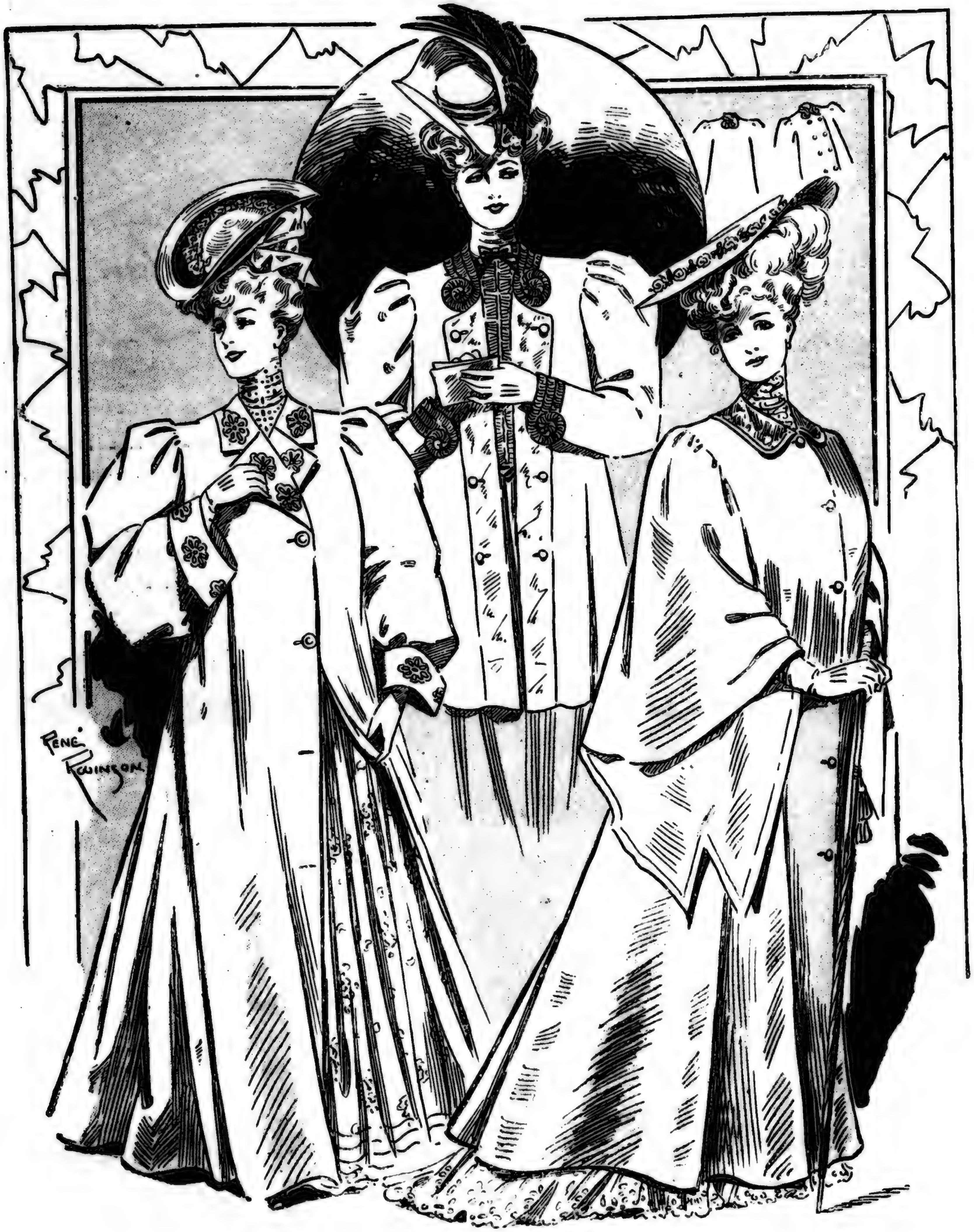


Diagram of Bathing Dress Pattern.

(For Illustration see No. 5415, Page 9.)

January 20.—"Of all the ladies' papers that are published 'Myra' is undoubtedly the very best."—M. H.

No. 5423 No. 5424 No. 5425

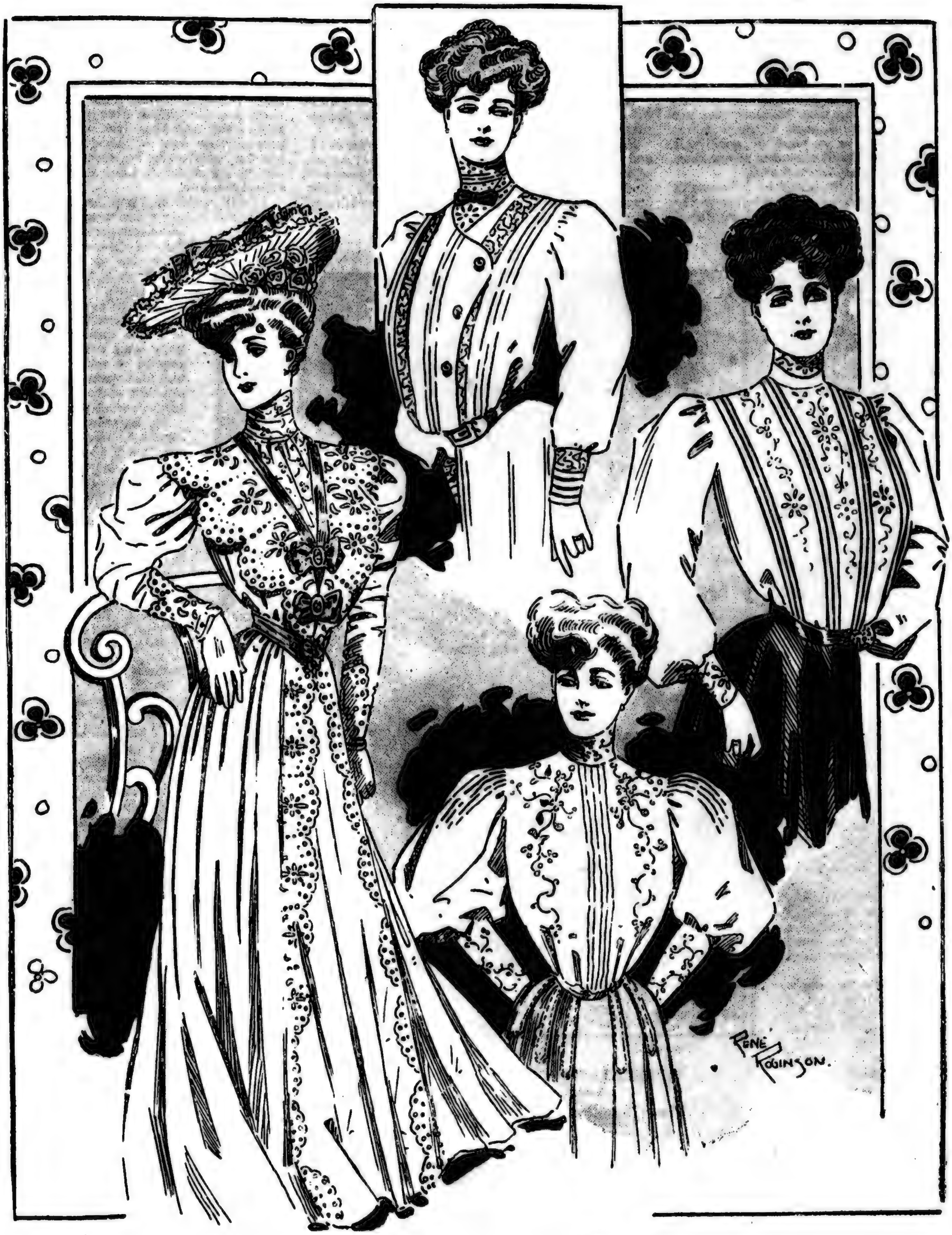


DUST AND TRAVELLING COATS FOR THE HOLIDAY SEASON.

For Descriptions see Page 36 to 42.

Price of Paper Patterns, Long Coats, each 1s. 0½d.; the other, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 5426 No. 5427 No. 5428


René Robinson.

No. 5429

HOLIDAY GOWNS AND BLOUSES OF EMBROIDERED LINEN, Etc.

For Descriptions see Pages 36 to 42.

Price of Paper Patterns, Skirt, Foundation Skirt, or Blouses, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

A BABY'S LAYETTE.

LET us first consider a layette consisting of some wool and some cotton clothing, illustrations of which are seen on this page.

We shall require flannel binders, whatever our views on clothing may be, and these are best made by tearing strips, each eighteen inches deep, from the width of a yard of good soft Saxony flannel; these bands are more elastic than those which are elaborately buttonholed.

Vests should be of the finest woven wool or silk and wool, and should open up and wrap over on the left front, in the same way as the old-fashioned cambric shirt; the sleeves should be long; these little vests can be obtained from the best houses without any difficulty.

Over the vests the long flannels are secured; these can be made as shown in the sketch, but I prefer the pattern in which the bodice front merely wraps over to the left side, where it is secured by ribbon ties. It takes a yard and a half of flannel to make one thirty-two inches long; the edges can be buttonholed or the hems feather-stitched in silk, and the shoulder straps should button or tie on the front side; the straps should be three-quarters of an inch wide when finished.

Four flannels suffice, if care be taken, though six would of course be preferable; the clean flannel will be used for the day, and it will do duty for night wear afterwards.

The nightdress appears in the sketch in the top right-hand corner, and this can be made of "Viyella" of the finest quality. The neck and sleeves should be finished with a beading through which a white washing ribbon is drawn, and a narrow torchon edging and a feather-stitched hem will entirely remove any suggestion of severity in this little gown; 2⅜ yards of Viyella provide material for one.

Those who prefer nightgowns of nainsook will find that 1¾ yards of 40-inch material will make one nightgown. A narrow strip of muslin insertion is used to hold the gathers in place, and the sash is a strip of nainsook 2in. wide when finished. The ends of a baby's sash should always be brought round and tied in front, so as to avoid a bump in its back when it lies down.

Next we come to the monthly gown, certainly the most sensible of the many clothes yet invented for a baby; it is seen in the left-hand lowest sketch, with the skirt folded up beneath.

A monthly gown can be as plain or as elaborate as we choose to make it, but the great improvement of the modern pattern is that the bodice, instead of being cut low in the neck, is now made with a high-necked yoke, to the great benefit of the baby.

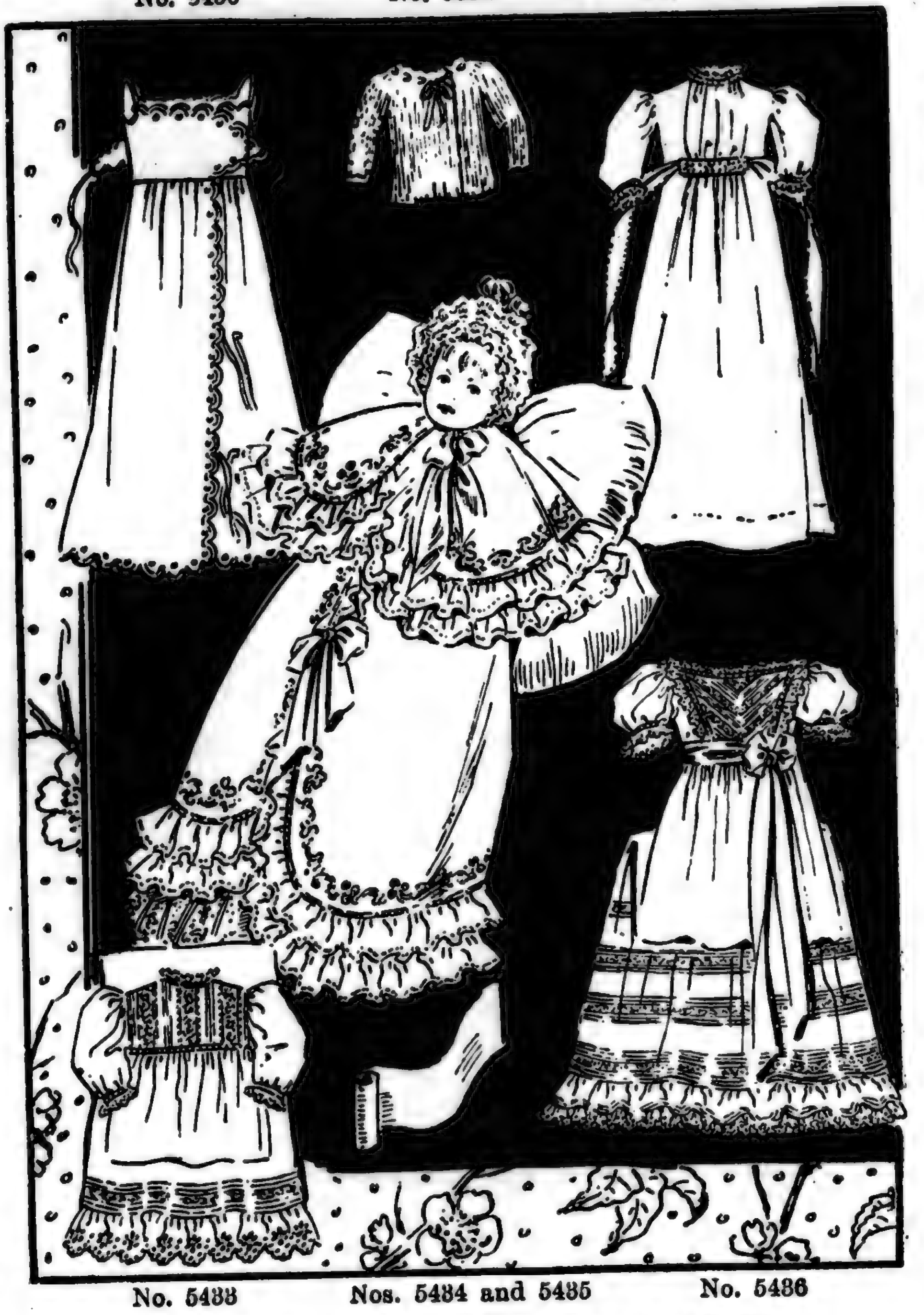
This design is one which is simple, yet very pretty, and all sorts of ideas will occur to us for varying the different little gowns. Torchon insertion may be used on one and fine muslin insertion on the next, and French stitching and French knotting can also be used alternately.

Two yards and an eighth of nainsook will be required, and a yard of insertion and a yard of beading for the bodice yoke; 2¼ yards of insertion are used for the skirt, and 3⅜ yards of embroidered flouncing for the hem edging. Many people, instead of doing their own tucking, buy the ready-tucked muslin and insert any lace they please, or the muslin is also obtainable tucked and lace-inserted; 2 yards make a skirt.

A more elaborate gown, or "robe," is seen in the right-hand sketch; this shows the low-necked bodice and short sleeves, which for christenings and for smart occasions are still considered *de rigueur* by some folk; but, as I have said before, I prefer the yoke bodice, which can be made as beautiful as the low-necked bodice by means of cross-tucking insertion and lace.

For the robe 2 yards of material will be required, and for the bodice, ¼ yard of plain material; a yard of insertion, and 1⅛ yards of beading; 10 yards of insertion for the skirt and 3¾ yards of lace; while 2 yards of lace to match, narrower in width, are used on the bodice.

No. 5430 No. 5431 No. 5432



No. 5433 Nos. 5434 and 5435 No. 5436

SUGGESTIONS FOR A BABY'S LAYETTE.

For Description see this Page.

Price of Paper Patterns, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

Madame Myra will supply patterns of any of these designs, as well as of the cloak; this may be made of Oriental satin, fine cashmere, or bengaline; the flounces may be of soft silk, lace or embroidery, and an appliqué of lace or embroidery is a simple and effective trimming for an infant's cloak. A tiny baby is, however, more comfortable and better protected when wrapped in a finely-woven shawl than it can ever be in a cloak; only this week I noticed a very smart baby taking its airing in a shawl, which was made comfortable at the neck by a hood-like pleat in the back; wide satin ribbons tied the shawl together, and on its head was a bonnet of soft washing silk, trimmed with satin bows and a soft quilling of lace and ribbon.

The dwellers in towns will find that a baby dressed entirely in wool gets exceedingly grubby; many people, however, insist that even the gowns shall be made of fine wincey, veiling or flannel of some kind, and they can, of course, be just as charming as any of muslin and lace; feather stitchery and pretty embroidery stitches generally can be employed in their making, as lavishly as time will allow.

I think myself that a nainsook gown, which, after all, is not required for warmth, is better than a flannel one, excepting in the country; for its smoother surface is less attractive to the particles of dirt which are in the air of every smoke-laden town.

A slip skirt of lace-inserted washing silk is another modern idea which is worth our attention; when the baby goes out, this skirt can be popped on over his monthly gown, and his appearance is added to without that waste of temper for which a lengthy toilette is often responsible.

As regards other details of a layette, two head flannels made from a square of 45-inch flannel are necessary, and a good Shetland shawl is a useful possession; a soft machine-made shawl for carrying a baby from room to room is preferable to one of loosely crocheted or knitted wool, in which the tiny fingers may be caught inadvertently.

The towels now generally used are of the Turkish towelling variety, though for newly-born infants some soft very fine linen diaper towels are far more comfortable. Pilches of bath towelling are always used, though two or three flannel ones for outings will be found useful.

As a guide in purchasing an ordinary, simple layette, the following list will be found practical:

1 yard of flannel for binders.
4 vests.
6 long flannels.
6 night gowns.
6 monthly gowns.
1 robe.
2 slip skirts of silk.
3 dozen towels.
3 outdoor pilches.
2 flannel shawls.
1 wool shawl.

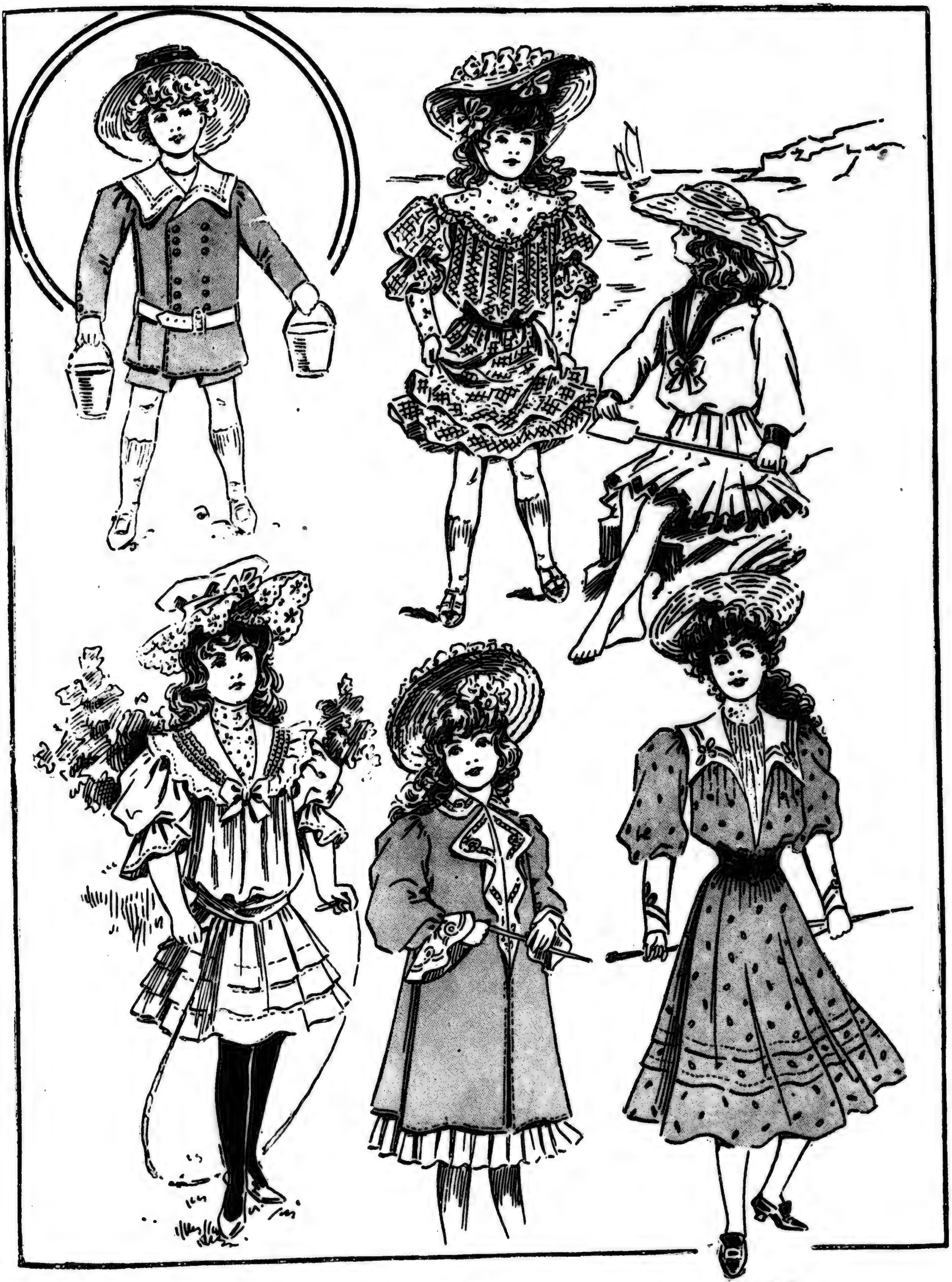
With such a layette, the articles must be washed frequently; therefore, most well-to-do people provide, perhaps, double the number of each garment. It should be borne in mind, however, that infants are now short-coated so early (two or three months) that a large stock of long clothes is really unnecessary.

◆

It is undeniable that time occasionally hangs heavily on one's hands during a lengthened Midsummer holiday, when the supply of books run short and when excursions have palled. For the younger members of the family there is nothing like games in the open air, and this is the opportunity of acquiring crack strokes with the croquet mallet and ball for the tournaments of next year. Some people say, "Oh! I know croquet—I used to play it as a girl." But those days of ordinary balls and wide hoops was a very different thing to the game now played with the nicely adjusted ball and mallet, and the hoop hardly wide enough to let the ball through. To see what croquet really is, older players, like the young ones, should study Mr. W. W. Bruce's admirable little treatise, "How to Play Croquet," which is published by Beeton and Co., 10 and 11, Fetter Lane, E.C., at 1s.

Corsham, November 4, 1901.—"I write to tell you that I am very, very pleased with your journal."—C. P.

No. 5437 No. 5438 No. 5439



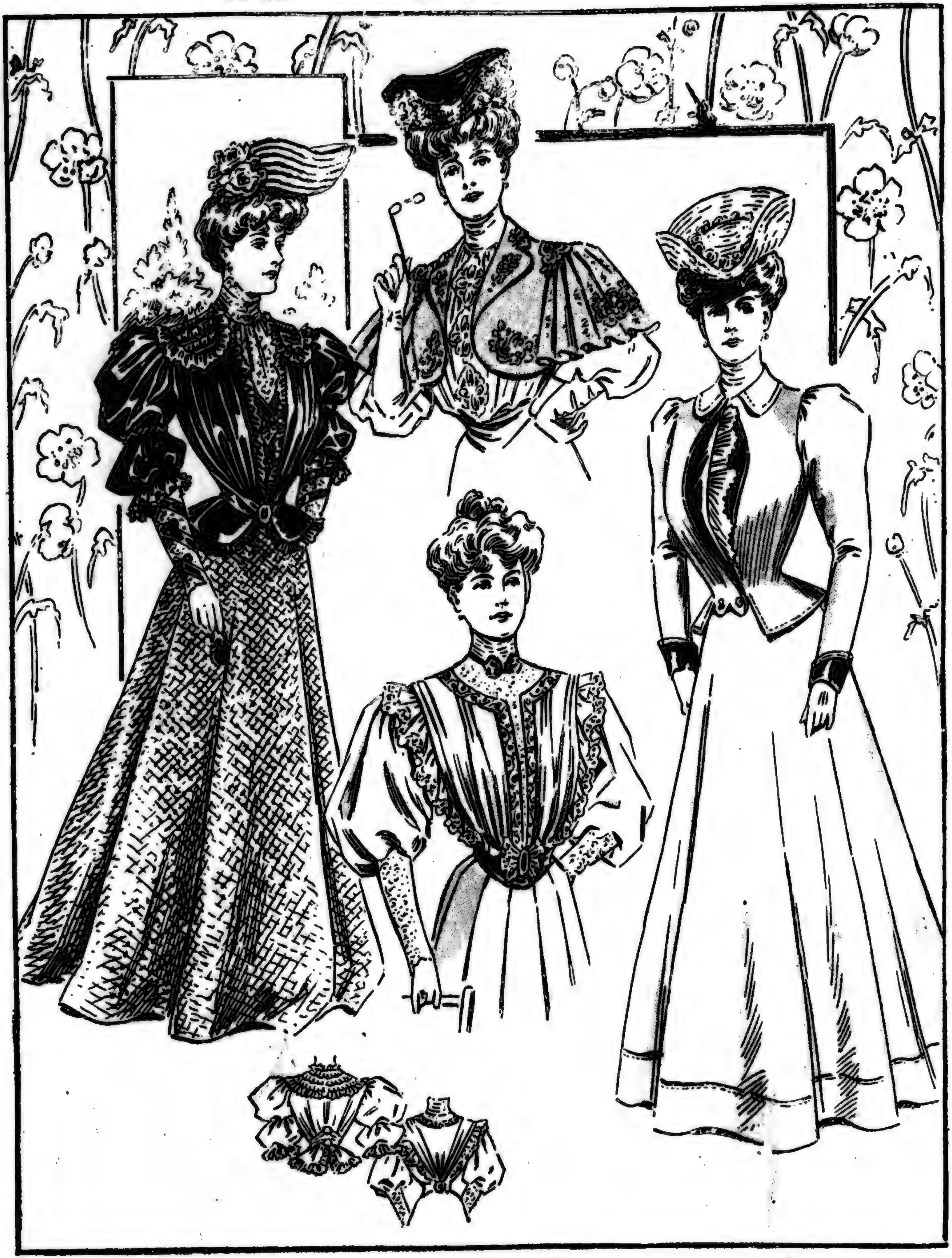
No. 5440 No. 5441 No. 5442

HOLIDAY COSTUMES FOR CHILDREN.

For Descriptions see Pages 36 to 42.

Price of Paper Patterns, Skirts, Blouses, Coats, etc., each 6½d.; post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 5443 No. 5444



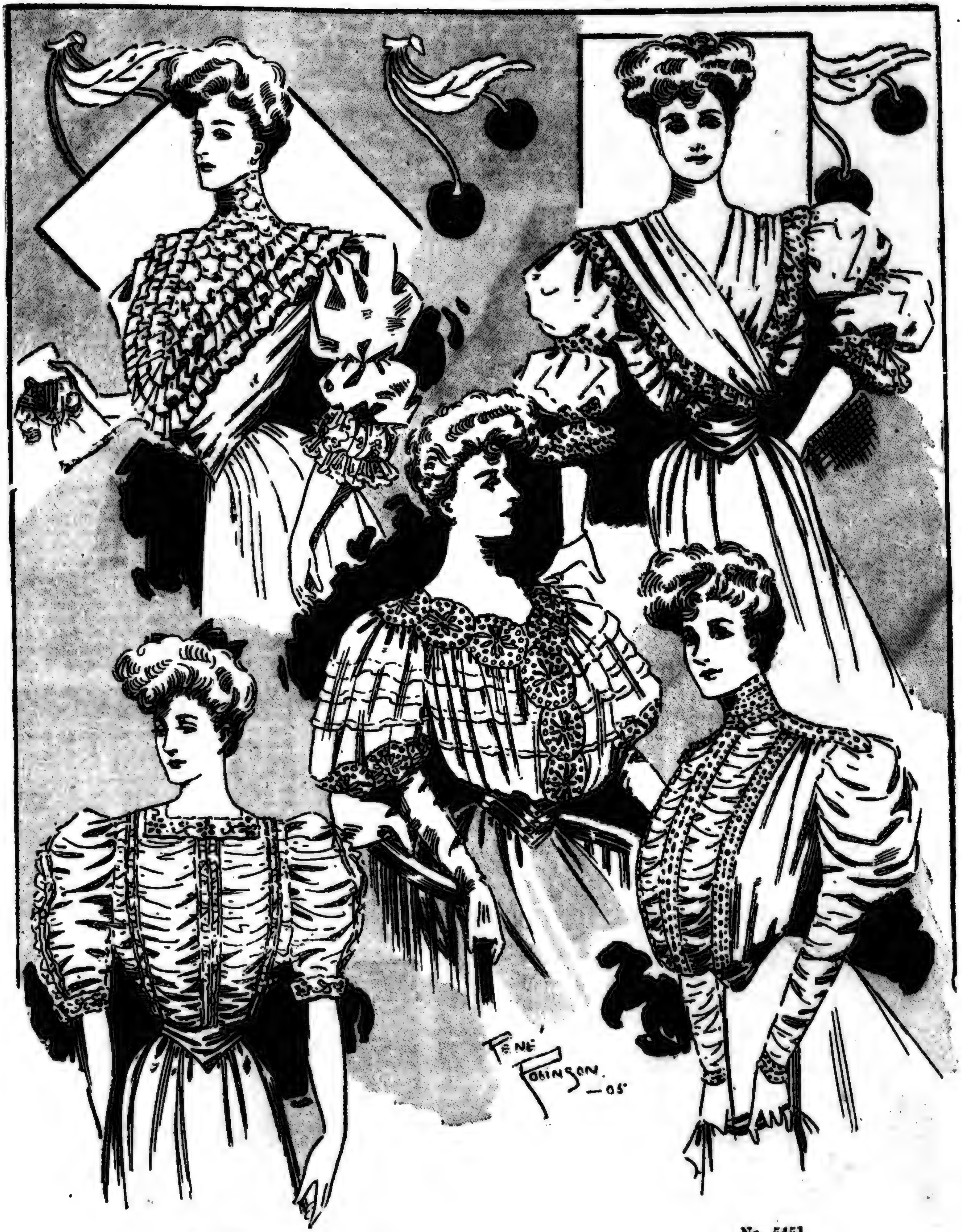
No. 5445 No. 5446

HOLIDAY STYLES FOR THE MATRON.

For Descriptions see Pages 36 to 42.

Price of Paper Patterns, Skirts, Foundation Skirts, Coats, Cape or Blouse, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 5447 No. 5448 No. 5449



No. 5450 No. 5451

BLOUSES FOR THE AFTERNOON OR TABLE D'HOTE.

Descriptions see Pages 36 to 42.

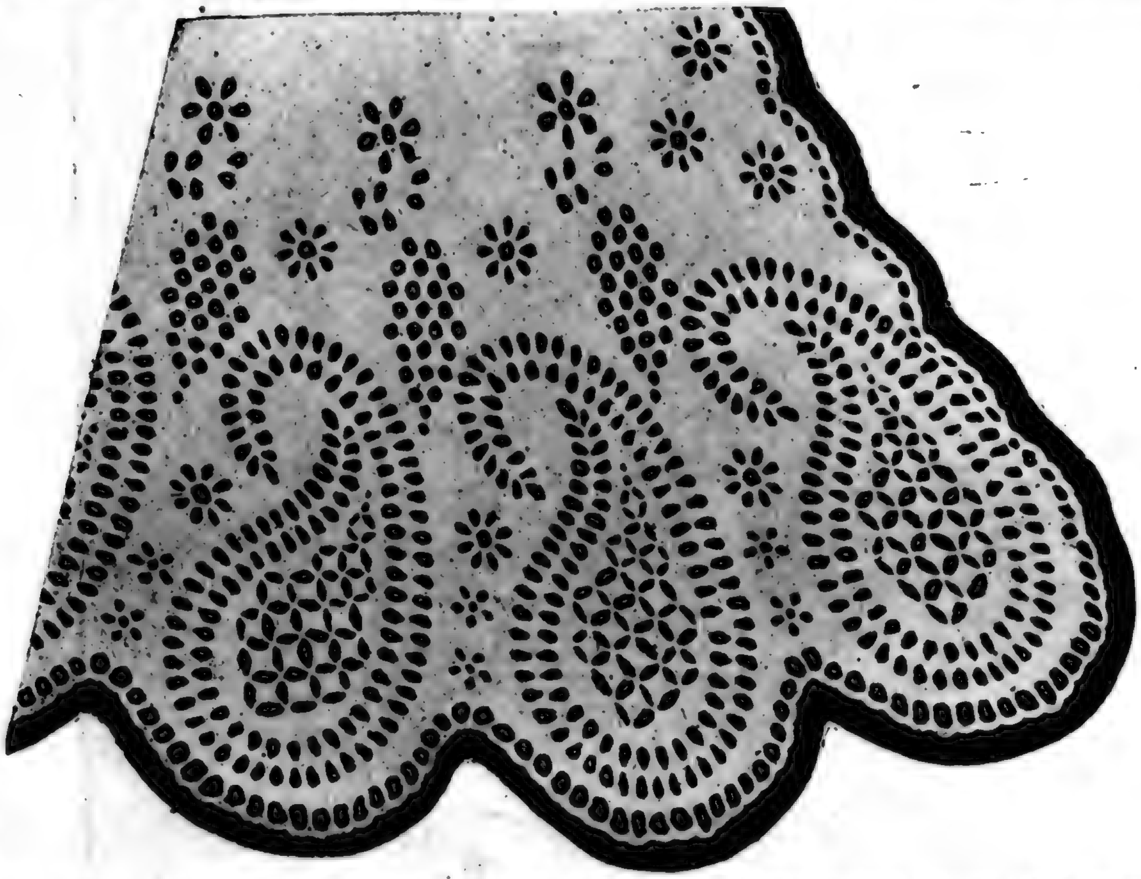
Price of Paper Patterns, each 6d., post free, of Madame Myra, *10 and 11. Fetter Lane, E.C.*

BRODERIE ANGLAISE.

OUR readers may have observed the return of fashion to what used to be known many years ago as "flourishing" work. Now, we call it by the more stylish name of *broderie Anglaise*, which just means English embroidery, or, rather, old English embroidery, because it is a very old art. This embroidery is not confined to one article of clothing, but is used throughout the whole wardrobe, beginning with under-garments, which are most elaborately worked both at the necks of chemises and combinations, and at the knees of drawers and knickers, for frills and flounces of petticoats, for slip bodices, for blouses, which are nearly all covered with this charming work, for skirts, which are the same and plentifully frilled. For cloth garments the work appears in the same fashion, the embroidery sometimes opened and sometimes left flat. It is also used for capes and coats and even for hats. This embroidery has taken the public fancy as no embroidery has done for years.

Now is the time to bring out the carefully laid-past relics of bygone days, such as children's frocks, tippets, caps, &c. These can all be used for trimming something at the present time. The deep embroidered flounce which formed a child's frock was generally ten inches deep, and another six or eight inches of plain material went to the top of it. This might be used as a flounce for a petticoat. The old-fashioned tippet, which covered the little person's whole garments, might now be used for the yoke of a skirt, or worn as a shoulder cape. Our illustrations show a reduced section of one of those tippets in the ever-effective pine pattern, and we suggest that this tippet should be used again as a child's cape. It is quite the newest shape, and the embroidery is the most fashionable.

For a blouse design, nothing can equal the pine pattern, which might extend from the shoulders towards the bust, and two patterns would cover the whole front of the blouse. The same design might be used upon the sleeves, either as under-sleeves or to trim the puff between the shoulder and elbow. A scallopped design should outline the elbow frills, and these scallops may very easily be traced upon the material by means of a common cotton reel, placing it upon the stuff and outlining the semi-circle with a black lead pencil. A few dots here and there within the circles might be very effectively made with French knots, and thus one of the most fashionable blouses of the day could be obtained at very little cost.



For summer wear the materials to be used should be fine Swiss muslin or batiste, very fine lawn, or nainsook, but the most charming blouses are made up of the finest book muslin. For petticoats nothing could be better, and for dresses, of course, we all know its value, because it washes so well, and when embroidered there is really nothing to beat it.

In working the pine pattern every part of it should be opened and worked as Old English Embroidery, or part of it can be so treated and the other parts done in solid French embroidery or satin stitch. In case this latter plan is followed, all the petals of the flowers should be open and the leaves and dots closed in satin stitch.

To make the eyelet, which is the name given to the cut part of the embroidery, first run the outline defining the oval with short stitches of the embroidery thread (see Fig. 1). Next cut the centre of only one petal at a time, then turn in one-half and over-edge the section by picking up on the point of the needle as few threads as possible upon the folded-down edge, the edge being folded to the wrong side and worked closely all round. Fasten the working thread in the margin of the circle with two or three back stitches, and then proceed to whip-stitch or overcast the edge of the oval. Proceed in this manner till all the sections have been turned over and the eyelet is complete.

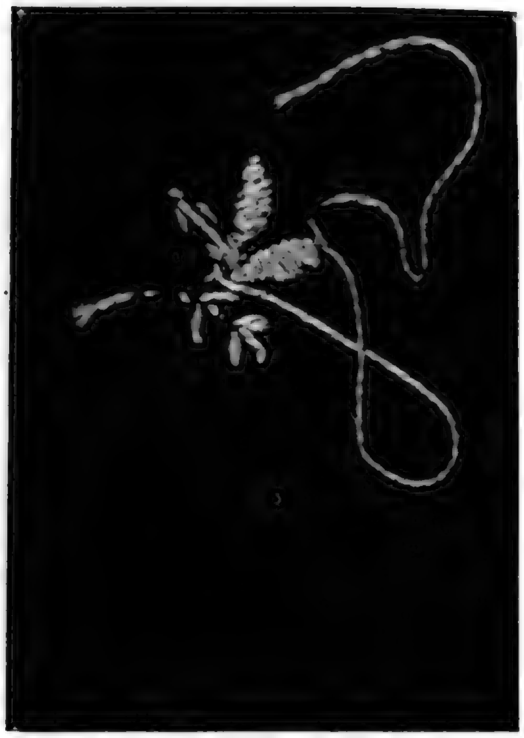


FIG. 2 SHOWS THE LEAVES PADDED AND COVERED WITH SATIN STITCH, ALSO THE STEM RUN BEFORE SATIN-STITCHING IT.

If any of the round parts of the design are to be opened, the point of a very fine scissors should be gently inserted in the very centre of the circle after it has been run round as before directed, and then insert a stiletto, pressing it down until you have the hole the required size. Work round as directed for the oval.

If the leaves or other parts are to be worked solid, the outlines should be run as directed for the eyelet and open leaves (see Fig. 2). The centre of each leaf should be slightly padded by laying three or four of the working threads down the centre of the leaf from the tip to the point where it joins the stem. Cover the leaf with solid satin stitch. Start at the tip and work across the leaf, setting stitches close together, keeping a perfectly even edge on both sides of the leaf. Satin stitch is so very easily done that many people skim it over and do not make it even, but although it is not a difficult stitch, it is a most useful one and quite worth while doing well. Satin stitch can be used for almost every embroidery and a little time should be expended by the worker in perfecting herself in doing it properly.

(Concluded on Page 47.)

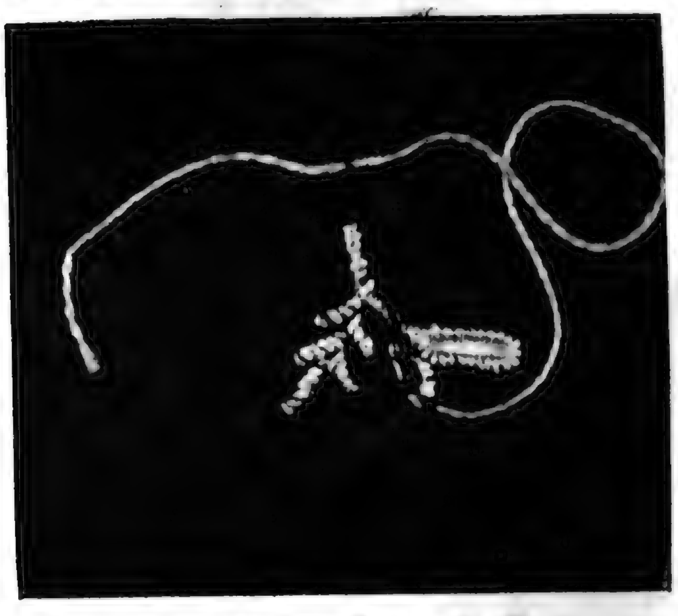


FIG. 1 SHOWS THE OPEN EYLET, AND WORKING OF ONE, ALSO STEM COVERED WITH SATIN STITCH.

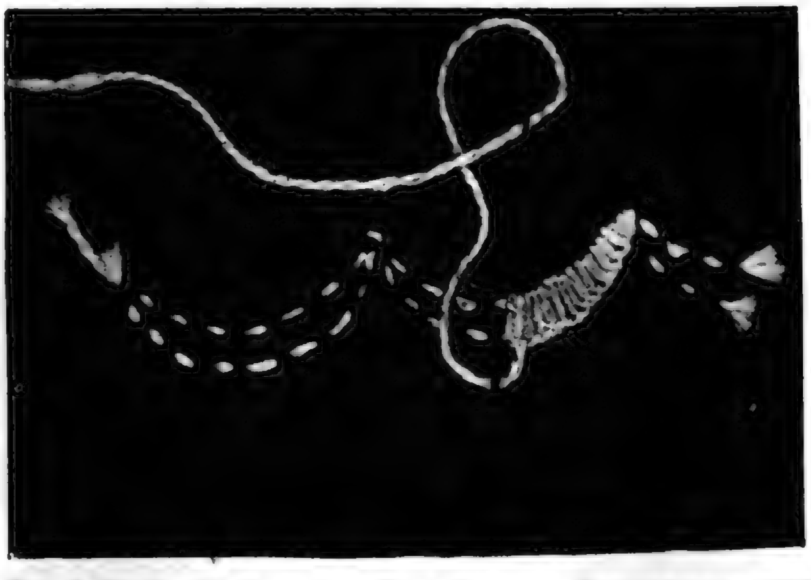


FIG. 3 SHOWS THE SCALLOPED EDGE RUN AND BUTTONHOLED, AFTER WHICH THE MATERIAL IS CUT AWAY, LEAVING THE SCALLOPED EDGE FINISHED.

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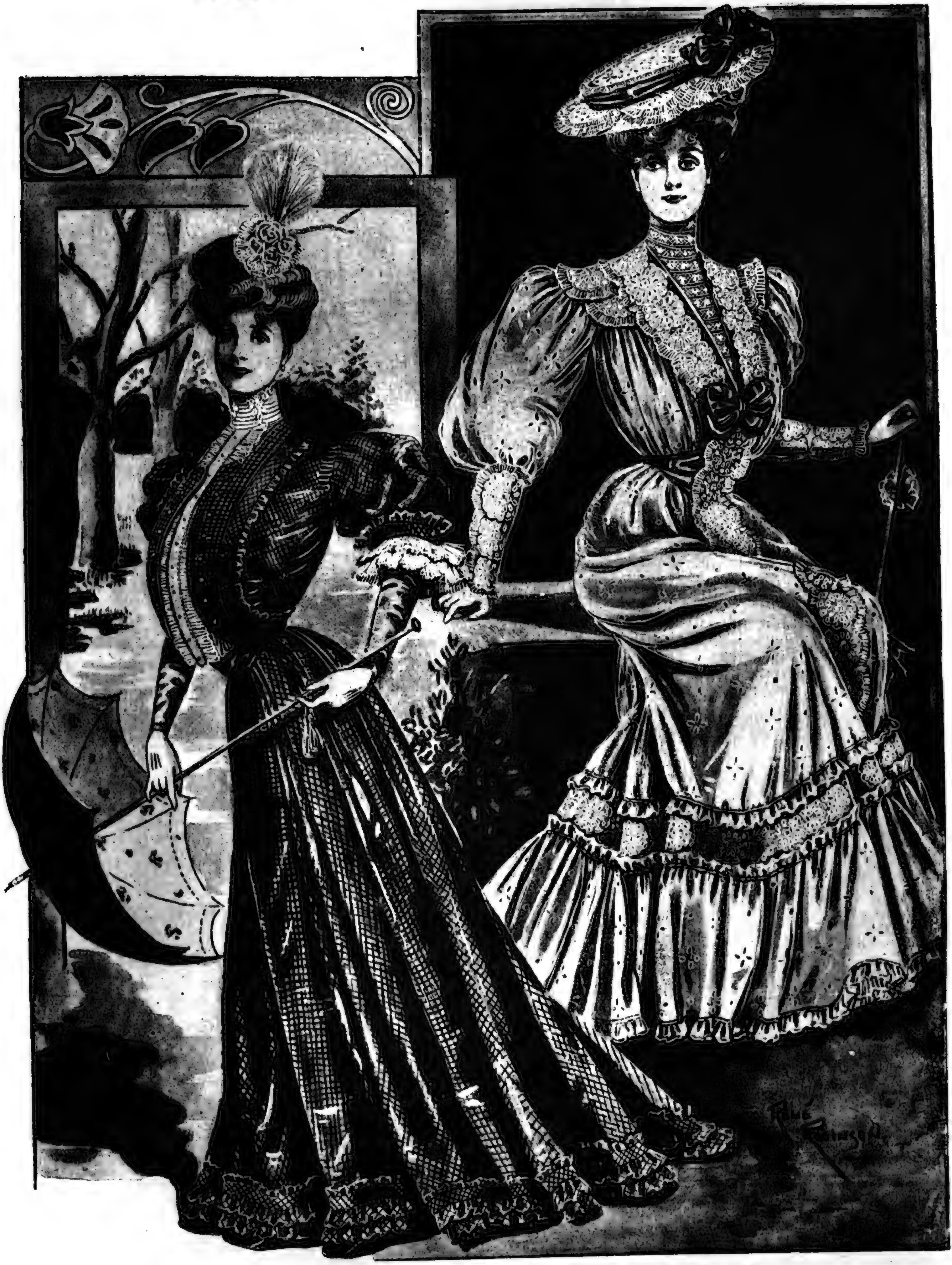
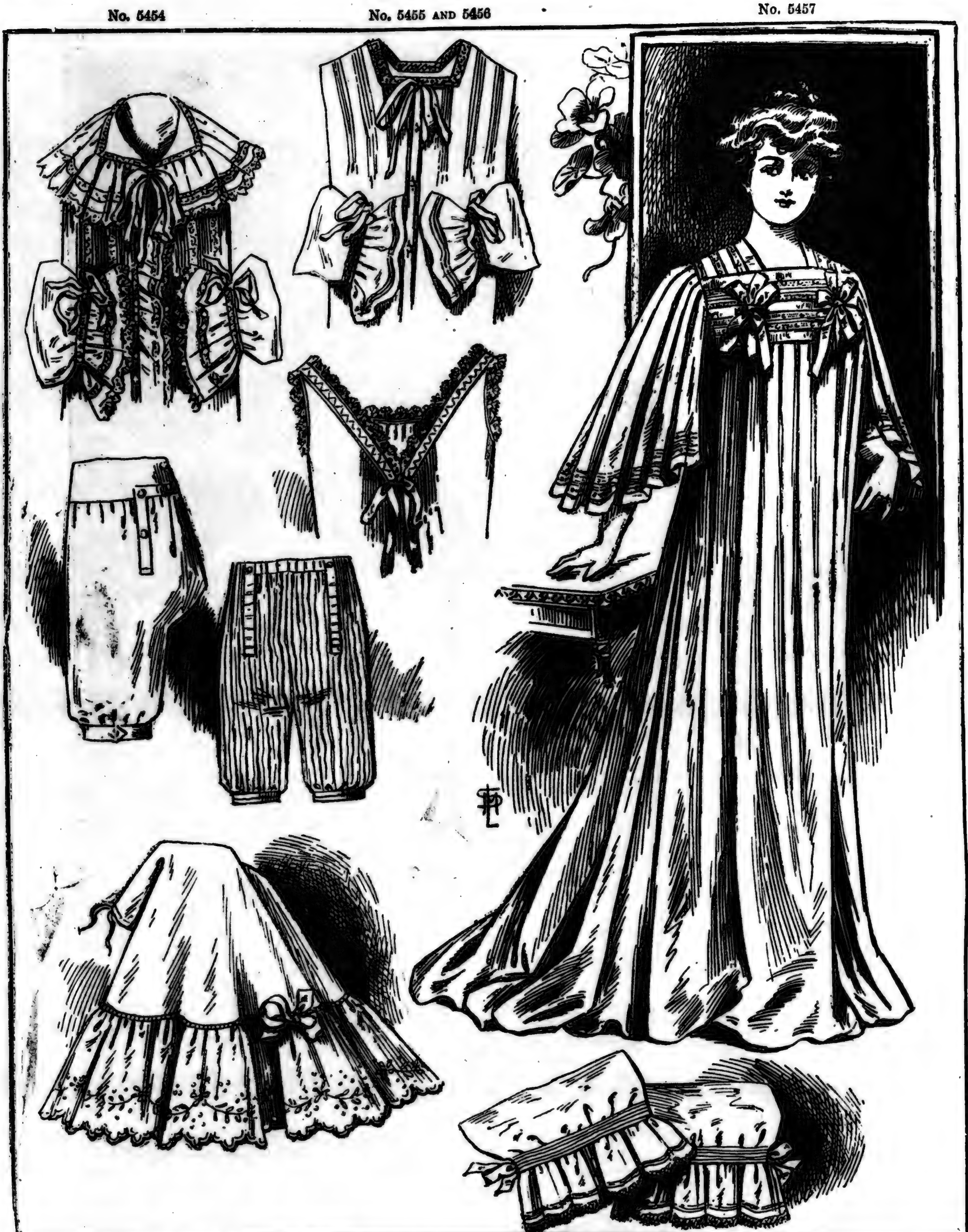


SMART AFTERNOON GOWNS FOR FASHIONABLE HOLIDAY RESORTS.

For Descriptions see Pages 36 to 42

Price of Paper Patterns, Pleated Skirt, 1s. 0½d.; Skirt, Foundation Skirt, Coat or Bodice, each 6½d., post free of Madame Myra, *10 and 11, Fetter Lane. E.C.*

No. 5454 No. 5455 and 5456 No. 5457



No. 5458a, 5458b, and 5459 No. 5460

A TRAVELLING OUTFIT.

For Descriptions see Pages 36 to 42.

Price of Paper Patterns, Dressing Gown, 1s. 0½d.; the other Models, each 6½d., post free of Madame Myra, *10 and 11, Fetter Lane, E.C.*

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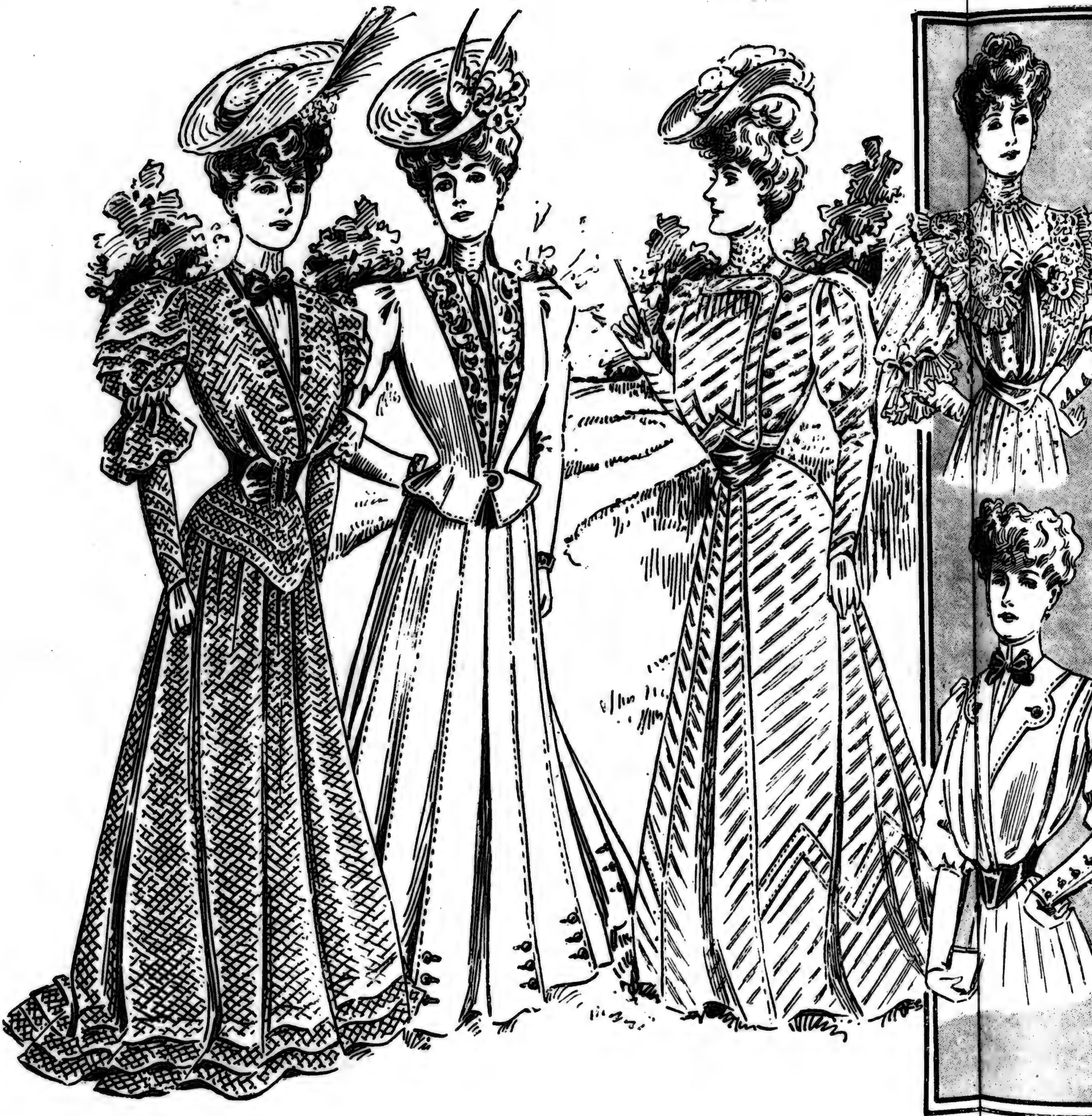
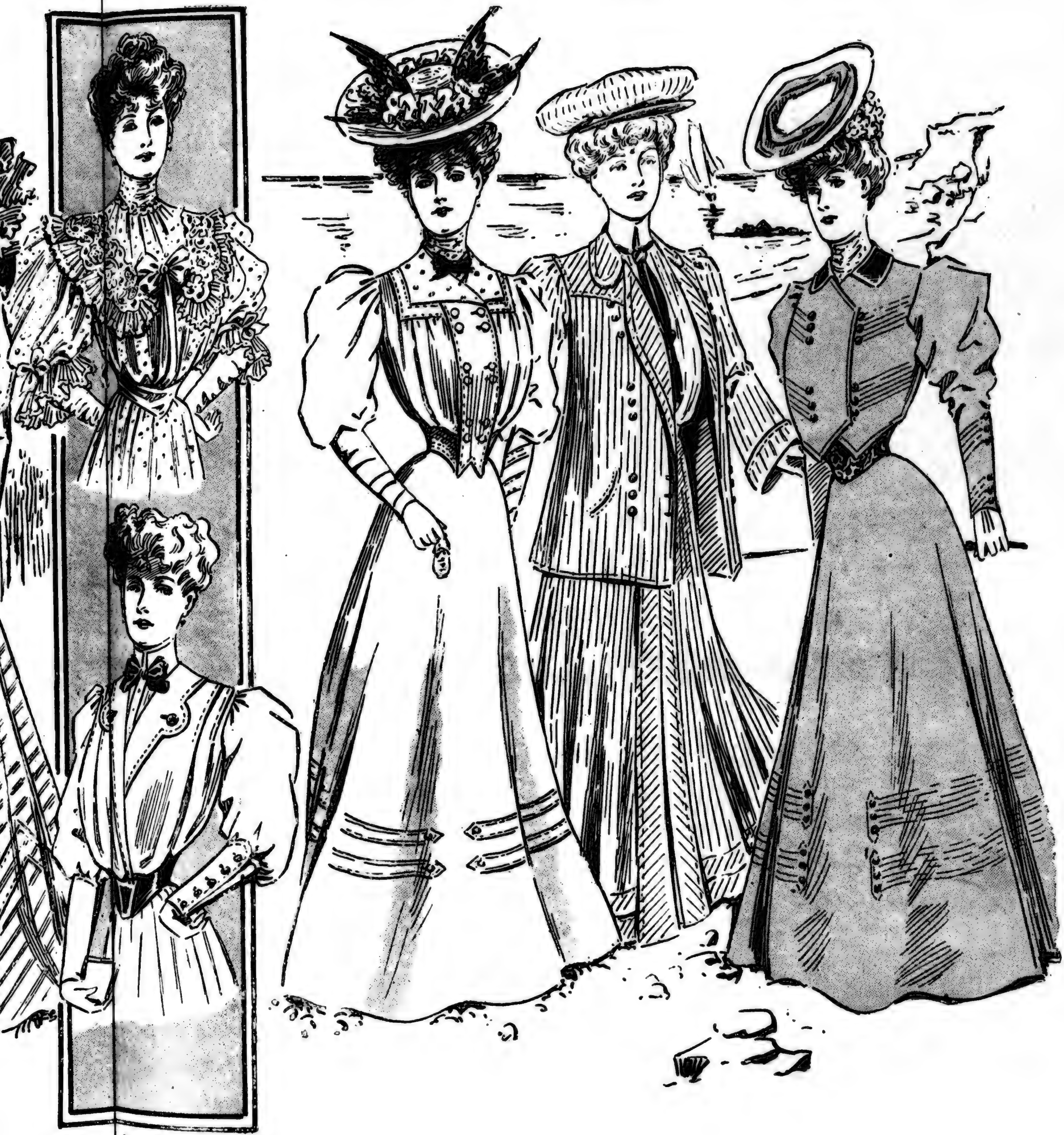


No. 5465

GOWNS AND BLOUSES FOR THE HOLIDAY

For Descriptions see Pages 36 to 42.

Price of Paper Patterns, Pleated Skirts, each 1s. 0½*d.; Skirts, Foundation Skirts, Coats, or Blouses, eac*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No. 5466
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No. 5468
No. 5465

FOR THE HOLIDAY OR TRAVELLING OUTFIT.

or Descriptions see Pages 36 to 42.

dation Skirts. Coats, or Blouses, each 6½d., post free, of MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

SPENCER EDGE

Told by a Trailer.

I HAD waited for a long time in the shop in the big busy street, where noisy electric cars whizzed by every few minutes and deafened one with their clanging bells, and although I had been taken out on hire once or twice on a Saturday afternoon and a Bank Holiday, I began to despair of ever finding a permanent and comfortable home. I was sick of the shop, and my spirits went up with a jump when one fine day the door opened and a young man and a girl came in, and made straight for *me*.

"The very thing," said the girl in a tone of complete satisfaction; "isn't it, Jack? Such a nice one, too; looks quite new and so comfortable."

The man nodded, and looked with the eye of judgment at my springs. *They* were in good order, so I felt quite complacent under his close scrutiny. He was nice-looking, tall, and broad-shouldered, with honest brown eyes, and a healthy bronzed face. The girl was quite pretty, and I scented a romance at once when I saw her look at him with such a pretty smile in her blue eyes.

"Don't you think I should look very nice in it, Jack?" she whispered.

She would look nice in anything—that was what I thought myself—and exactly what *he* said. He was a young man with sense and discrimination. I thought so still more when, after a short colloquy with my temporary master he said he would buy me then and there, and that I was to be shipped off the very next day by steamer to Ireland. There was a change for me at last!

I was packed up and made most hideous and very uncomfortable, but after an endless voyage—so it seemed to me—I at last reached my destination, and when my wrappings were taken off I found myself in quite a nice sort of bicycle house, in company with two other cycles and a motor bicycle—to which, of course, in due time I was to be attached. There, seated side by side on a bench, drawn near the little stove which gave out a very pleasant heat in the corner, were the young man called Jack and the girl with the pretty blue eyes.

"I don't see why we shouldn't go for a spin now," he said.

Outside the winter sun was shining very brightly, the sky was brilliantly blue.

"Nor do I. You are sure it's safe, Jack? You won't upset me, will you?"

He laughed.

"You silly child, of course I won't," he said. "Do you think I wouldn't take better care of you than that? Put on a very warm coat, Madge, and you must have a rug over your knees. It's very cold."

The roads were stony and not particularaly good, and I was bumped along at a great pace by the energetic motor-cycle, but the girl seemed very happy, tucked in with a warm rug over her and a gauze veil tied round her white tam o'shanter. She looked prettier than ever in her motoring costume, and I am quite sure Jack Whatever-his-name-was thought so with all his heart, though he was not given to saying much. No doubt, like the parrot of immortal memory, he thought the more.

I had a pretty busy time from the day out. Scarcely a day passed that the blue-eyed girl was not taken for a spin, for although it was winter the weather was mild and sunny, and the roads not as bad as one might have expected, and it quite cheered my rather tough heart to see how very happy those two young people were in each other's company. I used to hear them sometimes chattering away—she did most of the talking, to be sure, while he cleaned the motor and smoked vigorously—about the future which they were going to spend together in a state of perpetual bliss. They were never going to quarrel, not they. And at that I chuckled. As if there ever could be a pair of lovers who didn't quarrel in a pleasant fashion now and then! But Miss Blue Eyes took life seriously, and that was the very thing that started their quarrel before I had been with them a month.

As far as I could make out, he was rather of a pleasure-loving turn of mind—too much so his lady-love considered—and it was a little argument about some races to which he wanted to go and she didn't that started the quarrel. She was dignified, he was sulky. All this took place in the bicycle house, so I had a fine view of it. She was calm and collected, he was hot and aggrieved, and so it went on from bad to worse, until in a rage he flung himself out of the place, and Miss Blue Eyes sat down to review the situation and to suppress a furtive tear or two that would come and drown the brightness of her pretty eyes.

"I don't care," she said quite loud, little thinking that even a trailer has ears at times. "He is quite wrong, and I'm not going to give in. He may go by himself. *I* won't go with him!"

And then she betook herself off with a book of a serious description, and gave the bicycle house a wide berth. Presently Jack came back, looking a little more amiable; but a shadow fell across his nice face when he found Miss Blue Eyes had flown. He called; in vain. He whistled; no reply. He went away and evidently hunted high and low, but Miss Blue Eyes had hidden herself to some purpose, for he could not find her. Then in another rage away he went, with me behind him, puffing down the avenue, and out of the gate, while from behind the curtains in her bedroom Miss Blue Eyes watched him. *I* saw her, though he, of course, did not, not being gifted with eyes in the back of his head, and he was much too angry to look back as he whirled away out of sight.

It was some very wicked twist of fate that put Miss Black Eyes in his way as he slowed down going round a corner outside the town. She was bright and smiling like the day, and her pink serge gown with its dark furs was most becoming to her. Personally I thought she wasn't a patch on Miss Blue Eyes, and no doubt had Jack been in a proper state of mind he'd have thought so too, but you see he wasn't. And pure devilment, as he would have called it himself, prompted him to halt and say:

"Hullo, Jennie! Come for a run in the trailer?"

"I'd like to, only——"

"Well, jump in then. Quick. You may just as well keep me company, you know. Where would you like to go? Got the rug round you? That's right."

And away we went once again, but I don't mind telling you that I didn't half like having Miss Black Eyes sitting there.

I won't say whose fault it was—I am not quite clear on that point myself—but we had gone about three miles when at a sharp turn on a lonely road the motor gave a jerk, I felt a curious heave, and away went Miss Black Eyes in her smart pink serge gown on to a bank at the side of the road, while we went tearing along as if nothing had happened. And for a little while Jack evidently had no idea that such a catastrophe had occurred. You see, he never peeped behind to see if she was all right. To do him justice, he always looked to see if Miss Blue Eyes was still sitting there safe and sound when we turned any very perilous corner.

When at last he did look round a very naughty word escaped him, and he hastily pulled up. What the mischief had happened to that idiot Black Eyes he muttered. As if she couldn't sit still and not fall out. Miss Blue Eyes had never done so. Oh! what a fool he had been to take her out at all. And so on. And then at that critical moment along the road came a bicycle, and riding the bicycle with conspicuous grace was—Miss Blue Eyes!

"Dear me," she said gaily, "has anything happened? You look very cross."

Jack, in difficulties with the clutch, said nothing.

"I wonder you brought an empty trailer with you," she continued, sweetly leaning on her handle bars and regarding him with a delicious smile. "Isn't it rather dull, Jack?"

He stood up and glared at her.

"Jennie Browne was sitting there a few minutes ago," he said shortly.

Miss Blue Eyes raised her very pretty brows.

"Dear me! And where is she now?"

"She fell out. Goodness only knows where. I've only just found it out."

A smile danced in the girl's eyes. After all, it did sound rather absurd. Then she banished the smile and said severely:

"I am surprised that you took so little care of her, Jack. She may be hurt, poor girl. Why don't you go and look for her?"

"I'm going as soon as this beastly thing will work," he retorted savagely, and without another word Miss Blue Eyes mounted her cycle and sailed away down the road up which we had come. She had, I suppose, gone in search of the unhappy Jennie.

It was some time before we got started—thanks to the clutch, or whatever the thing is called—and the enforced delay did not improve Master Jack's temper. Neither did the sight, a mile further down the road, of the unfortunate Jennie seated on the bank with Miss Blue Eyes at her side, sympathising and consoling her, to the best of her ability, for a much-bruised arm and a torn pink gown.

Of course it was his obvious duty to apologise, which he did with not a very good grace, and Miss Blue Eyes darted an indignant glance at him.

"I don't know if Miss Browne will trust herself to you again, Jack," she said severely, "but I don't see how she is to get home except in the trailer. You see she has hurt her arm, otherwise I should be happy to lend her my bicycle. But I really think, if you will go carefully and not take the corners so sharply, the sooner she gets home the better."

So more carefully and prudently than we had come out we went home, depositing Miss Black Eyes at her home, with a few more generous apologies from Jack, and ten minutes later found us back in the bicycle house.

Some of Jack's temper had certainly evaporated, when the door of the cycle house opened and a young man walked in.

"Hullo!" was his salutation. "Motor gone wrong? Oh, only cleaning. I see; beg your pardon, but you know they do go out of order now and then. Oh no, I meant nothing personal. Killed anyone with that trailer yet?"

Jack growled something that sounded like "Mind your own business!"

The visitor laughed immoderately.

"I'm trying to mind yours. I suppose you know it's all over the town. What's gone wrong, old chap?"

"Nothing."

"Then why advertise the contrary?"

"Don't know what you're driving at."

"Oh, don't you? Then you haven't heard the latest sensation? Well, it's this—let me get near the door so that I may escape injury if—look here, it's commonly reported that your engagement's off. That's all."

Jack glared at him.

"Let them keep their confounded tales to themselves," he said savagely, "and mind their own business."

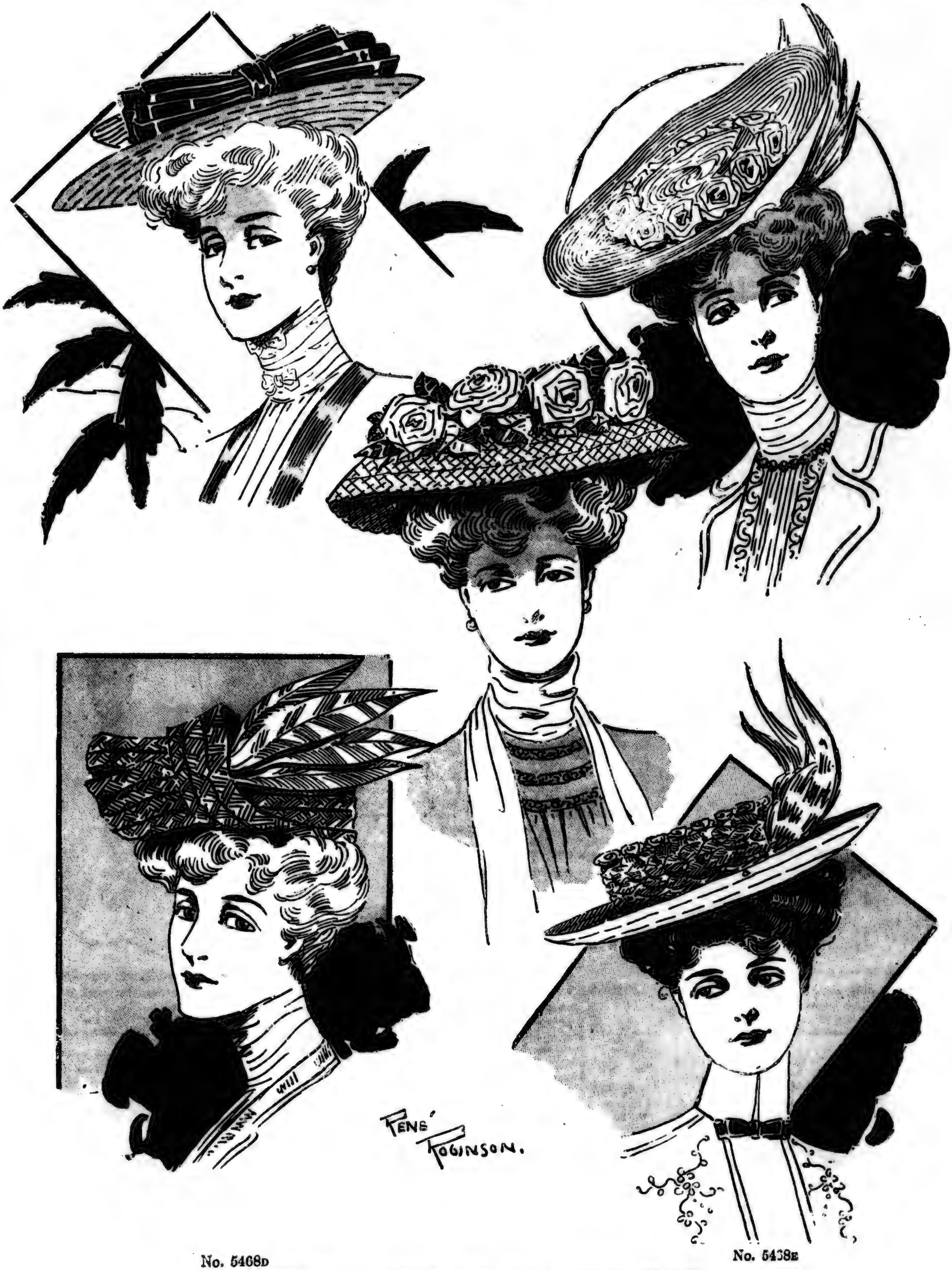
"But is it true?"

"*No!*"

"Then why in the name of wonder do you

Beckenham, Kent.—"I have been a subscriber for seventeen years and think that your fashions are the best."—K. N.

No. 5468A No. 5468B No. 5468C


RENÉ ROBINSON.

No. 5468D No. 5468E

STYLISH MILLINERY FOR THE HOLIDAY SEASON.

For Descriptions see Pages 36 to 42.

go taking Jennie about in the trailer and leaving Miss Madge to herself, and——"

"Oh, for goodness sake clear out. I'm busy. And if you hear anyone else telling such infernal lies you may knock them down, or tell me and I'll do it willingly enough."

As the visitor took himself off Miss Blue Eyes came in. They exchanged a few words, then the young man departed, and Miss Blue Eyes put up her bicycle, looked at Jack, who was fearfully busy cleaning the motor, and finally sat herself down on the bench near the stove.

"Did you get Miss Browne home in safety?" she asked.

"Yes."

"I hope she will be all right. You must have been rather careless."

Silence.

"Do you know what I heard someone saying in the town?"

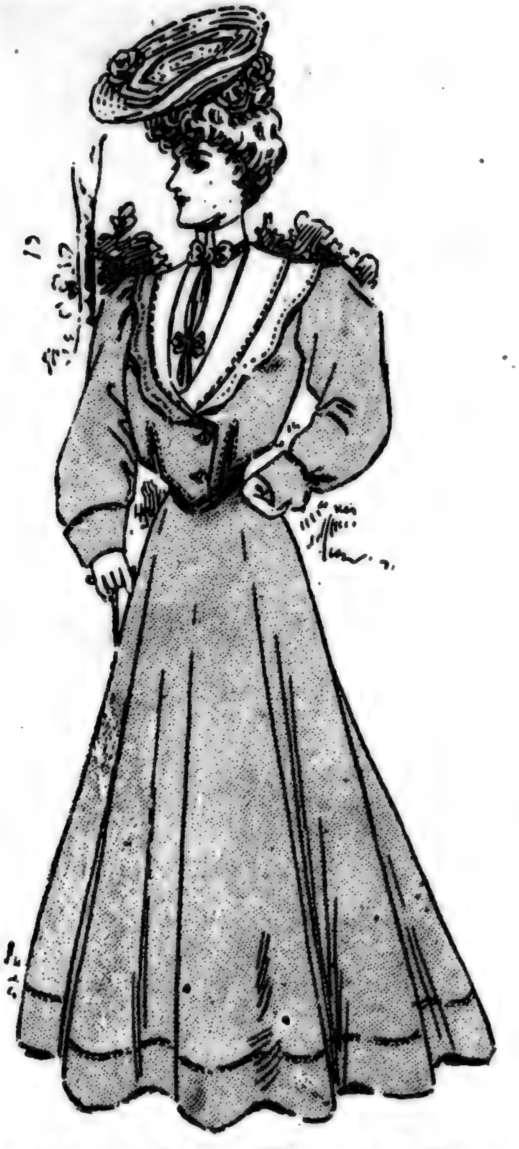
Silence.

"Shall I tell you?"

"You needn't. Bill told me just now."

"Oh! Funny what ideas people get into their heads, isn't it?"

"I don't see anything funny in it. It's simply their infernal impudence."



No. 5469. A Pretty Travelling Dress.

For Description see Pages 36 to 42.

Price of Paper Patterns, Skirt, or Coat, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

"It's rather absurd, though. I wonder why—they ever thought such a thing, because—we never fall out, do we, Jack, dear?"

He looked up.

"Eh?" he said.

She laughed. Such a pretty, pretty laugh.

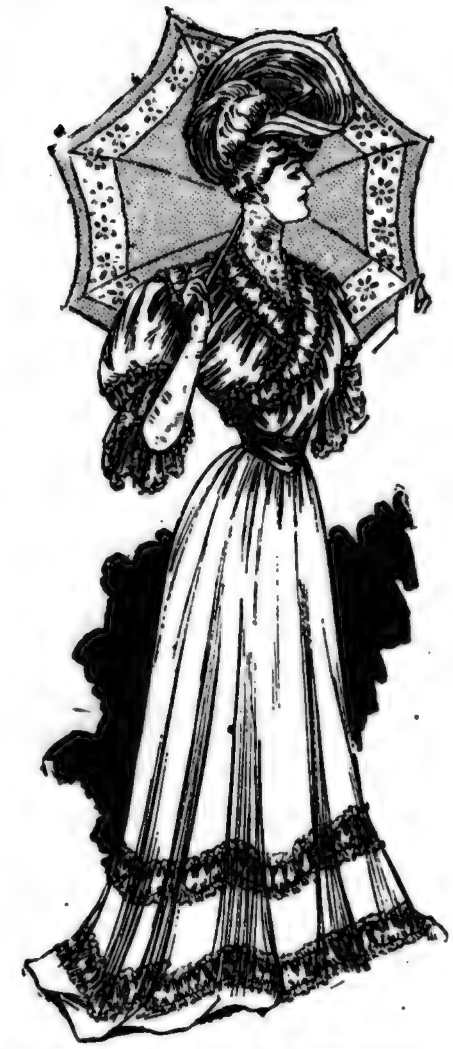
"In public, I mean."

He flung away his cleaning rags, and despite the fact that his hands were not too clean, sat down beside her and put an arm round her waist.

"Then don't let's do it in private either," he said. "I know it was all my fault. I was a stupid bear, dear, and——"

"You've got to answer for poor Miss Browne's bruised arm and torn frock," said Miss Blue Eyes.

"Hang Miss Browne!" said he with energy.



No. 5470. A Taffetas Afternoon Gown.

For Description see Pages 36 to 42.

Price of Paper Patterns, Skirt, Foundation Skirt or Coat, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

"Don't let's talk about her. I don't know what possessed me to take her at all."

"I know what it was—devilment."

He laughed.

"I am sure you're right—you nearly always are. And look here, Madge, let me take you to the races this afternoon. Do!"

"How clever you are to get your own way in the end," she whispered, but she did not say "No." And that was the last quarrel they had—while I was with them, at any rate. I hear them talk now and then of a motor-car, and when that turns up I suppose I shall be relegated to a shop again. But for the present I am considered useful enough, and Miss Blue Eyes delights in me. What more can the heart of any trailer desire?

◆

Personal Appearance.

HOW TO MAKE IT MORE ATTRACTIVE.

By Mistress Anne Page.

MASSAGE OF THE ARMS AND HANDS.

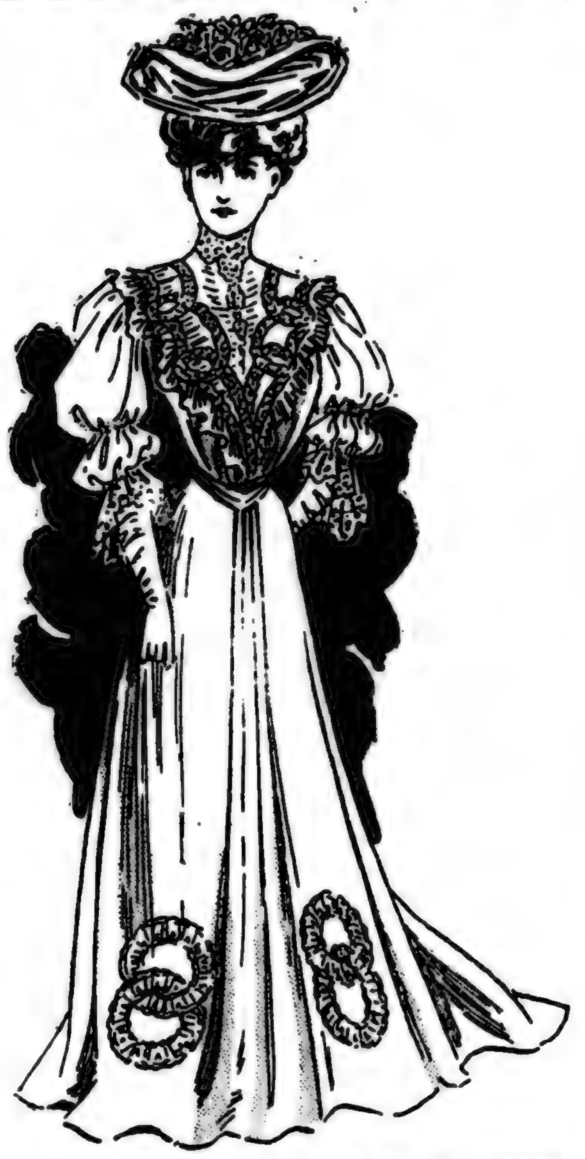
(Continued from our July issue.)

As I promised at the end of the massage lesson in our July issue, I will to-day tell you how to treat the upper part of the arms, which always repay any trouble taken with them, and look so beautiful afterwards in transparent evening sleeves, or in "elbow-sleeves" so cleverly cut as to show that "upper arm" below each shoulder. Readers who have the July number will see what I mean by looking at the charming portrait of our beloved "Princess Ena" on the title-page, who is wearing a dress with sleeves of this description.

Sometimes this part of the arms, from the elbows upwards, is naturally inclined to be red and what is called "goosey-fleshed," or coarse skinned, in some cases to such a pronounced degree as almost to suggest that there are myriads of angry suppressed pimples under the skin, and in such a case the arms must be dealt with in this way:—

Get a loofah and a box of "Prepared Almond meal" (together costing 1s. 8d., from Mr. Mason, 25, Bank Plain, Norwich), and every night use these as if they were soap and flannel, and, with warm soft water, wash the arms and shoulders with them, rubbing well. Dry with a soft towel, and now hold the left arm up, spread over it a little of the "Crême Suprême" (which those of you who are faithfully carrying out my lessons have already obtained for 2s. 9d. from the above Mr. Mason), as this imparts roundness to the arms, and makes the skin white and smooth. Lubricate the fingers of the right hand with the same Crême, then stroke the arm upwards from the outer elbow to the shoulder thirty times, and then from the inner side of the elbow-joint to the arm-pit thirty times. Lubricate the right arm and the fingers of the left hand, and repeat the upward stroking movements.

Lubricate again, and now press the muscles of the right upper arm with the fingers of the left hand, just in the way you have seen a little child make its first attempts at playing the piano, all the fingers being used at once with pretty considerable force. But in this case do not "play" too heavily, unless the arms are already too fat, because it is the gentle touches and kneadings that develop the roundness. Massage upwards in this way for five minutes, then lubricate the left arm and the right hand fingers, and repeat all the movements on that arm for five minutes.



No. 5471. - Pretty Style for Cashmere.

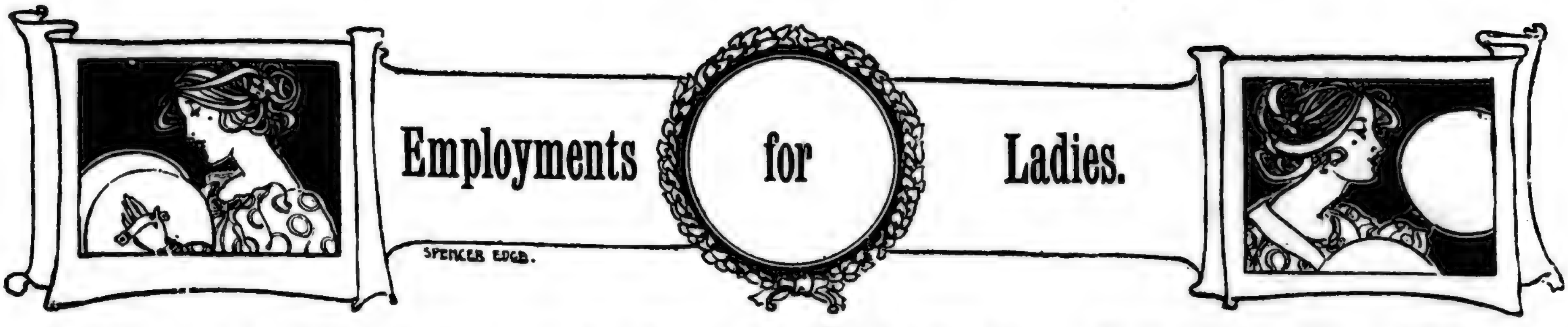
For Description see Pages 36 to 42.

Price of Paper Patterns, Pleated Skirt, 1s. 0½d.; Foundation Skirt, or Coat each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

Wipe off any Crême that the skin has not taken up, but do not wash the arms again until the morning, when they should be sponged over with warm soft water, a little of the Almond Meal rubbed very gently into them in an upward direction, and then rinsed off. A thorough drying should follow, and after this a few drops of "Cyclinia" (1s. a bottle from the same Mr. Mason) should be very gently stroked into the skin. In a short time, if this treatment is carried out daily, the reddest arms will become beautifully soft, round, and white.

(*To be continued.*)

"I have used other fashion books also in my business, but my opinion is that the garments made from 'Myra's' designs an patterns remain longer fashionable than any others."—A. Braidwood, Glasgow.


SPENCER EDGB.

Employments for Ladies.

LETTING LODGINGS AND FURNISHED HOUSES.

I WILL resume my Laundry articles later, but being at all times practical, as I constantly assure my readers, I think I can hardly do better than discuss the subject of the heading of my column, at a time when the world and his wife—rich and poor, great and small—leave home in quest of fresh air and change of scene. Many of my readers, I know, eke out small incomes, or make them in this way; others make, or partially make, their rent by letting their houses furnished, and it is to all such that these words are addressed. Remember, one recommendation is for practical value of more worth than ten advertisements, and how much cheaper! Therefore, do not regard your lodgers as your natural enemies, as is the way of so many landladies; people whose wants are to be discountenanced; whose desires are to be flouted, who are at all times beneath consideration. Instead, study their comfort in every possible way, and rarely indeed is it that you will fail to reap your reward. I know a boarding-house where the connection was formed almost entirely by the first visitors, so widely and warmly did they commend it. I know others which have lost dozens of possible visitors through the warnings of former residents. And lodgings are in a more parlous plight. The number of their visitors can never be as large as in the larger boarding-house; consequently their connection takes longer to form. But it is a thing of much value when well established. To those who let apartments I would say, be scrupulously clean, for that, or the lack of it, is the making or marring of many a house. Be punctual, be polite, and, above all, be rigidly upright. "Extras" have wrought more vexation of spirit than anything else. To expect to pay two, three, or four guineas, and then be called upon for additional shillings for cruets, lights, boots, "kitchen fire," and heaven knows what beside will spoil the pleasantest holiday. It is things and ways such as these which drive our countrymen and women abroad in greater numbers every year, for they get more for their money. There is scarcely a holiday resort at home or abroad that does not groan about "bad times," and in nine cases out of ten they have only themselves to thank for it, and you might say as much about hotels and boarding-houses. In the same way let those who let their houses furnished do it in a business-like and honest spirit. So many people make no allowances for even moderate wear and tear, and a cup broken or a scratch on a door is made the subject of a threatened legal action, to say nothing of the result in a crop of bitter enemies. No; cultivate sweet reason in everything. Try to put yourselves in others' places—a difficult feat for many—and learn the art of being liked. To know what to concede, and when to give way is a great one. Many charming people have tiny incomes, and that they cavil at your terms is not always because they won't, but because they can't. To battle about money is a wearisome business at best, and it may not be that they think your charges too extortionate as their purses will not admit of their paying them. So bear these few little hints in mind, both when you seek and when you let apartments.

FREE REGISTER.

No. 220.—Share of a business—registry, dressmaking, underwear, various agencies—for disposal. Terms to be arranged. Suit mother and daughter.

No. 345.—Coat and mantle maker. At ladies' houses for 2s. 6d. day. Renovations. (Penge.)

No. 362.—First-class dressmaker wants work at home, or would go as assistant or partner in high-class business. (Ealing.)

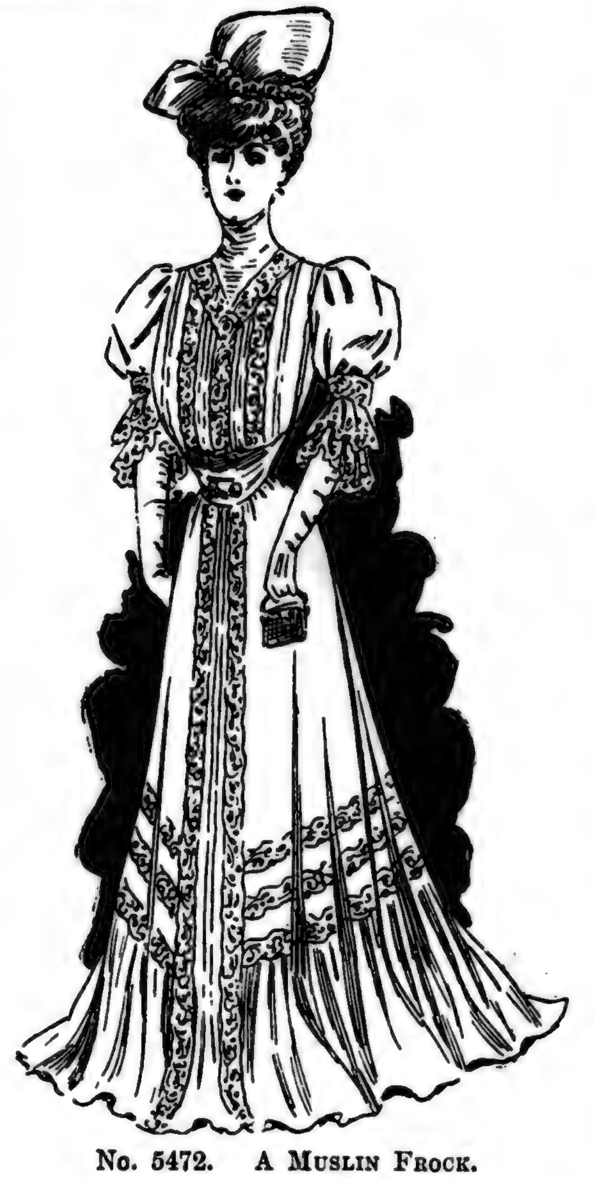
No. 364.—Needlework. Blouses, unlined, 1s.; lined, 1s. 6d. Underwear. Night dresses, from 1s., &c. Servants' and children's dresses most reasonable. Ladies' own materials. (Sussex.)

No. 366.—Dressmaking business for sale. Seven years' standing. Medium class trade.

No. 370.—Good dressmaker wanted by the day. (W.C. district.)

No. 371.—Dressmaker requires good dressmaker or thoroughly experienced bodice hand. Good maker essential. Able to cut and fit well. Liberal salary.

No. 372.—Blouses made from 2s. 3d. Underclothing: nightdresses from 1s. 6d.; chemises 9d.; drawers, 9d. Children's things in proportion. Boys' suits 3s. 6d. Will turn, cut down or renovate. Recommended.



No. 5472. A Muslin Frock.

For Description see Pages 36 to 42.

Price of Paper Patterns, Skirt 1s. 0½d.; *Foundation Skirt, or Bodice, each* 6½d., *post gree, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

ANSWERS TO CORRESPONDENTS.

NOTE.—All letters should be sent to Miss Winifred Jones. Correspondents are especially requested to observe this, as otherwise delay inevitably occurs.

Will correspondents kindly take note that under no circumstances will a private reply be sent unless a stamped envelope and twelve halfpenny stamps be enclosed? And any queries must be accompanied by a stamped addressed envelope. So many letters have reached me asking for a reply and enclosing no stamps or stamped envelope that I am obliged to make this announcement. Answers crowded out of the paper will appear the following month.

Box of Flowers (E. H.).—So many thanks for the lovely lilies, which arrived beautifully fresh. How very kind of you! I sent on a letter to you, and I should be glad to know if anything results from it.

Names of Dressmakers Wanted (Miss H.).—I have several suitable workers on my register, and on receipt of twelve halfpenny stamps and a stamped envelope I shall be glad to send you their names and addresses.

Wanted Post as Fitter (S. F.).—Please read the rules about private replies. They are printed plainly enough, yet hardly one of my correspondents attends to them. At this season of the year you should have little difficulty in getting what you want. Look through the advertisement columns of the "Daily Telegraph"—an excellent medium. Make personal application if possible. As to salary, from 25s. a week upwards, according to the class of business you enter. Your age and height are all in your favour. I am putting a notice for you in my Register, and I should like to hear what you do.

Dressmaking Business for Sale (Doris).—Yes, about £20 is a fair amount, I think. I am putting a notice for you in my Register.

Bodice Hand to Take Share in Business (R.G.).—The Register number *must* always be put on letters to be forwarded, otherwise delays inevitably occur. Kindly let me know if you come to any agreement with my correspondent.

Corsetiere (Mrs. H.).—I have put a notice for you in my Register.

Lessons in Dressmaking, etc. (Mrs. R.).—Certainly I will put you on my Register. I think there are many people who would be glad to have instruction of the kind you offer. I sent you privately the address of a lady who wanted something of the kind. I am glad to hear that you are meeting with encouragement. Thank you for your second grateful letter.

Dressmaking Business for Sale (L. S.).—I think the best way is to reckon about one-forth of your yearly turnover for the price, plus say £10 for goodwill. Reckon up, too, the original cost of your plant—machine, table &c., and value them at one-third or one-half according to their condition. This should be a fairly satisfactory method.

Dressmaker's Reference (Mrs. C.).—You enclosed neither twelve halfpenny stamps nor a stamped envelope, consequently I cannot reply privately. The dressmaker you enquire about would, I think, do what you require, but she has only done small repairs for me—not a dress.

Dressmaker at Tonbridge. (Mrs. H.).—I am glad to hear that you are getting on, and that your customers are pleased. I will remember you if any enquiries come from your neighbourhood.

Plain and Fancy Work. (Miss L. M.).—As you did not send the stamps I could not reply privately. I notice that you have changed your address. I will re-insert your notice, but I cannot promise you a new one. I advise you to make a speciality of some form of needlework—lingerie and fine blouses for choice. Then, when your connection is formed—and it should spread by reason of the excellence of your work—you should have plenty of orders. Have you tried any of the Ladies' Work Societies? But, as a rule, the best way is by getting known and recommended in your own neighbourhood.

Addresses Wanted (Miss Y.).—On receipt of twelve halfpenny stamps and a stamped envelope I will send you the addresses you want. Please read the rules.

Mantles Made, &c. (C. R. P.).—I received your coupon, &c., and am re-inserting your notice. Thank you for all the kind things you say.

Blouses, &c. (E. C.).—I am re-inserting your notice for you.

(For some Answers crowded out, see Page 47.)

'The blouse pattern has turned out a great success, and Mrs. F. has managed to make herself an extremely pretty and well-fitting blouse from it."

They are also sold in assorted packets of fifteen, at 1s. 6d., post free.

MYRA'S LIBRARY OF NEEDLE-WORK.

The Handbooks are published at ONE PENNY EACH (1½d. post free).

An Important Series of HANDBOOKS, plentifully illustrated, dealing with all kinds of PLAIN AND FANCY NEEDLEWORK, for Amateur or Professional workers.

No. 1, SEQUIN AND JEWEL EMBROIDERY.—This handsome handbook contains over 20 Illustrations and full descriptions for making this new and beautiful style of Art Needlework. The most expensive Sequin trimming can be made at very small cost.

No. 2, WOOL CROCHET WORK (Part I.).—Contains 45 Illustrations. Full descriptions for making more than 20 useful articles for Ladies', Children's, and Gentlemen's wear. The descriptions are carefully prepared, and are thoroughly reliable.

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No. 5, SMOCKING (Part I.).—Contains 28 Illustrations of this very pretty and useful form of needlework, which is invaluable in working children's clothes, ladies' blouses, shirts, &c., in various silks and cottons.

No. 6, COTTON KNITTING.—29 Illustrations. How to knit Shamrock, Palm Leaf, Cockle Shell, Seed Point and Diamond, Maltese, Cingalese, and Heart Lace, Greek Insertion, Pomegranate Border, &c. Also complete designs for Lace Collars, D'Oyleys, &c.

No. 7, ORIENTAL EMBROIDERIES.—This handbook has been prepared by an expert, and contains very beautiful and original designs in Egyptian, Algerian, Bulgarian, and Hungarian Embroidery. 59 Illustrations.

No. 8, STOCKING KNITTING (Part I.).—22 Illustrations. Is an exceedingly practical and instructive pamphlet showing how to knit the different styles of toe and heel, ladies' stockings, gentlemen's socks, and children's night socks.

No. 9, MACRAME LACE.—Contains 27 Illustrations of this most ancient of crafts. Many novel and pleasing designs are given, and the working is carefully described and clearly illustrated.

No. 10, COTTON CROCHET.—An excellent guide to the making of Lace D'Oyleys, Borders, Edgings, and Greek Insertion. 21 Illustrated Designs.

No. 12, CANVAS WORK.—Illustrated by 32 engravings. Contains many beautiful designs that can be applied to a variety of purposes.

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No. 14, SIMPLE EMBROIDERIES.—Contains 29 Illustrations of simple but effective embroideries worked on such ordinary and easily-obtained materials as cretonne, huckaback, glass cloth, &c.

No. 15, WOOL CROCHET WORK (Part II.).—14 Illustrations. Very pretty designs for working Shawls, Sofa Rugs, Ladies' Vests, Tam-o'-Shanters, Infants' Jackets and Shoes.

No. 16, FILET GUIPURE LACE.—Contains some very beautiful designs. The working is simply described, and the merest novice could not fail to understand the very careful designs and sketches (27 in number) which accompany the letterpress.

No. 17, CROCHET LACE.—20 Illustrations of Link Pattern, Maltese, Diamond, Fan and Braid Lace. The descriptions are carefully written, and some very handsome designs are given.

No. 18, LACE BRAID WORK.—Illustrated by 32 engravings. Describes the working of Picotina, Honiton Lace, Pompadour, and other Embroideries suitable for Tea and Sideboard Cloths, Duchesse Table Covers, Sachets.

No. 19, WOOL KNITTING.—How to knit Babies' Boots, Gaiters, Socks, and Bonnets, Shawls, Underskirts, &c. 20 Illustrations.

No. 20, RIBBON and OTHER EMBROIDERIES.—Contains a variety of designs for Tea-cloths, Table Centres, Tea Cosies, Nightdress Cosies, Cushion Covers, &c. 27 Illustrations.

No. 21, SMOCKING (Part II.).—Illustrated by 29 engravings. Contains some very pretty, effective, and useful designs for all classes of material.

No. 22, DRESSMAKING (Part I.—The Bodice).—Treats of the Choice of Materials, Self-Measurement: Cutting, Fitting, Pressing and Boning Bodices. Illustrated by nearly 30 diagrams.

No. 23, EMBROIDERY STITCHES.—This handbook tells the worker what materials will look best, and what stitches are most suitable. It contains 103 illustrations, which are so clear that the merest tyro cannot fail to understand them.

No. 24, DRAWN WORK (Part II.).—Contains 40 Illustrations of Faggot Stitch, Herring Bone, Clusters, Fringes, Wheels, Point de Reprise, &c., &c.

No. 25, STOCKING KNITTING (Part III.).—Contains many pretty fancy Stockings and Socks for Ladies and Children; also Socks for our Soldiers, and for charitable purposes.

No. 26, WOOLLEN COMFORTS FOR SOLDIERS AND SAILORS (well shaped, quickly made); Balaklava Helmets, Cholera Belts, Tam-o'-Shanters, Socks, Guernseys, Cardigan Jackets, &c.

No. 27, WOOL CROCHET WORK (Part III.).—A very interesting number for home use. It contains illustrated directions for making Doll's Petticoats, Combinations, Drawers, Stockings, Cape, Hat, Shoes and Outdoor Costume, Petticoat for a Girl, Ladies' Slippers, Knickers, Shawls, Knee Cap, Gentleman's Waistcoat, &c., &c. 13 illustrations.

No. 28, SMOCKING (Part III.).—Contains an entirely new set of designs for the Ornamentation of Dresses, Blouses, and Children's Frocks, Pinafores, and Cloaks. Is illustrated by 30 engravings.

No. 29, KNITTED WOOLLEN GARMENTS FOR INFANTS. This work is entirely devoted to Children's Knitted Woollen Clothing. Every design has been carefully worked out from the actual garments, and is fully described and illustrated. The contents comprise Infant's Vest, Jacket, Hood, Boots, Vest with Sleeve, and Overall. 18 illustrations.

No. 30, PILLOW LACE FOR BEGINNERS.—21 Illustrations, all fully described. This work deals chiefly with Buckinghamshire or Torchon, a very pretty and simple lace.

Of all Newsagents and Bookstalls.

BEETON and Co., Ltd., 10 and 11, Fetter Lane, E.C.

Home Decoration.

THE CHOICE OF A HOUSE.

As Michaelmas approaches many people will be contemplating the onerous task of finding a house to suit their special wants. To hear of such places is not difficult; indeed, judging from the agents' lists and the newspapers, desirable houses at small rents are the rule rather than the exception. But when it comes to an inspection of the same they are very different from the written description. A "walled garden" turns out to be a strip of ground furnished with a clothes line; dressing-rooms prove to be little more than roomy cupboards; and "good stabling" refers to anything from a cattle-shed upwards. What wonder that after much fruitless journeying up and down the country so many people give up the quest in despair, and either stay on in a house of which, at any rate, they know the worst, or move into another, *faute de mieux*, which is very far removed from their ideal.

On the whole, it is best to avoid agents, and advertise in the local papers of likely districts, giving the number of rooms and amount of ground required. By this means one usually gets into correspondence with someone anxious to sublet for the remainder of a lease, or the possessor of a house in which he is unable to live. Full particulars should be obtained by letter—aspect, soil, sizes of rooms, &c., before a journey is made down to the place. A great many houses which at first sound likely can be eliminated in this way, and much trouble, expense, and disappointment avoided.

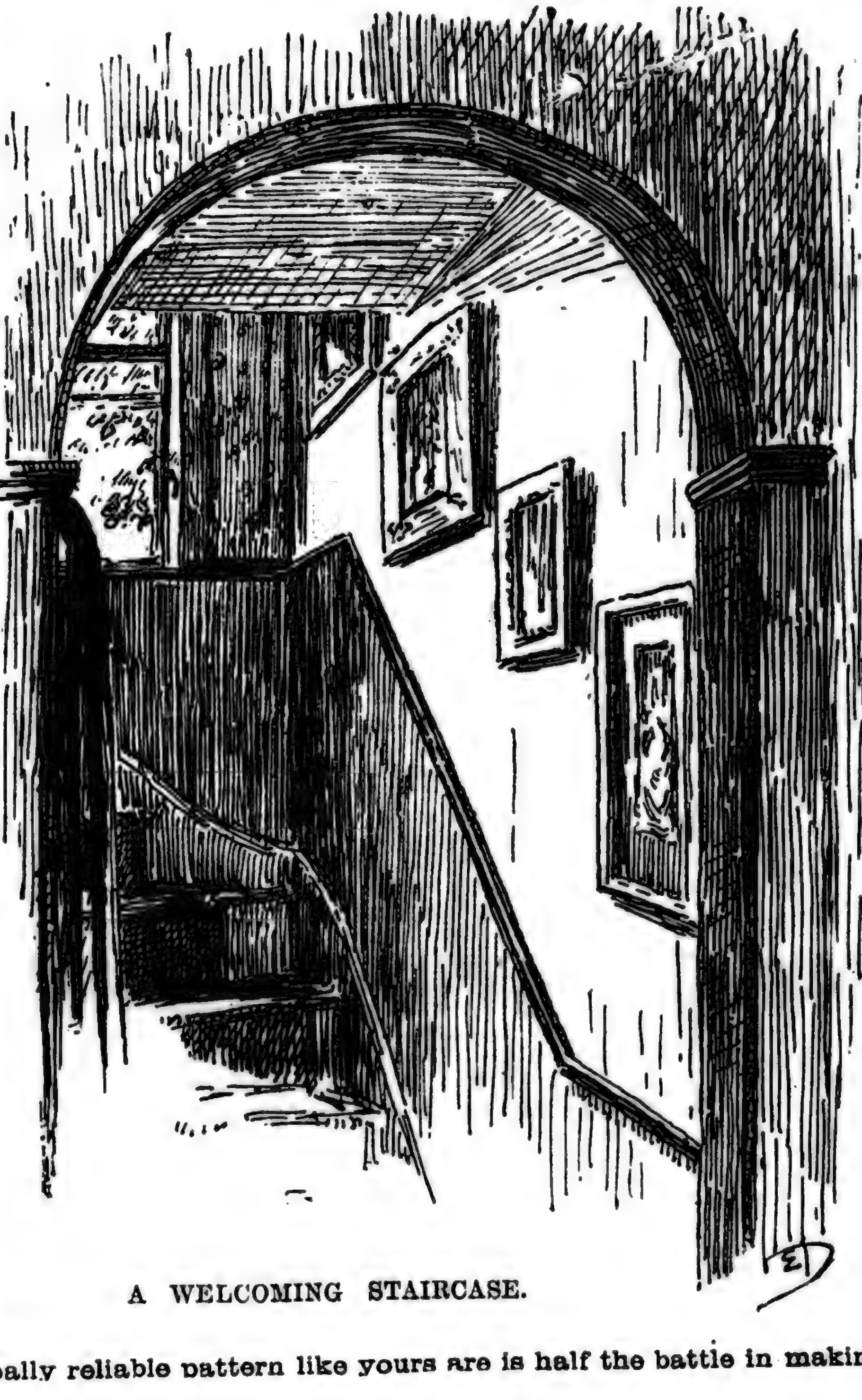
It is a good plan before inspecting the house to make a list of questions to ask about it and the neighbourhood, otherwise one reaches home with the annoying thought "I forgot to find out about so-and-so," or "We never noticed whether there were too many stairs for our carpet." The notebook should also contain the sizes of present carpets, number and length of curtains for each room, &c., so that there will be no unpleasant surprises when the time for moving comes. In this climate a sunny aspect is perhaps the most desirable qualification for a house, after, of course, such uninteresting but vital points as drainage, water supply, coal cellars, and the like. Then large windows and airy passages add greatly to the charms of a house, and a good supply of cupboards always brings content to the feminine mind. The ideal house, once found, must be acquired on the most favourable terms possible, and this is more easily done by taking it on lease than by entering into a yearly agreement.

The landlord will naturally do more in the way of decoration and small improvements for a tenant who is bound down for a certain length of time, and if the house has been chosen with any discretion there is not likely to be any difficulty in sub-letting should circumstances demand a move before the lease is expired. The cost of drawing up a lease should always be agreed upon beforehand. The tenant usually pays this, and if no understanding is come to, the bill may add considerably to the inevitable expense of moving. Before, however, entering into the lease question the landlord should be approached on the subject of any additions or alterations desired in the house; he is far more likely to meet a tenant half-way before the latter is committed to the house than after. The absence of a bathroom spoils many houses, yet this can often be added or a room converted to make one, without any serious expense. After the improvement is made, the landlord (if it has been done at his expense) usually proposes to raise the rent of the house, and although the tenant may feel aggrieved, it is, after all, a fair arrangement, as the house naturally commands a higher rental under the improved conditions. A common arrangement is to charge 5 per cent. on the outlay, so that improvements costing £40 would add only £2 to the yearly rental.

Where there is no water supply upstairs the question of making a bathroom is more complicated, but the landlord will sometimes consent to put in a high-pressure boiler if the tenant provides the bath, and in such cases no percentage is charged. Before deciding on a house it is prudent to find out whether the rates and taxes in the locality are high, as in some places these are so heavy as to quite discount the advantages of a low rent. The lighting, too, has to be considered. The gas rate in many places is very high, and although this form of lighting is convenient for passages and offices, I much prefer lamps for sitting-rooms, and a generous supply of candles for bedrooms.

Moving house means a lot of work any worry, but there is something very interesting in arranging one's possessions anew, and giving them entirely different surroundings. The choice of new papers is almost always left to the tenant, the landlord giving a price limit for the papers. The local decorator then appears on the scene with beguiling demeanour and patterns of old-fashioned wall papers proving the survival of the unfittest. But, as a matter of fact, if the local man is told with decision that you prefer to choose your own papers from London, and that he can either order them from you or decline the job he gives way gracefully. He gets his commission equally from the London firm.

J. LESLIE.



A WELCOMING STAIRCASE.

"A really reliable pattern like yours are is half the battle in making things."

SPENCER EDGE

COOKERY AND HOUSEHOLD MANAGEMENT

WASHING AT HOME.

STARCHING AND IRONING.

It is almost needless to say that cleanly-washed clothes are treated with greatest unfairness if the starching and ironing, which follows washing, drying, and folding, be badly done, and equally, good starching and ironing can never make badly washed and untidily folded clothes look well. The various processes must go hand in hand; each one must be carried out conscientiously, each one must be studied so that it is accomplished by the best method. Then will a well-begun washing become a well-finished task in due course.

The clothes must be separated into starching and non-starching bundles. Into the former go collars and cuffs, shirts, blouses, skirts, aprons, muslins, curtains, and whatever else it is desired to stiffen. In the latter, flannels and woollen goods of all descriptions, silken garments, and whatever we wish to be soft and pliable when done up.

The next important task is to make the starch. When this is done starching begins, and when that is done there is an interval during which much plain ironing may be got through, because starched things are all the better for lying, rolled up, for some hours before they are ironed.

TO MAKE THE STARCH.

For cold-water starch, for cuffs and collars, mix one tablespoonful of starch with ½ pint of cold water until all the lumps are smoothed out. Add four drops of turpentine and half a teaspoonful of dissolved borax (dissolved in a tablespoonful of boiling water), and then add another ½ pint of cold water.

Cold-water starch for table linen is not required nearly so stiff, and it is quite enough to allow one teaspoonful of starch and the same quantity of dissolved borax to 1½ pints of cold water, and if the linen is only to be very slightly stiffened, which some people prefer, the quantity of water may be increased by from one to two-thirds.

Another starch, suitable for print dresses, &c., is made without borax, and with one pint of water to one teaspoonful of starch.

Boiled starch is made by first mixing the starch in cold water to a paste, and then adding boiling water, stirring all the time, until the starch becomes perfectly clear and thick. A shred of wax, or a stir round with the end of a paraffin candle or a piece of pale soap, will improve it. It may be thinned, if necessary, before use by adding some cold water.

The aim we have in starching is to stiffen the things starched. When using cold-water starch all the cooking of the starch, which means its thickening, and its stiffening qualities, is brought about by the action of the hot irons in ironing. In hot-water starch this is done by the hot water, which *boils* the starch.

Having prepared the starch, the garments or articles of any kind must be dipped in it (and well rubbed between the fingers if thick), squeezed well, smoothed out, and rolled up tightly and laid aside.

It is possible to starch things either wet or dry. That is generally quite a matter of individual preference, but if wet we must not forget that rather less water must be put into the starch, or else the additional water already in the clothes will reduce stiffness too much.

Collars and cuffs should be dry before starching, and after starching should be laid out flat on a clean towel and rolled up.

Shirts should be quite dry before starching; then, with a clean, wet rag they must be damped all round the breast, above the cuffs, and below the band at the neck. This is to prevent the starch running back into the shirt. Then the stiff front, gathered into the hand, is dipped into the starch and well rubbed to ensure the even distribution of the starch into the inner folds of the linen. The collar and cuffs and neckband being similarly starched, rubbed, and squeezed, must be placed on the starched breast. Then the body must be sprinkled with tepid water and the whole lightly rolled up and laid aside. Great care must be taken not to allow the starch to touch any parts except those above-named.

IRONING.

While the starched things are waiting the plain ironing may go on.

The table must be as long and as broad as can be managed, and not too low. It requires a thick felt cover, or blanket, and a scrupulously clean white ironing sheet. An iron-holder and an iron-stand are necessities; and it is well also to have an old duster upon which to dust the irons, and a small sheet of many-times-folded brown paper, strewn with salt, upon which to clean them and make them smooth. If before using, and directly they are taken from the stove, they are rubbed over with a candle-end, or a piece of wax, tied in a muslin, and then well rubbed upon the sprinkled salt they will be beautifully smooth.

SOME GENERAL RULES FOR IRONING.

All things, except flannels, should be damp before ironing, and things starched in cold starch should be *very* damp.

Any materials like calico, print, chintz, &c., which require a gloss, should be ironed on the right side. Things with a raised pattern on the right side—white damask table-linen, pocket-handkerchiefs, spun silk garments, &c.—should be ironed on both sides and finished on the night. It is a useful guide to ironing to remember that all the small parts of garments, such as frills, tapes, bands, lace and embroidery, &c., are ironed first, and that hems and thick parts require doing very thoroughly, first on one side and then on the other, to ensure quite thorough drying.

For the novice let me say that very hot irons only must be used, and that the articles ironed must be completely dried by the irons, and only hung up to air, not to dry. Too many people iron badly because they grudge labour, and only half-dry with the iron, hoping that the process will, as it were, complete itself while the things hang upon a screen. This is quite a fallacy, and articles so ironed never keep in condition, but crush and crumple very quickly, and never look smart and neat.

To have things folded straight, ironed smooth, and thoroughly dried by the iron is the whole science of ironing, and practise makes perfect in this as in every other pursuit.

In ironing starched things we must have the iron very smooth, very hot, and very clean. It must be moved quickly back and forward, and never allowed to stick, or there will be unpleasant blotches, and even dirty marks left.

TO IRON A SHIRT.

Iron the sleeves first, placing them quite flat on the table; next iron the cuffs. Then fold the shirt in two, down the back, and iron each half separately. Lay the shirt down flat on the table and iron the front part of the body. Next make a pleat of all the fulness in the centre of the back. Then iron the yoke, next the neckband, and last of all the starched front. Place a little board, padded with flannel, and with a clean calico cover, inside the breast. Wipe the front over with a damp rag and iron well, smoothing any fulness to the sides, to avoid creases. The iron must be very hot, but not so hot as to scorch. A wise ironer will test the iron on an old rag kept for the purpose.

After ironing, shirt-fronts and cuffs, collars, &c., must be polished. This process requires a steel polishing iron, which is made with a curved surface. It must be very hot, and then, the ironed breast, &c., being again damped, very slightly and evenly, with a damp *(not wet)* rag, the polishing iron is quickly and heavily passed back and forward until the required degree of polish is attained.

A FEW WORDS ABOUT IRONS.

For ordinary domestic ironing, flat irons are the best. They may be heated before a clear fire or on a stove, either coal, oil, or gas; but in the case of the latter it must be remembered that the gas itself must not come in contact with the irons or they will become rusty. The most useful sizes are 6 and 7.

I do not recommend box irons, in spite of their undoubted cleanliness, because of the large amount of fuel needed for heating the inner heater. Gas, also, is costly—and unhealthy, too—though in many laundries it is used on account of the constant, even heat attainable. Irons must be cleaned before use, and cleaned again before being put away. Powdered bath-brick is the usual, and very effective, agent for this. They must be kept in a dry place, and if by accident they become rusted they may be cleaned with bath-brick, or emery, mixed with paraffin. New irons require to be heated several times before using.

Irons should not be blackleaded, nor should the iron-stands be so treated, and the top of the ironing stove, if such is used, should simply be kept very clean, and not polished at all.

Coke is the best fuel for ironing stoves; it is clean and economical.

I shall be glad, in correspondence, to give directions for the ironing and starching of special garments; or to answer any questions upon home laundry work which are sent to me. I should like to thank my correspondents for many kind and pleasant letters, and to assure them, one and all, that it is ever the greatest pleasure to me to answer queries, to find recipes, to advise, and to help in any branch of household management, and that no letter is too trivial or unimportant for my hearty consideration. Letitia Hope.

(For Answers to Correspondents see page 48.)

Cookery Recipes and Household Hints

PRIZE COMPETITION

To provide our readers with interesting and original recipes for Cooking and Hints for the Household, we are offering:

FOUR PRIZES, 2s. 6d. each,
for the Four Best Cooking Recipes, and
FOUR PRIZES, 2s. 6d. each,
for the Four Best Household Hints.

Competitors must send in their Recipes and Hints on or before August 15, addressed to "Mrs. Hope, Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

One or both the coupons below must be sent in with the Recipes or Hints.

Competitors must write their Cookery Recipes and Household Hints on *separate sheets*, and put their name and address on each. The sheets can then be pinned together with each coupon.

COOKING RECIPES.
AUGUST, 1905.

HOUSEHOLD HINTS.
AUGUST, 1905.

The Result of the Competition will be published in the October number.

November 29. 1901.—"I have been a subscriber to your journal for many years and always find it most useful to me in my business."—E. Stenning

HEALTH AND PERSONAL ATTENTION

(*See MYRA'S ANSWERS IN "MYRA'S JOURNAL"*).

EXTRACT FROM

POSTAL TOILET LIST.

[New and greatly enlarged edition, with chapters on the care of the hair and complexion, &c., and many new preparations, will be sent by return of post, on receipt of stamped address; also illustrated pamphlet on Face Massage and the Care of the Complexion.]

PHILIP H. MASON,

Pharmaceutical Chemist, 25, BANK PLAIN, NORWICH.

IMPORTANT NOTICE.—All Articles in this List admit of Postal Transit, and will be delivered free per post at the prices marked, secure from observation, and carefully packed on receipt of P.O.

Agents for New Zealand: Messrs. Walker, 125, Colombo St., Christchurch.
„ „ South Africa: Mr. F. H. Carman, Mill St., Cape Town.
} **From these Agents any of the Toilet Preparations may be obtained**

COLD CREAM OF WOOL FAT AND CUCUMBERS (Nuthall's).—Strongly recommended for general use, both on account of its healing qualities and of its freedom from irritating properties. Wool fat is essentially the natural fat of the Skin, and upon its presence depends the Skin's healthy condition. When absent or deficient, the skin loses its elasticity, becomes dry, and apt to chap and crack. The above Cold Cream will be found to remedy and prevent all these unpleasantnesses, and its continued use will render the skin distinctly softer, more elastic, and of a healthier colour. It is emollient and healing, and will counteract the ill-effects of hard water and of over-exposure to cold, wind, or sun. Its constant use is invaluable for preventing and removing wrinkles and crowsfeet. 3s. 6d.

THE GARRISON HAIR DYE.—An absolutely harmless hair dye in one solution. Easy in application, rapid, cleanly, and almost infallibly certain in effect. This is the Hair Dye *par excellence* for those who prefer a dye in one solution. Black or Brown, 3s. 6d. per case.

AUBURN TINCTURE.—Imparts that much desired tint—a rich auburn. It will be found most useful for giving warmer shades to pale brown and flaxen hair, and is indispensable for auburn hair which is turning grey. Hair treated with it, retains a perfectly natural appearance. Being free from all mineral matters, it is quite harmless. It is also cleanly and permanent. Prepared in three shades—Auburn, Auburn-Red, and Golden Auburn. 3s. 6d.

NORVICIA CREAM AND HERBAL POWDER.—A perfect skin food. Price of case of the two preparations, 3s. 6d. By the combined use of these novel and most successful preparations the beauty of the complexion can be indefinitely conserved, and all blemishes, spots, roughness, and tan effectively removed. They afford perfect media for thoroughly massaging the skin, assisting to a remarkable extent the removal of the worn out and the building up of new tissue, whilst the muscles, upon which the appearance of plumpness depends, are greatly strengthened and developed. The cream nourishes the inner cuticle and subjacent tissue, and the albumen of the powder exercises a like effect upon the outer cuticle.

EMULSINE OF CUCUMBERS.—Dr. Anna Kingsford's Formula, Thin, 3s. 6d. and 10s. 6d.; Thick, 3s. 6d. and 10s. 6d. These Emulsines resemble the Crême Froide in their general properties, but are prepared for those who prefer an emulsion to a cream. The thick Emulsine is especially intended for the prevention of wrinkles, and is also highly recommended for winter use, while the thin Emulsine is adapted for whitening the complexion, and for summer use.

"Against the crowsfeet use Mason's Thick Emulsine. With respect to wrinkles, I have said again and again that nothing removes them so satisfactorily as the thick Emulsine. For flushing of the face and dryness of the skin use Mason's Thin Emulsine of Cucumbers. 'Cool as a cucumber' is, as you know, a comparison that has become a proverb, and with good reason. Mr. Mason has prepared two excellent emulsions of cucumber, thick and thin, which I have not seen equalled. To these he has now added a Crême Froide aux Concombres. As the responsibility for these formulas rests, in a large measure, with myself, you may feel sure I should not recommend them unless I had complete confidence in their excellence."—Anna Kingsford, M.D.

JABORANDI HAIR TONIC.—Prepared from selected South American Jaborandi Leaves, containing the newly-discovered alkaloid Pilocarpine. Highly recommended by medical authority as a hitherto unapproachable stimulant to rapid growth of hair. Used not only to prevent the hair falling, but to stop advance of greyness and induce vigorous secretion of the natural colouring pigment. 3s. 6d., 10s. 6d.

PETROLATE OF SULPHUR.—For promoting the growth of the Hair, and for preventing greyness. A new compound, which not only promotes the growth of the Hair, but also largely increases the formation of its colouring pigment. Its use has the effect of nourishing the Hair and increasing its growth, and also of improving its colour, preventing the increase of greyness, and removing that already existing. Price 2s. 6d.

The effect of this, used in combination with the Jaborandi Tonic, has recently been found ***most remarkably successful***. A lady writes, "To arrest the greyness I applied the Petrolate of Sulphur regularly every night, rubbing it well into roots of hair, while in the morning I applied the Jaborandi Hair Tonic with a soft tooth-brush. I am most pleased to tell you that after one month of this treatment, all the greyness has gone, completely."

BLOOM OF STEPHANOTIS.—An exquisite creamy white skin and complexion powder. It imparts a beautiful natural whiteness and youthful softness and delicacy to the skin. The painful "flushing" of the face, brownness of the neck and arms, undue redness of the face and hands, are obviated by one application. For personal appearance at Court, the Ball, or Concert it is indispensable: it represses the unpleasantness of sensible perspiration and its disagreeable accompaniments. Travellers and residents in warm climates will find it invaluable. It so entirely prevents the discolouring action of the sun on the skin that freckles are almost unknown to those who use it. In polished apple wood case, with toilet puff, 3s. 6d.

"For my own part, I am in the habit of recommending Mr. Mason's Stephanotis Face Powder, because I trust him, and know that he is moderate in his charges and honest in quality."—Anna Kingsford, M.D.

HYGIENIC SKIN CREAM.—To all who desire to retain a smooth, healthy complexion, and soft white hands to an advanced age, this cream is indispensable, as it is unequalled for whitening the skin, removing redness and roughness, and healing chaps and cracks. Its absolute purity renders it equally as desirable for the Nursery as for the Toilet. 2s. 6d.

HENNA HAIR DYE (IN ONE SOLUTION).—An entirely vegetable preparation, obviating the use of lead or any metallic dyes. It is guaranteed to be entirely harmless to hair or health. It is most simple in application, and in every way superior to the old-fashioned metallic dyes in two solutions. 3s. 6d., 10s. 6d.

"Of all the brown dyes I have tried, I like best Mason's Henna Dye It is entirely vegetable and harmless."—Anna Kingsford, M.D.

CREAM OF STEPHANOTIS.—An exquisite creamy white skin and complexion cosmetic; imparts youthful softness and delicacy, with a beautiful natural whiteness to the skin. Composed of perfectly innocent ingredients, this Cream has a most beneficial action upon the skin. It obviates in one application brownness of the neck and arms, or undue redness of the face and hands. For personal appearance at Court, at Balls, or other crowded assemblies, it is indispensable, especially as it represses the unpleasantness of perspiration and its accompaniments. In warm climates it will be found invaluable. Also to prevent the appearance of that unpleasant redness or flushing of the face, which is so common annoyance. So completely does it prevent the discolouring action of the sun on the skin that freckles are rarely, if ever, known to those who use it. It subdues the redness of the features caused by exertion, cooling the skin in a most delightful manner. 3s. 6d. per case.

SULPHUR SOAP (for the Hair).—The natural colour of the hair is due to an organic pigment, into the composition of which sulphur and iron largely enter. It is believed that in many cases grey hair is due solely to a deficiency in this natural secretion of sulphur. In such cases the sulphur may be applied to the hair glands by occasionally washing the hair and scalp with the above soap. It is most particularly recommended that in cases of incipient greyness this should be tried before artificial colour restorers are resorted to. It is also the best soap for cleansing the hair before applying any dye or colour restorer, as it greatly quickens and enhances their action. It is also of great service for washing the skin in many cases of eruption and skin diseases. 1s. 1d.

"Better try Mason's Sulphur Soap and soft water."—Anna Kingsford, M.D.

TOILET SACHETS.—These charming novelties form an important adjunct to the Toilet, and are invaluable for improving and preserving the complexion. The Sachets are prepared from certain flowers and seeds, which possess a tonic, preservative, and softening effect upon the skin. By their constant use, the freshness of the skin natural to youth can be preserved to a mature age, the fineness of its texture improved, and the formation of wrinkles and freckles prevented. Where the complexion is already impaired, their use will bring about a marked improvement, and give a much more youthful appearance. There are three varieties of the Sachets, viz., for Blondes, for Brunettes, and Special for those with impaired complexions. 3s. 6d. per box of 25.

WALNUT JUICE AND NUTGALLS.—Having often been required to prepare Walnut Juice for ladies, I have found that it is not perfectly successful by itself as a hair stain. After many experiments I am at last able to introduce a combination of Walnut Bark and Nutgalls, which is perfectly effective in giving to grey hair various shades of rich natural brown, very different from the dull metallic black of lead restorers. It is at the same time perfectly safe (Walnut Juice has been used for centuries as a hair dye). Price 3s. 6d. per case, post free, with full directions.

DEPILATORY (Powder).—Mr. Mason is continually asked by ladies for a Depilatory which will, in one application, not only remove existing superfluous hair, but prevent its reappearance. He wishes clearly to state that it is impossible to do this. All that can be done is to remove the hair, after which an occasional subsequent application on the surface of the skin will prevent it from attaining a visible growth. The above preparation will do this without injury to the skin. With directions, 2s. per bottle.

"Mr. Mason's Depilatory is at once the cheapest and best I know of."—Anna Kingsford, M.D.

EYEBROW AND EYELASH DYE.—A simple and instantaneous application, requiring renewal only at long intervals. Has been much approved, and seems to have met a pressing want. Black or brown, 2s. 6d. per case.

"Nothing will darken the eyelashes permanently except a dye. Mr. Mason sells an eyebrow and eyelash dye at half-a-crown the case, black or brown."—Anna Kingsford, M.D.

CYCLINIA.—Specially for Cyclists. Prepared from the flowers of the Elder, effectually preserves the complexion from stress of wind or sun, and removes and prevents redness, roughness, scorch, sunburn. 1s., 1s. 9d., 3s.

SKIN FOOD.—For restoring wasted tissue and removing wrinkles. To this loss of tissue and muscular tone is due the falling away of the face and neck, loss of roundness, and formation of lines and wrinkles, but these conditions can be overcome by a steady use of the Skin Food. Its use also enables the skin to retain for many years the clear, smooth, velvety surface that is associated with youth. 2s. 9d. and 7s. 6d.

FOR OTHER HAIR DYES AND COLOUR RESTORERS SEE THE ENTIRE LIST.

SPENCER EDGE.

Descriptions of Our Illustrations.

The Fashionable Suspender Skirt.

No. 5412, Page 9. A capital model for shepherd's plaid or serge, to wear with blouses over a five-gore foundation skirt of batiste, silk, or moirette, edged with a pleating. Five-gore skirt of pleated 48-inch material, made quite apart. Pleats are wheelmarked on pattern and are stitched down in diminishing lengths from front to back. Round the waist is a shaped belt of stitched material or satin, hiding where the shoulder suspenders are secured to the skirt back and front. A small bow should be placed on each shoulder. Pipe the suspenders with satin to match belt and bows. 48-inch material, 5 yards.

A Muslin Blouse Trimmed with Broderie Anglaise.

No. 5413, Page 9. A pleated back, two pleated fronts (pleats wheelmarked on pattern) and a gauged vest, over which laps bands of *broderie anglaise.* One-piece sleeve with lower sleeve of the *broderie.* Collar of embroidery, hooking at back. 29-inch plain muslin, 3¾ yards; embroidered (for sleeves) ¾ yards. Insertion trims the vest and forms the collar. Blouse closes on left with hooks and worked loops.

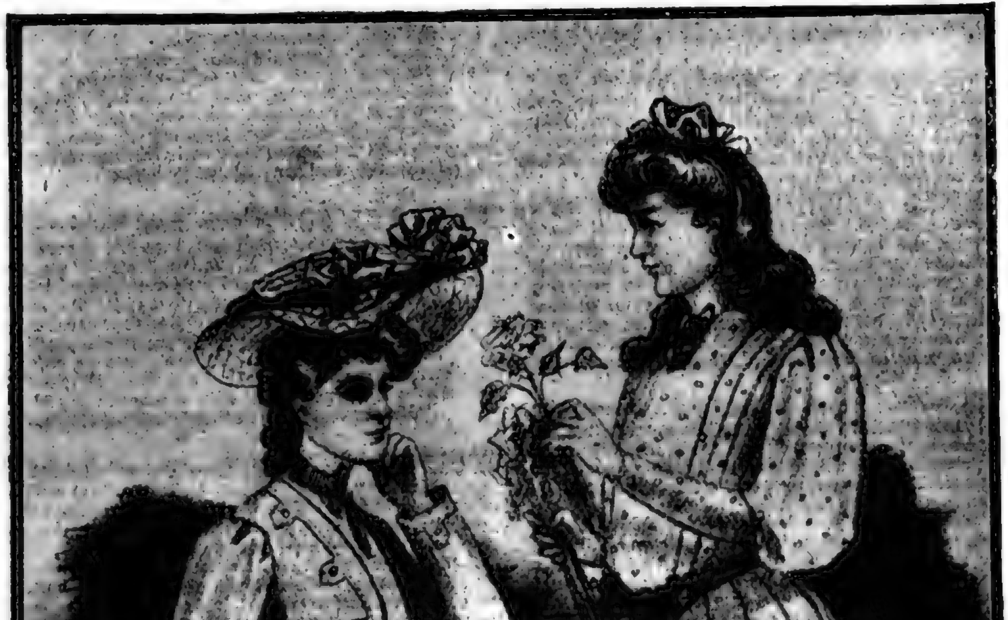
Travelling Gown of Navy Serge.

No. 5414, Page 9. Suitable also for any of the new tweeds. Looks very well in white. The pattern of skirt is in four pieces—half the front, two pleated sides, one pleated back. Back is arranged in inverted box-pleat (pleats notched and wheelmarked on pattern). Lay the pattern pieces on 5 yards of 48-inch material. The material is doubled, selvedges meeting, front centre laid on the fold so that it is cut in one piece, the other pieces being cut in duplicate. Tack together front, sides and backs. Arrange the pleats Try on. Then stitch and press the seams, and stitch down pleats. Trim with waved lines of white braid. Hem the lower edge, felled from back. Make the opening in the left tablier seam. Fell over the edges with glacé silk, and sew on glove-stud fasteners. Bind the top edge. Wear over the five-gore foundation skirt, edged with shaped flounce (pattern in one piece, half the flounce). Smart bolero—a back, two gathered fronts, a shaped band (trimmed with braid and stiffened) to shape the fronts. Line with white silk, cut on coat pattern. Collar of embroidered lawn. Big sleeve, gathered into a stiffened, braided cuff. 48-inch serge for coat, 2½ yards.

HOLIDAY FROCKS FOR YOUNG GIRLS.

For Description see Pages 36 to 42.

Price of Paper Patterns, Pleated Skirt, 1s. 0½d.; Skirt, Foundation Skirt, Blouse, or Coat, each 6½d., post free. of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*



No. 5473 No. 5474

(For description of Bathing Dress, No. 5415, see page 15.)

A Strapped Tailor Gown.

No. 5416, Page 10. Five-gore skirt with inverted box-pleat at back, strapped with bias bands of the same material or silk. Line, or wear over a five-gore foundation skirt of moirette, edged with a pleating. Stiffen and stitch the hem. Smart little bolero—a back and two fronts, the edge scalloped and strapped. Line with silk or polonaise, cut on the coat pattern but seamed apart. One-piece sleeve pleated into the armhole, and into a stiffened, strapped cuff, scallops filled in, like coat fronts, with a broché band. Coat closes edge to edge with hooks and eyes. Quantity of 48-inch serge, 6½ yards.

A Smart Linen Frock.

No. 5417, Page 10. Eleven-gore skirt, unlined, with lapped seams. Skirt is well-fitted at waist. Unlined blouse of linen —a full front and two full backs closing with button and buttonholes, beneath a small box-pleat cut with right back. It is trimmed with bands of embroidered linen or *broderie anglaise* insertion. Band collar of embroidery. One-piece puff, tucked diagonally to flat pattern, finished with an embroidered lower sleeve. 36 inch linen, 12 yards.

A Charming Tea Jacket.

No. 5418, Page 13. Of floral silk muslin, unlined, hemmed with doubled Jap silk matching the floral design. A full back and two fronts, held in with an Empire sash of the coloured silk. One piece collar, hemmed like the coat. Silk hem is headed with beading. One-piece sleeve, hemmed and held in with a silk drapery. 36-inch muslin, 6 yards; 22-inch silk, 4 yards.

A Simple Empire Tea Gown.

No. 5419, Page 13. With front view. Good model for double-width crêpe de chine. Three-piece bodice (lined), the right front cut with central skirt

"Your patterns are so excellent I do not care to use any other."—A.

pleat. Five-gore full skirt, unlined. Edge neck and waist with ribbon-threaded lace. Sash bow at back. One-piece sleeve on a smaller lining, cut with lace-edged frill. Ribbon strap and bow. 46-inch material, 8 yards.

Tea-Gown with Empire Coat.

No. 5420, Page 13. A three-piece bodice, closing on left, holds the five-gore unlined skirt, which is edged with a lace flounce. Smart coat of skirt material—a back, a narrow left front, a double-breasted pleated right front. Edge with lace. Lace yoke made up of insertion (edged with a lace flounce), closing down centre front. One-piece ruffled elbow sleeve. 46-inch material, 9 yards.

A Linen Dust or Travelling Coat.

No. 5423, Page 16. This is of Robinson and Cleaver's (Belfast) beautiful light-weight Irish linen. They will send patterns (different prices and weights, in all the new colours) on receipt of a post card. The garment is unlined but for a strip facing inside the fronts to support the buttonholes. This facing is cut on the front pattern. The pattern is in five pieces (half the coat); one back, one front, one full sleeve, one cuff, half the collar. Lay the pattern pieces on 10 yards of 36-inch linen, which is opened out and is double, so that each piece is cut in duplicate. The lacking half of collar is marked out on the single material. Collar, revers, facings, and cuff are worked in *broderie anglaise*. Tack together fronts and backs; try on. Stitch, press, and bind the seams. Sew together inside-out fronts and facings; reverse them in the proper position, and stitch down outer edges. A band of lino should be slipped in to support fastenings. Hem and bind the inside edges of facings. Hem the lower edge of coat. Sew down the left front large pearl buttons. Stitch collar to the neck of coat, and cover the seam with a bias band of linen. Seam the sleeve (binding the seams), and gather the lower edge into the lined embroidered cuff. Gather the top into the armhole, try on, stitch in the sleeve, and bind the seam.

A White Serge Travelling Coat.

(To be worn open or closed.)

No. 5424, Page 16. The pattern is in four pieces (half the coat)—half the back, one double-breasted front, the upper and under one sleeve. Lay the pattern pieces on 2 yards of 54-56-inch material, which is doubled (selvedges meeting), the back centre of back pattern laid along the fold, so that it is cut in a single piece, the other pieces being cut in duplicate. Tack together back and fronts. Try on. Stitch and press the seams. Turn up the edge all round over a band of lino; stitch down. Face the fronts with firm white silk or moire, as the facing shows when they are buttoned back. A trimming of white silk braid simulates a collar. Make buttonholes down both fronts, and sew pearl or metal buttons down both fronts. Cut the white silk (or polonaise) lining on the coat pattern. Seam and press it. Tack in place and slipstitch the turned edges over the stitched coat edges and silk facings. Seam the sleeve, turn up the edge and trim with braid. Cut and seam the lining and fell its edge over the turned serge wrist. Gather into the armhole, and fell the coat lining over the seam.

Elegant Tussor Dust Wrap.

No. 5425, Page 16. The pattern is in four pieces (half the coat)—one back, one front, half the collar, one sleeve. Lay the pattern pieces on seven yards of double-width tussor, which is doubled so that the pattern pieces are cut in duplicate. The material must be opened out for the wide sleeves. Tack together backs and fronts. Try on. Stitch and bind the seams. Turn up the edge all round over a band of lino; stitch down. Face fronts with strips of the material. Close with metal buttons and buttonholes. Line the collar with lino; face with moire. Sew the collar into the neck and fell the facing over the seam. Seam and hem the sleeve. It is gathered and stitched into the arm-hole, and the seam is bound.

A Linen Gown, Trimmed with Broderie Anglaise.

No. 5426, Page 17. Five-gore foundation skirt of batiste, silk, or moirette, edged with a pleating. Five-gore full skirt of linen, made quite apart. Bands of *broderie anglaise* outline the tablier. The top is pleated into the waist. Cut a bodice lining in mercerised cotton with back, four sides, two fronts, to close down the front centre. Tack, fit, seam, leaving only the side and shoulder seams. Veil top with a vest of embroïdered muslin, the rest with a back and two fronts of linen, fronts prettily draped. Finish the seams. Decorate with a fichu collar of the *broderie*. Close with hooks and worked eyelet holes. A gigot sleeve of the linen is pleated on a lining sleeve, with cuff of *broderie*. Straps and bows of satin ribbon. Quantity of 36-inch linen required, 12 yards. Belt matches bows.

A Double-breasted Shirt Blouse.

No. 5427, Page 17. The pattern is in seven pieces—half the tucked back, one tucked double-breasted front, half the vest, half the basque, one sleeve, one cuff, half the collar. Tucks are wheel-marked on front and back patterns. Collar and cuffs are tucked to flat patterns. Lay the pattern pieces on 4 yards of 36-inch linen, which is doubled, so that front, sleeve, and basque patterns are cut in duplicate. The back centre of back is laid on the fold. Make the tucks. Tack together the back and fronts; try on. The vest (with its collar) is sewn to the left front and hooks beneath the right front. Vest is of *broderie anglaise*, the collar and cuff being trimmed with narrower insertion than that striping the fronts. Arrange the lower edge into the two-piece basque. Try on again. Stitch the seam of junction neatly and hem the basque all round. The back edges of the basque can be seamed, or left open and hemmed. Seam and trim the sleeve. Band collar fastens in front with hooks. The cuff is sewn on the gathered lower edge of the sleeve, which is seamed inside with a fell-seam. Arrange the sleeve into the armhole, and bind the seam for neatness. Cuff closes with hooks and eyes. Belt of suède kid.

A Tucked and Embroidered Shirt.

No. 5428, Page 17. Good model for white Viyella, embroidered with green Peri Lusta Thread. The pattern of the blouse is in six pieces—one sleeve, the right front (cut with central embroidered panel), one cuff, half the back, half the collar, half the added basque. Cuff and collar are embroidered, and there are three embroidered panels on the fronts. Lay the blouse pieces on 4 yards of 29-inch Viyella which is opened out and doubled beneath sleeve and front

Creamy Plasmon Oats. **Delicious Plasmon Cocoa.**
Plasmon Biscuits. **Plasmon Tea.**

AIDS DIGESTION.

PLASMON

BRACES THE NERVES.

Beef Plasmon. **Plasmon Arrowroot.**
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pattern so that each is cut in duplicate. If the Viyella has a floral design (which cannot be reversed) do not fold the material, but cut it and lay the two widths face to face, the direction of the design coinciding in both. But it is better to select plain Viyella. Above, the single material is folded over (selvedges meeting), the back centre of pattern laid on the fold. Make the tucks and embroider the plain panels. Tack, fit, and sew seams. Gather into the seamed basque. The collar is embroidered (it can be lined with Viyella). The collar hooks at the back, and the cuff closes with very small hooks and worked loops. The large sleeve is seamed. It is gathered into the embroidered cuff. Tucks are wheelmarked on pattern.

Tucked and Embroidered Linen Blouse.

No. 5429, **Page 17.** The pattern is in six pieces—half the tucked back, the right tucked front cut with tucked centre, half the basque, one tucked sleeve, one cuff, half the collar. Tucks are wheelmarked on front, sleeve and back patterns. Embroidered fronts, collar, and cuff (or lower sleeve) with Peri Lusta Thread. Lay the pattern pieces on 3⅜ yards of 36-inch linen, which is doubled, so that front, sleeve, cuff, and basque patterns are cut in duplicate. The back centre of back, and front centre of collar, patterns are laid on the fold. The left front, of course, is cut without the central tucks. Embroider the fronts, cuffs, collar. Make the tucks. Tack together the back and fronts; try on. Make buttonholes down a doubled band mounted beneath the right front's last tuck, hem the left front, and sew the buttons down the hem. Seam the side seams (run-and-fell seams). Arrange the lower edge into the two-piece basque. Try on again. Stitch the seam of junction neatly and hem the basque all round. The back edges of the basque can be seamed, or left open and hemmed. Band collar (embroidered) fastens at the back. The deep cuff is sewn on the gathered lower edge of the sleeve, which is seamed inside with a fell seam. Gather the sleeve into the armhole, and bind the seam for neatness. Cuff closes with hooks and eyes or buttons and buttonholes, or it can be seamed. Belt of suède kid.

Boy's Flannel Suit.

No. 5437, **Page 19.** Good model for grey Viyella. Two-piece knickers, buttoning in front, hung by buttons. Tunic with back and two double-breasted fronts (fronts faced with strips of Viyella), closing on right with buttonholes and pearl buttons arranged in groups. Belt of white leather. Large collar of white linen and vest of the same. Two-piece sleeve closing with two round pearl buttons. 31-inch material for a boy of four, 3 yards.

Girl's Frock of Chequered Zephyr.

No. 5438, **Page 19.** Mr. Christopher Williamson, Desk 10, 91, Edgware Road, London, W., has excellent zephyrs at very low prices, of all colours and designs. Full skirt of zephyr, edged with two cross-cut frills of zephyr. Gather into a bodice lining, buttoned at back. Blouse of gathered zephyr, back closing with a box-pleat (cut with right back). Arrange into a three-piece yoke of *broderie anglaise* edged with a zephyr ruche. One-piece sleeve, gathered to form two puffs on a lining, and lower sleeve of *broderie*. Collar of *broderie*. 29-inch zephyr for a girl of seven, 6 yards.

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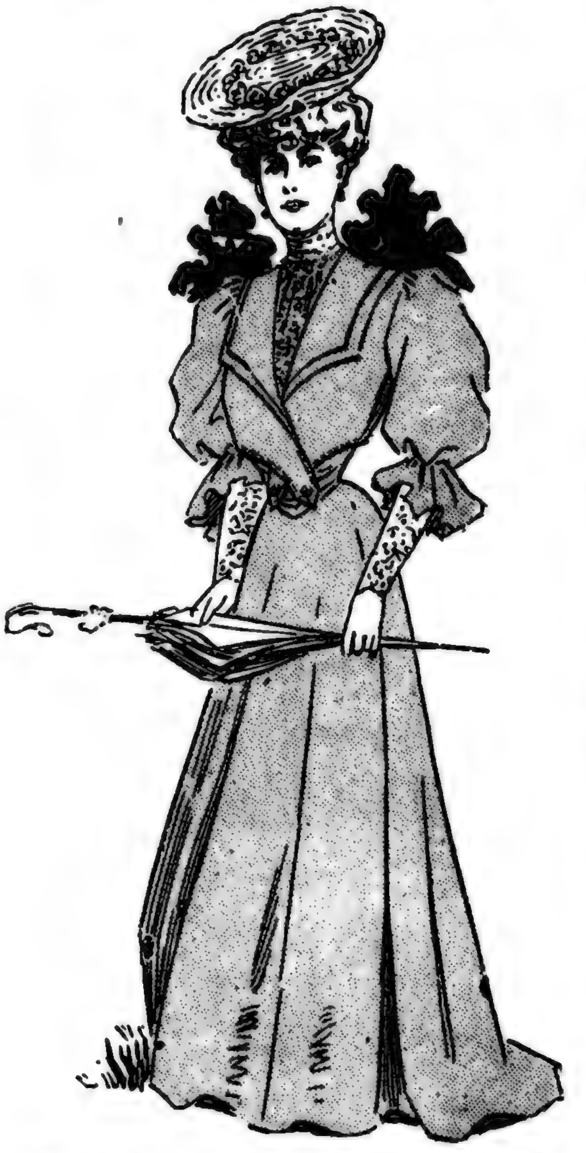
Sailor Frock of White Serge.

No. 5439, **Page 19** A 3-piece pleated skirt (pleats wheel-marked on pattern) edged with a broad band of blue linen for ornament, hung on a three-piece lining (buttoning at back). Serge blouse, closing at back or passing over the head with no opening, decorated with a blue linen collar (detachable). White serge vest can be tacked on the lining. Blue silk tie. One-piece sleeve arranged into armhole, pleated into a linen cuff, closing with hooks and eyes. 42-inch serge for a girl of five, 3 yards.

Pretty Frock of Lutas Leathley's Blue Zephyr.

No. 5440, **Page 19.** Patterns can be had, post free, from Messrs. Lutas Leathley, 105, Armley, Leeds. Full skirt, tucked to flat pattern or decorated with added tucks (doubled cross-cut bands). Gather into a three-piece lining, buttoned at back. Blouse of zephyr, back closing with a box-pleat (cut with right back). The front is cut away to show a vest of *broderie anglaise*. Collar of zephyr, the edge covered with a gauged frill. One-piece short sleeve, gathered on a lining to form a frill. 29-inch zephyr for a girl of seven, 6 yards.



No. 5475. A SERGE TRAVELLING GOWN.

For Descriptions see Pages 36 to 42.

Price of Paper Patterns, Skirt, Foundation Skirt, or Coat, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

Girl's Linen Coat.

No. 5441, **Page 19.** A back and two single-breasted fronts of linen, unlined, fronts faced with strips of linen and closing edge to edge with hooks and eyes. Added coquillé revers of linen, trimmed with lace or thin galon. Collar of linen (one-piece), edged with galon. One-piece sleeve gathered into a shaped linen frill, trimmed with galon. 36-inch material for a girl of ten, 5 yards.

Girl's Muslin Dress.

No. 5442, **Page 19.** Full five gore skirt tucked to flat pattern. Top is pleated (bound with a ribbon) to fit the waist. Wear over a five-gore foundation skirt or good petticoat. Blouse of muslin hooking in front, a back and two open fronts (closing at waist), filled in with a tucked vest of spotted muslin (tucked to flat pattern), which is mounted on the three-piece front of the batiste lining. Deep frill of lace or muslin. A sleeve lining holds the one-piece muslin puff, and the braided white lower sleeve. One-piece braided collar of white muslin and spotted band collar. Quantity of 29-inch flowered muslin required for a girl of 14, 8 yards.

Afternoon Gown for a Matron.

No. 5443, **Page 18.** Seven-gore shaped skirt of plaid, with lapped seams, lined. Smart French coat of taffetas matching the plaid—a plain back and two gathered fronts (gathered into shoulder of back). The waist is gathered into the two-piece basque. Added boned belt of the same silk. Gathered collar (gathered to flat pattern). Trim with pleatings of the silk. Elbow sleeve gathered on a lining to form two puffs, edged with a frill. 46-inch plaid, 4½ yards; 22-inch taffetas, 6 yards.

Matron's Shoulder Cape.

No. 5444, **Page 18.** To match the skirt, of pastel cloth or tussore—a back, two fronts and added cape sleeve. Face the fronts and collar with the material. The rest is unlined. Trim with lace appliqués. 48-inch cloth, 1½ yards.

Matron's Cool Blouse.

No. 5445, **Page 18,** A back and two fronts of silk muslin, with a yoke and front panel of spotted net, mounted on a thin silk fitted lining closing at back under a box pleat. Trim with lace insertion and lace-edged frills. Puff sleeve, lined, with net lower sleeve. Tuck collar to flat pattern. 27-inch net, 2 yards; 44-inch muslin, 2 yards.

Matron's Coat and Skirt of Serge.

No. 5446, **Page 18.** Five-gore skirt, unlined, trimmed with added hem band. 48-inch serge, 5 yards. Wear over a moirette foundation skirt or line with linenette. Coat of the serge. The pattern is in nine pieces (half the coat): one back, two side pieces, one front, half the collar, one rever, one cuff, the upper and under of one sleeve. The fronts meet edge to edge (hooks and eyes) at the top, and cross at the waist with button and buttonhole. Lay the pattern pieces on 2½ yards of 48-inch material, which is doubled (selvedges meeting), so that the pattern pieces are cut in duplicate. Tack together backs, sides, and fronts of coat. Try on. Stitch and press the seams. Close with hooks and eyes down the centre. Fronts are stiffened, and revers are faced with velvet and trimmed with white chiffon frill. Cut the silk lining on the coat pattern. Seam and press it. Tack it in place, and slipstitch the turned edges over the coat edges. The sleeve is large at the shoulder. It is decorated at the wrist with a velvet-faced cuff, and is lined (lining seamed apart). It is pleated and stitched into the armhole, and the sleeve lining is felled over the seam.

Muslin Blouse for Table d'Hote.

No. 5447, **Page 21.** It is intended for white muslin, plain and embroidered. The pattern is in seven pieces (half the blouse): half the front, one back, one sleeve, one sleeve lining, half the vest, half the collar, one under puff. Use a very fine light lining like silk. Lay the pattern pieces for plain muslin on 4 yards of 29-inch muslin, which is opened out and double beneath sleeve pattern, so that it is cut in duplicate. The vest, collar and puff take 1½ yards of embroidered muslin. Gather the front down the centre, to drape it a little. Tack the pieces together. Fit. Stitch the seams (a run and fell seam). Trim with frills of cross-cut muslin. Close the back with small hooks and worked loops. Gather the sleeve on to the lining, decorating it with the embroidered puff and frills. Tack the seams and try on. Arrange the sleeve into the armhole on the wearer and stitch in, binding the seam.

A Tucked Muslin Blouse.

No. 5448, **Page 21.** It is economically cut from white silk muslin 44 inches wide. The pattern is in six pieces (half the blouse): half the back, one front, one sleeve, one sleeve lining, half the front and one back yoke in lining. Use a very fine light lining like silk. Lay the pattern pieces for muslin on 2½ yards of 44-inch muslin, which is opened out and double beneath sleeve pattern (cut in one with the frill), so that it is cut in duplicate. Leave sufficient space to tuck the fronts and sleeve to flat patterns. Fit and seam the yoke. To the

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edge gather the back and fronts. Cover yoke with lace. Right front is cut wide enough to cross over, to take the wide lace down the front, material cut away beneath. If the yoke is to be of lace only, bind the gathered top with sarsenet of the muslin colour, and stitch on it the row of ivory lace. Fit. Stitch the seams (a run and fell seam). Close the fronts with small hooks and worked loops. Gather the tucked sleeve on to the lining, decorating it with lace. Tack the seam and try on. Arrange the sleeve into the armhole on the wearer and stitch in, binding the seam. Belt of satin ribbon supported on bones.

Muslin or Crêpe de Chine Blouse with Crossed Fichu.

No. 5449, Page 21. Two draped fronts and one back, seamed, gathered on a ribbon down fronts (closing with hooks and eyes) to drape a little. Edge the one-piece fichu with lace. Gather the sleeve in two puffs on a lining, trimmed with lace. 44-inch material, 3 yards. The fichu ends hook across when the blouse is fastened.

A Gathered Muslin Blouse.

No. 5450, Page 21. A charming simple model—a gauged front and two gauged backs, mounted into a yoke of lace insertion. Gather the transparent material, and make a very easy fit. The sleeve is ruffled in the same way. Lace cuff. 44-inch muslin, 3 yards. Close with hooks and worked loops at back.

Blouse of Thin Silk.

No. 5451, Page 21. A full back and two full fronts, gathered into a lace shoulder strap. Gathered vest, arranged into strips of lace. Close on left. Made-up collar of lace insertion. Ruffled gigot sleeve with lace edging the wrist. 21-inch silk, 6 yards.

A Smart Taffetas Frock.

No. 5452, Page 23. Seven-gore skirt arranged in groups of pleats (pleats wheelmarked on pattern). The shaped bias band at edge of skirt is lined with lino, trimmed with cross-cut frills. Wear over a five-gore foundation skirt of moirette, edged with a pleating, or a smart long petticoat. Smart little bolero—a back and two fronts, trimmed like skirt with a frill-edged bias band, lined to give firmness. Trim with buttons and line with plain silk. One-piece elbow sleeve pleated on the lining, with cuff like coat trimming. Quantity of 22-inch silk, 14 yards.

Smart Pier Gown of Embroidered Linen or Muslin.

No. 5453, Page 23. Five-gore foundation skirt of mercerised cotton or moirette, edged with a deep pleated flounce. Overskirt (six breadths) of the embroidered material, gathered to fit waist, with band of *broderie anglaise*, edged with a narrow muslin pleating or a narrow edging of *broderie*, down the front seam. Trim lower edge with a wide flounce of the embroidered material, decked with *broderie anglaise* and muslin frills. Cut a bodice lining, back, four sides, three-piece front, to hook on left of centre panel. Tack, fit, seam, leaving only the side seams. Veil with a vest made up of *broderie*, also with a back and full fronts of the embroidered material. Finish the seams. Embroidery band collar and stole collar decorated like tablier. One-piece elbow sleeve of the embroidered material, gathered on a smaller lining, with *broderie* lower sleeve, decorated like collar. 29-inch embroidered material, 10 yards.

Nightdress of White Veiling.

No. 5454, Page 24. The pattern is in five pieces—half the tucked front, half the back, half the back yoke, half the collar, one sleeve. Lay the pattern pieces on 4 yards of 46-48-inch veiling, which is doubled under sleeve pattern, so that it is cut in duplicate. Slit the front centre for an opening. Sew the tucks and put on the lace—woollen torchon. Finish the slit with stitched straps, closing with buttons and buttonholes, and decorate with a tucked and lace-edged frill. Gather the back into the lined yoke. Seam together back and front. Collar is trimmed with a frill of veiling and woollen torchon insertion and edging. The sleeve is arranged into a lace-covered band, the lower part forming a lace-decked sleeve frill.

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Original Night-dress of Tucked Horrockses' White Flannelette.

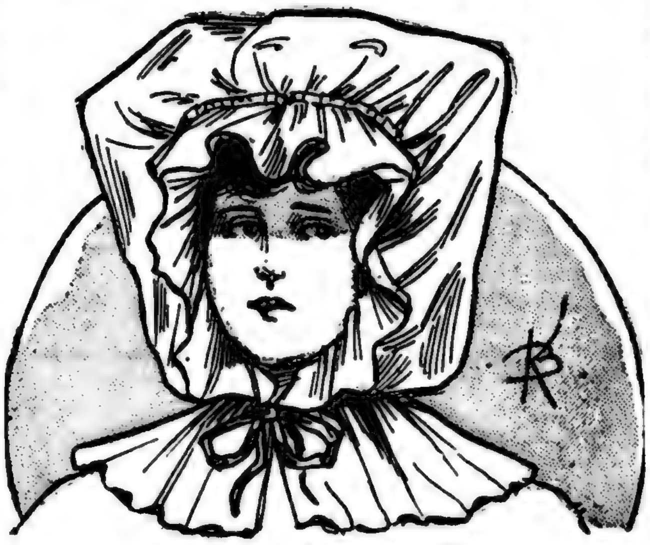
No. 5455, Page 24. The pattern is in thres pieces—half the tucked front, half the back, one sleeve. Tucks are wheelmarked on front pattern. Lay the pattern pieces on 8 yards of 31-inch flannelette, which is doubled under sleeve pattern, so that it is cut in duplicate. The single material being too narrow for the back and front pieces, added corners are seamed up the selvedges. Sew the tucks. Slit the front for an opening. Finish the slit with stitched straps, closing with buttons and buttonholes. Seam together back and front. Tuck is finished with a band of galon. The sleeve is arranged into a galon band, which helps to form sleeve frill (tucked to flat sleeve pattern). Ribbon bows.

A Tucked Chemise of White Veiling.

No. 5456, Page 24. The skirt is tucked to flat pattern, or it can be simply hemmed. A tucked back and tucked front (tucks wheelmarked on front and back patterns). Front is decorated with hemstitched band. Lace edges neck and armhole. 46-48-inch material, 2 yards.

Charming Breakfast Gown of Nun's Veiling.

No. 5457, Page 24. Two backs, two fronts, a front panel, pleated into a three-piece Empire yoke of lined veiling, strapped with galon. Closes on left with hooks and worked loops beneath a bow. Fronts and back of yoke are joined by added shoulder-pieces of strapped and lined veiling. Pleated one-piece sleeve strapped with galon. 46-inch veiling, 8 yards.



No. 5475a. Motoring Hood.
For Description see Pages 36 to 42.
Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

Knickerbockers for the Holiday Outfit.

No. 5458a, Page 24. To be carried out in tan linen (to match stockings). The pattern is in four pieces—half the knickerbockers, half the one-piece shaped band, the shaped flap band, the knee band. The detachable lining can be of longcloth or Horrockses' Flannelette. The shaped band and the flap band alone are lined, the knee band being doubled. Quantity of material, 4 yards of 29-inch linen. For linen patterns, send to Lutas Leathley, 105, Armley, Leeds.

Detachable Lining for Knickerbockers.

No. 5458b, Page 24. Horrockses' Flannelette is best for this. Pattern is in three pieces: half the knickers, the flap band, the knee band. Buttonholes are made all round to hang the linings to buttons sewn at the edge of the shaped and flap bands No. 5458a. 29-inch flannelette, 4 yards.

An Embroidered Viyella Petticoat.

No. 5459, Page 24. A three-gore short skirt edged with a shaped flounce (embroidered with Peri Lusta thread) which is eased into the petticoat edge. The flounce is scalloped and worked in buttonhole stitch. 31-inch Viyella, 7 yards.

Longcloth Drawers.

No. 5460, Page 24. Two widths of 29-inch longcloth are required, one for each leg. The legs are gathered into a lined shaped band, which fits over the corset, buttoning at back. The legs are gathered into a tucked band (tucked to flat pattern), which holds the tucked and lace-edged frill. 29-inch material, 3 yards.

Smart Gown of Tucked Plaid Taffetas.

No. 5461, Page 26. Five-gore foundation skirt of silk or moirette, edged with a pleating. Five-gore full skirt of pleated taffetas, made quite apart. Pleats arranged into a one-piece hip yoke (closing at back) finely tucked to flat pattern. Cut a bodice lining with back, four sides, two fronts, to close down the front centre. Tack, fit, seam, bone, leaving only the side and shoulder seams. Veil top with a buttoned vest of plain muslin tucked to flat pattern, the rest with a back and two crossed fronts of taffetas, trimmed with velvet ribbon and buttons. Finish the seams. A puff sleeve of the material is tucked to flat pattern and is pleated on a lining sleeve, with tucked lower sleeve. Velvet belt. Quantity of 22-inch taffetas required, 16 yards. For the taffetas send for patterns to the Holborn Silk Market, Holborn Bars, E.C. Their sale is on, and their beautiful taffetas are very cheap.

Coat and Skirt of White Serge.

No. 5462, Page 26. Five-gore skirt, unlined, pleated front and back (pleats wheelmarked and stitched down all the way, trimmed with metal buttons. 48-inch serge, 5 yards. Wear over a moirette foundation skirt. Coat of the serge. The pattern is in seven pieces (half the coat): one back, two side pieces, one front, half the collar, the upper and under of one sleeve, one cuff. The fronts meet edge to edge (hooks and eyes) near top, and cross at the waist, to close with a tab and buttons. Lay the pattern pieces on 2½ yards of 48-inch material, which is doubled (selvedges meeting), so that the pattern pieces are cut in duplicate. Tack together backs, sides, and fronts of coat. Try on. Stitch and press the seams. Fronts are stiffened and the broché band is stitched on the coat. Cut the white silk lining on the coat pattern. Seam and press it. Tack it in place, and slipstitch the turned edges over the coat edges. The sleeve is large at the shoulder. It is decorated at the wrist with a broché faced cuff. It is lined (lining seamed apart). It is pleated and stitched into the armhole, and the sleeve lining is felled over the seam. The upstanding turn-over collar is faced with serge.

Holiday Gown of Striped Viyella.

No. 5463, Page 26. Smart pleated skirt. The pattern is in four pieces—half the pleated front, two sides, one pleated back. Front and backs are arranged in pleats partly stitched down. Pleats are wheelmarked on the pattern. The plain sides are decorated with a shaped strap in Vandykes. Lay the pattern pieces on 9 yards of 31-inch material. The material is opened out and double, so that the breadths (all but front) are cut in duplicate. Where not wide enough added corners must be seamed on. The single material is folded over for the front, front centre laid along the fold. Tack together front, sides, and backs. Arrange the pleats, try on. Put on the straps. Then stitch and press the seams and stitch down pleats. Hem the lower edge, felled from the back. Make the opening in the left tablier seam. Finish with strips of Viyella and sew on glove-stud fasteners. Bind the top edge, closing with two hooks and eyes, fitting the waist easily. The pocket can be inserted in one of the pleats at the back, whichever is found most convenient. Wear over a five-gore foundation skirt. Smart little coat of the same material:—A back, a narrow left front, and a full tucked double right front arranged into a shaped lined band. Tucks are wheelmarked. Line bands, felling lining over the seams. Close with metal buttons and braid loops. Two-piece sleeve, unlined, decorated with a strap. 31-inch material, 14 yards.

Blouse for a Muslin Dress.

No. 5464, Page 26. Simple pretty model, quite unlined except the sleeve, which should have a tranparent lining. Pattern in six pieces: half the full front, one full back, one sleeve, half the band collar, half the two-piece collar, one sleeve lining. Fichu collar is of *broderie anglaise* edged with muslin frills. Satin bows. Muslin pleated frills edge the sleeves. Band collar of the muslin. 29-inch muslin, 3⅜ yards.

Tucked Linen Cross-over Shirt Blouse.

No. 5465, Page 26. A tucked back and two tucked crossed fronts (tucks wheelmarked on pattern). Stitched cross-over collar, held down with buttons. Separate vest and collar of linen. One-piece puff sleeve with buttoned lower sleeve. 36-inch linen, 4 yards.

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A Linen Coat and Skirt.

No. 5466, Page 27. Five gore skirt, decorated with stitched straps and buttons. Wear over a five-gore foundation skirt of moirette, edged with a pleating, or a good batiste petticoat. Smart little bolero—a full back and two full double-breasted fronts, and a front panel arranged into a three-piece yoke of *broderie anglaise* beneath a linen strap. One-piece sleeve gathered on to a smaller lining, with strapped lower sleeve. Only front panel and yoke are lined. Quantity of 36-inch linen, 12 yards.

A Viyella Coat and Skirt.

No. 5467, Page 27. Smart pleated skirt. The pattern is in four pieces—half the pleated front, two sides, one pleated back. Front and backs are arranged in pleats partly stitched down. Pleats are wheel-marked on the pattern. Lay the pattern pieces on 9 yards of 31-inch material. The material is opened out and double so that the breadths (all but front) are cut in duplicate. Where not wide enough added corners must be seamed on. The single material is folded over for the front, front centre laid along the fold. Tack together front, sides, and backs. Arrange the pleats, try on. Then stitch and press the seams and stitch down pleats. Hem the lower edge, felled from the back. Trim with two added tucks (bias double bands). Make the opening in the left tablier seam. Finish with strips of Viyella and sew on glove-stud fasteners. Bind the top edge, closing with two hooks and eyes, fitting the waist easily. The pocket can be inserted in one of the seams on the right, whichever is found most convenient. Wear over a five-gore foundation skirt. Smart sacque coat of the same material. A back and two double-breasted fronts arranged into a back and front yoke. Line yoke, felling lining over the seams. Face fronts, collar, and cuff with Viyella. One-piece sleeve. 31-inch Viyella, 5 yards. Crescent pockets. Metal buttons. Bind the seams open if coat is unlined.

Travelling Costume of B.B. Tweed.

No. 5468, Page 27. Skirt in five gores, lined, decorated with fine braid and metal buttons in a sort of "musical stave" pattern. Smart coat—a back and two double-breasted fronts (fronts faced tweed). Face collar with velvet. The big sleeve is arranged on a smaller lining. The rest of the lining is cut on coat pattern, but seamed apart. Decorate coat like skirt. Close with metal buttons and braid loops. Quantity of 48-inch tweed, 8 yards. Send for patterns of tweed to Best's Dress Goods Company, Bradford, who will pay carriage of patterns both ways.

French Sailor Hat.

No. 5468a, Page 29. Of burnt fancy straw, trimmed with black satin ribbon, forming a big, long bow on the left.

Mushroom Hat.

No. 5468b, Page 29. A very good model for the pier, of pale green straw, trimmed with a wreath of roses.

White Tuscan Hat.

No. 5468c. Page 29. The side is held up in a very becoming way with shaded grey and white wings. Wreath of pink roses.

Travelling Toque of Fancy Straw.

No. 5468d, Page 29. Of black-and-white straw. The only trimming is a group of white and grey shaded pen plumes.

A Smart French Sailor Hat.

No. 5468e, Page 29. Of coarse burnt straw, the wide crown's side decorated with a wreath of variegated leaves and berries. Wing on right.

A Pretty Travelling Dress.

No. 5469, Page 30. Five-gore skirt of tweed or serge, lined, with added hem band (cut to shape on skirt pattern). Smart little bolero coat of the same material. A back and two double-breasted fronts. Line with silk or polonaise, cut on coat pattern, but seamed apart. Face the two shaped collars with glacé. One-piece sleeve on a smaller lining, finished with stiffened cuff. Close with metal buttons. 48-inch material, 7 yards.

A Taffetas Afternoon Gown.

No. 5470, Page 30. Five-gore foundation skirt of silk or silk moirette, edged with a pleated flounce. Overskirt (seven breadths) of taffetas, made quite apart, pleated or gathered into the waist. Trim with two gathered bouillonnés (cross-cut bands). Cut a bodice lining, back, four sides, a three-piece front to hook on left of centre panel, which has the top veiled with lace. Tack, fit, seam, leaving only the side seams. Veil with a back and two crossed fronts of the taffetas. Finish the seams. Band collar of lace. Fichu collarette of the bouillonné silk. One-piece sleeve, gathered on a smaller lining trimmed with a bouillonné and a lace frill. 22-inch material, 17 yards.

Pretty Style for Soft Silk.

No. 5471, Page 30. Smart pleated skirt. The pattern is in four pieces—half the pleated front, two sides, one pleated back. Pleats are wheelmarked. Lay the pattern pieces on 5 yards of 48-inch material. The material is doubled, selvedges meeting, front centre laid on fold, so that front is cut in one piece, the other pieces being cut in duplicate. Tack together front, sides, and backs. Arrange the pleats, try on. Then stitch and press the seams. Hem the lower edge. Pleats are tacked together inside for a few inches. Decorate with bouillonnés of silk in interlaced rings. Make the opening in the left tablier seam. Fell over the edges with silk, and sew on glove-stud fasteners. Bind the top edge, closing with hooks and eyes. The pocket can be inserted in one of the pleats at the back. Wear over a five-gore foundation skirt. Cut a bodice lining, back, four sides, two fronts, to hook down front centre. Tack, fit, seam, and bone, leaving only the side and shoulder seams. Veil with a vest made up of gathered silk, also with a back and two fronts of silk. Finish the seams. Pleated frill fichu, decorated with lace. Lace band collar, hooks at back. One-piece elbow sleeve gathered on a smaller lining, with lace frills. 22-inch silk, 14 yards.

A Muslin Frock.

No. 5472. Page 31. Seven-gore skirt, trimmed with a shaped band, decorated with a flounce of cross-cut muslin. Front is pleated (pleats wheelmarked on pattern). The top is gathered into the waist, bound with Cash's washing ribbon. Trim with lace insertion. Skirt is quite apart from the five-gore foundation skirt, which is finished with a corded shaped flounce to support the over-skirt. Blouse (unlined) with a tucked front and two tucked backs, right back cut with box-pleat. Tucks and pleat are wheelmarked on pattern. Detachable vest and collar of tucked muslin (tucked to flat pattern). Full sleeve on a smaller lining, with cuff and frills. Broad taffetas belt supported on bones. 29-inch muslin, 12 yards.

Girl's Coat and Skirt of Linen.

No. 5473, Page 36. Five-gore unlined skirt, closing in left tablier seam. Smart coat closing on left, arranged into a waistbelt. It is trimmed with shaped straps held by buttons. Two-piece straped sleeve. 29-inch linen for a girl of fourteen, 9 yards.

Girl's White Serge Skirt and Muslin Blouse.

No. 5474. Page 36. Five-gore skirt, unlined, arranged in stitched down pleats—pleats wheel-marked and notched on pattern. Muslin blouse tucked back and front, closing with hooks and eyes on the left. One-piece sleeve with fitted lower sleeve. Band collar holds the detachable linen collar and silk tie. 44-inch serge for a girl of fourteen, 4 yards; 29-inch muslin, 3½ yards.

A Serge Travelling Gown.

No. 5475, Page 38. Five-gore skirt with inverted box-pleat at back. Line (lining seamed apart) or wear over a five-gore foundation skirt of moirette, edged with a pleating or a smart long petticoat. Smart little bolero—a back and two crossed fronts, lined with silk (lining seamed apart), slipstitched to stitched coat edges. Interline the tab ends to stiffen them. Metal buttons. One-piece double collar prettily stitched. Close with hooks and eyes. One-piece elbow sleeve gathered on a lining to form puff and frill. Quantity of 48-inch serge, 6 yards.

A Motoring Hood.

No. 5475a, Page 39. The hood is a circular piece gathered with a ribbon runner passed through a strap of the material. Make of tussor or any silk. It is arranged into a shaped frill which covers the shoulders. Double width tussor, 1½ yards.

Muslin Skirt Trimmed with Broderie Anglaise.

No. 5476, Page 41. Seven-gore skirt, tucked to fit the waist (tucks wheelmarked). Trim with bands and flounces of embroidered muslin. 29-inch plain muslin, 9 yards. Wear over a five-gore foundation skirt of silk or moirette, short, eked out with a wide shaped flounce (pattern in one piece, half the flounce). To give firmness, the flounce is covered with small cross-cut frills, each hemmed with a cord. Capital model. 24-inch material, 10 yards.

Box-Pleated Plaid Skirt.

No. 5477, Page 41. It should be worn over the five-gore foundation skirt edged with a shaped flounce (pattern in one piece—half the flounce). The pattern is in four pieces—half the pleated front, two pleated sides, one pleated back. Pleats are notched and wheelmarked on the pattern. Lay the pattern pieces on 5 yards of 48-inch material, which is doubled (selvedges meeting). The material is not wide enough to take wider pieces therefore added corners must be seamed up the selvedge, the lines of the plaid made to meet. Tack the seams and pleats according to the notches, leaving the opening at the back. Try on. Stitch and press the seams and sew together the pleats for some inches. Turn up the hem and stitch it, pressing it well. Finish the side opening (hidden in the left pleat) with felled bands of sarsenet; close it with glove-stud skirt tapes. Bind the top edge and close it with two hooks and eyes.

Gathered and Tucked Transparent Skirt.

No. 5478, Page 41. For muslin, voile, &c. The pattern of the skirt is in four pieces (half the skirt): one back, two sides, half the tablier. Lay the pattern pieces on 5 yards of 44-inch material. Tack the seams according to the notches. Stitch and press the seams. Gather the material to fit the waist. Try on the skirt. Hem the lower edge. Finish the back opening with stitched facing bands of silk, and close with hooks and eyes. Trim with groups of tucks (tucked to flat pattern). Wear over the five-gore foundation skirt of silk or moirette.

Smart Pleated Skirt.

No. 5479, Page 41. Good model for tweed, coating, or serge. The pattern is in four pieces—half the front, one back, two sides. The skirt cuts more economically out of serge, or any material which has no distinct up-and-down to interfere with reversing the breadths. Lay the pattern pieces on 5 yards of 48-inch material, which is folded (selvedges meeting), the front centre of front pattern laid along the fold, so that it is cut in a single piece, the other pieces being cut in duplicate. The pleats are wheelmarked on the pattern. Tack together backs, sides, and front according to the notches. Arrange the pleats and try on. Stitch and press the seams, leaving free 10in. of the tablier seam for an opening. Hem the skirt. Secure the pleats by tacking together the material to the knees. The top edge is bound, and the opening is finished with felled and stitched straps of silk. It can close with buttons or with glove stud skirt tapes. The pocket is inserted in this opening, or in a pleat on the right side.

Two-piece Bell Skirt.

No. 5480, Page 41. The pattern is in one piece—half the skirt. Lay the pattern on 3½ yards of 48-inch cloth, which is opened out and is double, so that the piece is cut in duplicate. Do not fold cloth if it has a distinct "up-and-down." Cut it and lay the breadths face to face, so that the material is not reversed. As the cloth is not wide enough, added corners have to be seamed at selvedge, and this leads to waste, except that the large piece over goes a long way in supplying a coat or bodice to match or to make a false hem. Seam on the added pieces. Tack front and back seams (opening in back seam); try on. Stitch and press the seams. Hide the front seam with a braided design. Cut a false hem from the waste. Seam it on over a band of lino, and either stitch down closely or trim like the front seam, Arrange the top into a ribbon after finishing the back opening with felled bands of sarsenet. Close with glove-stud skirt tapes, and close the top with hooks and eyes. The pocket can be inserted in the opening. This skirt

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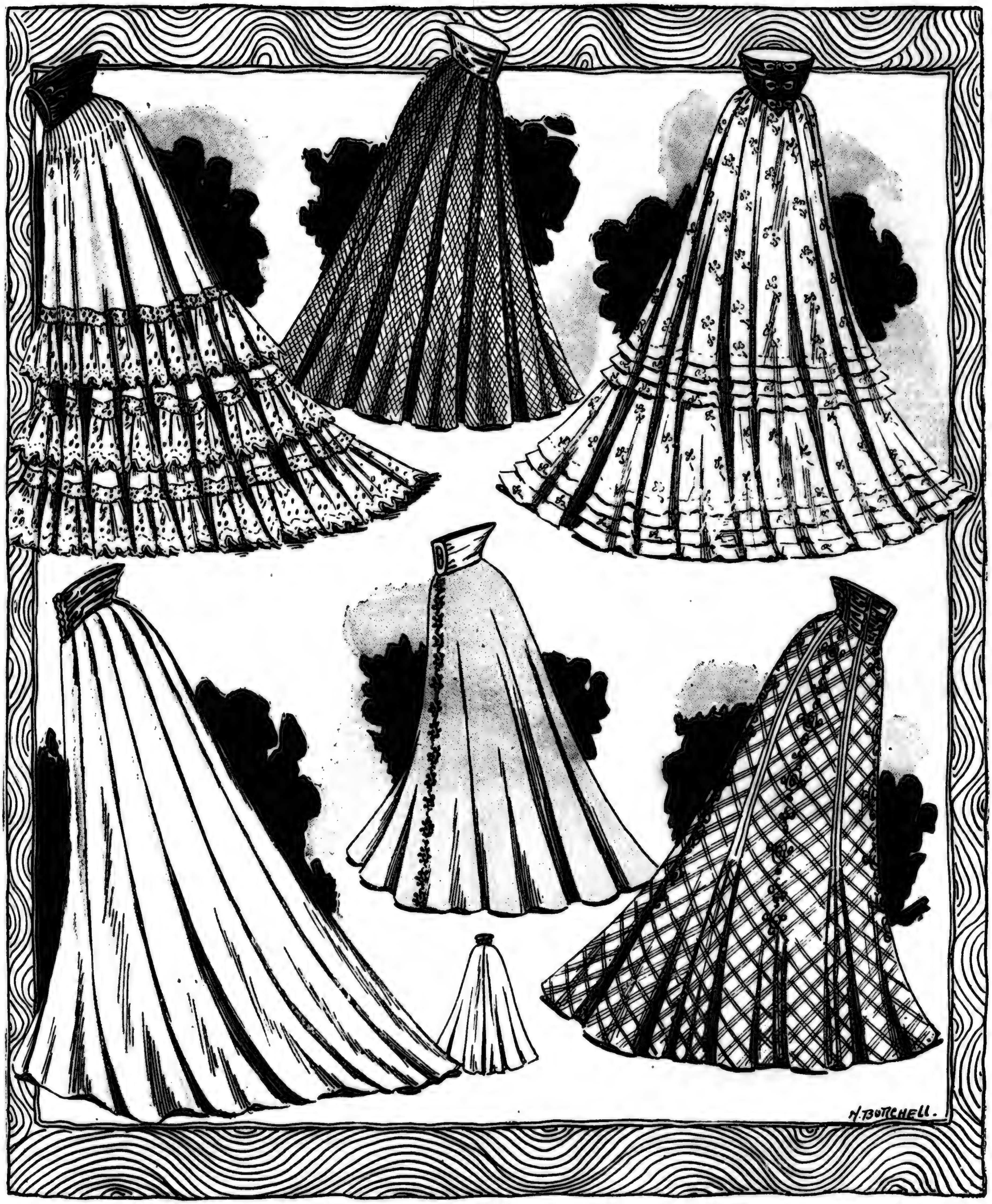
YOU CAN'T BURN THE CANDLE AT BOTH ENDS; if you work hard you must live well. Take HORLICK'S MALTED MILK, the lightest and most nourishing diet for physical endurance and mental stress. There is nothing more convenient or more easy to prepare, the addition of hot water being all that is needed. On this account it is the most convenient form of refreshment when frequent nourishment is required. All chemists and stores stock HORLICK'S MALTED MILK, at 1s. 6d. and 2s. 6d. A free sample will be sent by enclosing two stamps for postage to Horlick's Food Company, 34, Farringdon Road, E.C.

"I have only just seen 'Myra's Journal,' and like it so much that I shall continue to take it."—M. Lake, Halliford St., Islington.

No. 5476 **No. 5477** **No. 5478**



No. 5479 **No. 5480** **No. 5481**

FASHIONABLE SKIRTS FOR THE SUMMER.

For Descriptions see Pages 36 to 42.

Price of Paper Patterns, Pleated or Tucked Skirts, each 1s. 0½d.*; Skirts, or Foundation Skirts, each* 6½d.*, post free of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

can be lined, or it can be worn over the five-gore foundation skirt of moirette (edged with a pleating of the same).

Smart Styles for Plaid.

No. 5481, Page 41. Seven-gore skirt alternately arranged in plain and pleated panels, the plain panels braided. Cut the material on the cross, and seam on added breaths where the material is not wide enough, taking care that the plaid stripes meet. Pleats are wheelmarked on the pattern. This design looks very well in serge or tweed. Wear over the five-gore foundation skirt, edged with a pleating.

A Mousseline de Laine Blouse.

No. 5482, Page 45. A plain back and two tucked fronts (tucks wheelmarked) arranged into a one-piece American yoke. Wide central added panel. One-piece sleeve with deep buttoned cuff. Collar hooks at back. 29-inch material, 3¾ yards.

Box-pleated Linen Blouse.

No. 5483, Page 46. The pattern is in six pieces—half the pleated back, the right pleated front (cut with central box-pleat), half the basque, one sleeve, half the collar-band, one cuff. Pleats are wheelmarked on back and front patterns. Lay the pattern pieces on 3¾ yards of 29-inch material, which is doubled so that cuff, front, sleeve, and basque patterns are cut in duplicate. The back centre of back and collar patterns are laid on the fold. Arrange and embroider the pleats. Tack together the back and fronts; try on. Make buttonholes down the box-pleat, hem the left front, and sew the buttons down the hem. Seam the side seams (run-and-fell seams). Arrange the lower edge into the two-piece basque. Try on again. Stitch the seam of junction neatly and hem the basque all round. The back edges of the basque can be seamed, or left open and hemmed. Make and put on the collar. Decorate it with a French muslin collar and tie. The sleeve is seamed inside with a fell seam. Pleat the sleeve into the armhole and bind the seam for neatness. The lower edge is gathered into the strapped and embroidered cuff. Belt of soft silk, supported on bones. Embroider the circles in satin stitch with Peri Lusta thread. (See "Embroidery Stitches" from "Myra's Library of Needlework," price 1½d. post free.

A Taffetas Blouse.

No. 5484, Page 46. A full front and two backs of taffetas are arranged into a three-piece lace yoke. Close at back. Decorate yoke edge with a crossed bouillonné of taffetas. Velvet buttons and straps. Lace band collar hooking at back. One-piece sleeve gathered to form two puffs and a frill on a smaller lining. Lace lower sleeve. 21-inch taffetas, 4 yards.

Stapped Linen Frock.

No. 5485, Page 48. A five-gore skirt, the tablier and backs pleated (pleats wheelmarked). Decorate with straps of same linen. Strapped bolero—a back and two fronts, closing at neck only. Elbow sleeve. The straps are decorated with metal buttons. 36-inch linen, 12 yards.

INDIAN EMBROIDERIES.

A most interesting exhibition of Indian embroideries was held from June 26 to July 1 at the Dering Yard Gallery, 67A, New Bond Street, W., under the auspices of the Upper India Trading Co., of Cawnpore. The embroideries hailed principally from Lucknow and Kashmir, and included fine specimens of embroidered rugs, carpets, shawls and curtains, and beautiful scarves and articles of dress—all extremely cheap. Large rugs, richly worked in bold designs, were marked at 10s. and under. What chiefly attracted the attention, however, in these days of embroidered washing frocks, and embroidered house and table linen, was the beautiful *white* collection—fine grass-bleached lawns worked most daintily in white—just the things for beautiful washing blouses and dresses, table covers, table centres, doyleys, &c. &c.

These white Cawnpore embroideries, in which Lady Curzon has taken such a marked interest, are to be introduced. They are not those wares to which we are more or less accustomed—not the embroideries we have been in the habit of buying or admiring in the various Oriental shops that occur in almost every street. Every exhibit was duly marked as to its price in plain figures, a discount of 10 per cent. being allowed during the exhibition. Dressmakers, home or professional, interested in this white embroidery should communicate with the London agents, W. Hutchinson and Co., Trafalgar Buildings, Charing Cross.

HOW TO MAKE PAPER HATS.

As the August weather gets warmer, invitations for tennis, croquet, and picnic parties begin to arrive, and the girl with a small dress allowance anxiously inspects her stock of last summer's hats and dresses. She sighs sadly as she unwillingly discards old favourites; hopes had arisen that they might be wearable for just a little while with new trimmings, but somehow the bright June sunshine shows only too clearly the ravages wrought by last season's gaieties. New blouses and hats for even everyday wear are positive necessities.

The former are easily managed, for clever fingers can do marvels with the aid of a machine and a few shillings—but alas! the "dreams" of straw hats so temptingly displayed in the shops are a very different matter, the new shapes alone costing from 5s. to 10s. After an indulgence in four or five pretty odds and ends, the necessary "wherewithal" is painfully lacking, and now is the time for the paper hat, with its modest cost of 1s. 1½d. for all materials, to come to the rescue.

But won't it *look* paper? is the disconsolate damsel's rather natural remark, as she wonders how it is possible to make anything but her "mother's lampshades" out of crinkled paper; yet I think the young lady would be very much astonished if she realised how many of the pretty straws she has envied and admired on other girls' heads are simply the production of their owner's clever fingers from the despisped paper costing 3½d. a roll.

Now there are two ways of making this fashionable novelty, but I recommend the one given first, as being simpler to work and quicker to finish, than method number two. The materials required are three rolls of coloured lamp-shade paper and cotton to match. The best paper for the purpose is to be obtained of Messrs. W. Whiteley, who keep a nice crisp make in all colours.

Take one roll, and having removed the wrapper, lay it upon a board or some hard substance, and being careful to see that the edges at each end are quite even, divide the roll with a measuring-tape into three pieces, and cut with a *sharp* knife, using a sawing motion to prevent any chance of tears or jagged edges. You now have three miniature rolls about 6½ inches wide. Undo a yard from each and secure to prevent the whole length becoming undone; pin the three strands firmly to a chair-back, and commence the ordinary plait for hair-dressing. The work must be close and firm although not too tight, and should when complete give the idea of a coarse straw about 1¼ inches wide. It is well for a beginner to practise and experiment before starting on the material to be used for a hat, for at first there is always some difficulty in getting the even, neat appearance required for success.

Treat the next roll in the same way and plait in the ends neatly, securing the join with a stitch, and you are now ready to start the hat.

Take the plait and twisting the ends in commence to sew round and round, each fresh row a little underlapping the last as in an ordinary straw. Be careful to keep the round very flat, and continue until the size required is reached—in my example the crown measured 7 inches across and took 5 rows. All rows should start, join or end at the back; mark this point with a pin.

TO TURN THE SIDES OF THE CROWN.

First sew a ring of hat-wire on the wrong side, and, starting from the back, instead of letting the last row overlap as before, sew the two edges together at right angles—this turns the crown; then continue as before, keeping the sides firm and straight.

If the crown is to slope into a smaller base, merely sew the succeeding rows of plait tighter than those before, gradually easing in the extra width.

Finish off the last row with a ring of hat wire.

FOR THE BRIM.

In a mushroom hat a certain amount of bandeau in front is necessary; therefore to make this I sew an extra row on the crown—in the model 4 rows a depth of 4½ inches—starting the brim at right angles outwards by sewing the edges together as in the crown, only sloping it *up in front* so that about 2 inches of the crown remain underneath. If this is stiffened with hat-wire it saves much trouble in the way of a false bandeau. Whether the crown is straight or curved, little or big, now rests with the individual's taste. In the model hat, the plait was taken straight round and round, as in the top of the crown; a slight tightening at the back gave the curve required to fit the head.

If the back of the hat is not to be so wide as the front, completely overlap every other row of the brim.

TO WIRE THE HAT.

If the hat is to be turned off the face in one of the abrupt angles now fashionable, the wire must be sewn on the right or crown side, but if shade is required as in my example, the wire must be sewn underneath in loops starting from the ring where the crown joins the brim.

When this process is complete, the hat can be bent into any shape required, and is ready for trimming.

It may interest my readers to know that the model from which I have taken my measurements has seen its owner through several smart functions, and although many have admired it, *only* those admitted into the secret are aware of its humble origin. I give every item of its composition and the cost below:—

	s.	d.
3 rolls of lavender-coloured paper..	0	10½
1 reel of cotton (to match)	0	1
1 coil of hat-wire	0	1
2 yards narrow silk muslin to line the brim	0	10
3 bunches of violets and leaves	1	10½
1 yard of mauve tulle	0	10
¼ yard on the cross of sarcenet lining, &c......................	0	4
	5	11

I divided the violets and leaves, making them into a wreath right round the crown; all deficiencies being covered by a swathe of double mauve tulle tacked lightly over all. The brim was lined with gauged silk muslin, a few remaining violets being tucked in on the left side.

For a simple tennis or everyday hat the cost might be even less, only 3 or 4 yards of ribbon at about 6d. the yard being required to make a pretty bow or ruche.

A finer straw suitable for smart hats can be made if the rolls are cut into 6 instead of 3 strips.

The second method of making which I have referred to, although infinitely more troublesome, certainly repays the worker by the "look" when finished.

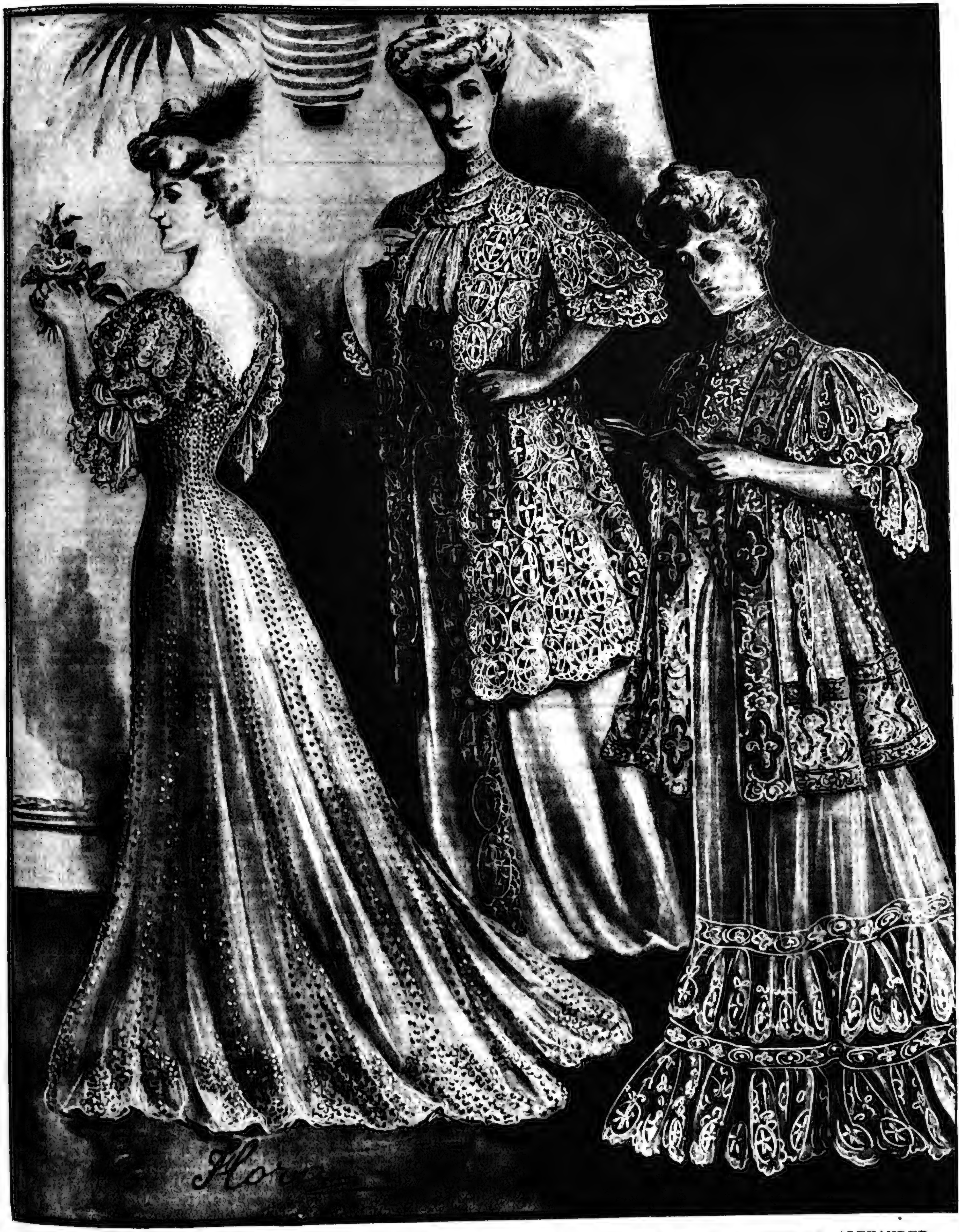
The plait is exactly the same, the only difference being in the way the paper is cut. The roll is opened and strips of 1½ inches wide cut from the width of the paper, so that the crink is plaited downwards instead of across, and it requires much care and patience to make a neat job of the innumerable joins. When it is finished only an expert can tell the difference from real straw.

An ordinary hat will require only about 2½ of the paper rolls, so it is unnecessary to plait the whole of the third.

In conclusion, let me warn the fair wearers of the paper hat not to expose their handiwork to damp or even doubtful weather, for the truth is *they will not stand heavy rain with any success.* Remember that all paper, when thoroughly wet, is nothing more or less than pulp—and very nasty pulp too.

Our paper patterns, presented free with this copy of Myra's Journal, have been specially selected to be useful to holiday-makers and travellers, on the search for change and amusement in touring about the towns and famed places of beauty at home and abroad. In the July number four free paper patterns will be found, which supplement these four useful models. The July free patterns include those of a beautiful cycling or travelling skirt, a very smart travelling sacque coat, and a charming semi-evening blouse which is the very thing for table-d'hôte. In fact the combined July and August free patterns supplement each other, and afford a complete outfit for travellers who want to take little luggage.

This month we give a lovely 5-gore tailor skirt and smart Inverness patterns, ideal for travelling. The blouse last month was a shirt blouse to wear with coats and skirts; in this August number the blouse is of a dressy type for afternoon or table d'hôte wear. A little boy's useful coat pattern for linen or serge is given free in this number, which is full of useful holiday and traveliing styles for ladies and children.



SOME PARIS GOWNS WORN BY MADAME SIMONE LE BARGY, WHO PLAYED WITH MR. GEORGE ALEXANDER IN "THE MAN OF THE MOMENT" AT THE ST. JAMES'S THEATRE.

Prize Cookery Recipes and Household Hints.

NOTE.—All recipes and hints intended for competition must be sent to Mrs. Hope, 10 and 11, Fetter Lane, E.C. They should not be included in envelopes containing queries for other departments, as that entails considerable delay, and often causes the competing papers to reach Mrs. Hope too late for the Competition. Competitors must write their recipes or hints each on a separate sheet, and must put *their name and address* on each.

Mrs. Hope wishes it to be understood that she cannot enter into correspondence with regard to the Hints and Recipes Competitions.

She must further remind competitors that efforts which are not accompanied by a coupon are not considered at all, and that names and addresses of *prize winners* are always printed. All efforts are welcomed, but the rules must be kept, and competitors who write "please do not publish my address," must not expect to gain prizes.

COOKERY PRIZE RECIPES.

A prize of 2s. 6d. has been awarded for each of the four following Household Hints:—

Sausages in Cases.—Bake as many potatoes in their jackets as you have persons for luncheon. When cooked, cut off a piece from the top and empty the potato, leaving the skin unbroken. Now mix some butter, pepper and salt with the potato and stir it well together. Have ready as many sausages as potatoes and stew them in a little stock for ten minutes. Place one in each skin and fill up with mashed potato. Replace in the oven for twenty minutes and serve.—Mrs. A. Calthorpe, Matching Green, Harlowe, Essex.

A Delicious Inexpensive Dish.—Take about six nice tomatoes, carefully take out the seeds with a teaspoon, and fill up the insides with grated Cheddar cheese mixed with breadcrumbs. Place them in a pie-dish, and cover with two or three rashers of bacon, and bake in the oven until quite soft.—Miss Flora Hooker, Wilton Lodge, Bedford Place, Southampton.

Japanese Lobster Cakes.—Boil and mince the meat of a two pound lobster. Add one teaspoonful of soy, a dash of cayenne, a tablespoonful of lemon juice, one half cupful of cream, 3 eggs, and ½ lb. of boiled rice. Mix thoroughly, roll into flat cakes, and fry until a light brown.—Miss D. Rowland, 124, St. Georges' Road, St. Augustines, Bristol.

Spiced Beef (excellent).—Take 6lbs flat ribs of beef. Rub all over with fine dry salt (about ½lb) with ½lb saltpetre mixed with it. Next day add 3oz brown sugar, and a small teaspoonful of mace, a teaspoonful of powdered cloves, ½ a teaspoonful of black pepper, ¼ teaspoonful of cayenne, and ½ a nutmeg. Mix all these together and rub the beef each day for a week, skewer it, put it in a saucepan nearly its own size, and pour 1½ pints of beef broth or water over it. When it begins to boil take off the scum. Let it simmer gently for 2½ hours, and leave it till nearly cold in its own liquor.—Mrs. L. J. Beach, 25, East Castle, Bridgnorth, Salop.

RECIPES COMMENDED AND RECOMMENDED.

Normandy Pudding.—1lb stewed apples and mix with ½lb mashed potatoes, ½lb raw sugar, and the grated rind of a lemon, ½lb butter whipped to a cream, 3 or 4 eggs well beaten, a little grated nutmeg, and a small pinch of salt. Mix all the ingredients well together, and afterwards bake in a well-buttered mould in a moderate oven for one hour.—Reculver, Herne Bay.

An Old Scotch Way to Cook New Potatoes.—Boil some new potatoes; about five minutes before pouring them add a large handful of shalots, chopped. Use the green parts as well as the white. Finish boiling: strain, then add a tablespoonful of butter. Shake the saucepan well to mix the butter through.—Paisley, N.B.

Australian Goose.—Choose a nice shoulder of mutton. Insert a sharp knife under the skin, and stuff with a well-seasoned sage and onion stuffing. Baste the shoulder frequently during the baking process.—Renfrew.

Bœuf a la Polonaise.—One pound of lean beef steak, 6oz beef suet, salt and pepper, 2lb potatoes, 3oz onion, 1 clove of garlic, 1 egg, 2oz brown bread crumbs. Mince the beef, suet, onion and garlic together and form into a roll. Brush over with the egg and roll in the brown bread crumbs; put into a dripping pan with ½ pint of water or stock, and a little lemco. Cook for half an hour in the oven, then place the potatoes round, cut small, and season with salt and pepper. Cook until the potatoes are soft. Dish with the roll in the centre of the dish, and the potatoes and gravy round.—Ireland.

Strawberry Short-Cake.—Ingredients: 1lb flour, 1 teaspoonful castor sugar, 1 teacupful butter, a pinch of salt, 2 teaspoonfuls baking powder, a little milk, and 1lb of ripe strawberries. Rub the butter, flour, sugar, salt and baking powder together and mix to a soft dough with milk. Roll out to one inch in thickness, and cut into two even-sized squares; place one square on a greased baking dish, brush it over with melted butter, place the other square on the top, and bake in a quick oven for fifteen minutes. Separate the layers, place one in a glass dish, cover with a thick layer of strawberries, sweeten with sifted sugar, and cover with the second square. Whip and sweeten ¼ pint of cream, and arrange it on the top.—Yorkshire.

FOUR PRIZES, EACH 2s. 6d.,
ARE AWARDED FOR THE
FOUR BEST COOKERY RECIPES.

FOUR PRIZES, EACH 2s. 6d.,
ARE AWARDED FOR THE
FOUR BEST HOUSEHOLD HINTS.

German Grutze.—Ingredients: 1lb fresh fruit (or jam), ½lb sago, sugar to taste. Well soak the sago in cold water, boil the fruit or jam in 1 pint of water, pass it through a sieve, sweeten to taste with white sugar, add the sago, and stir over the fire until the sago is dissolved. Wet the mould with cold water, pour in the compound, and set aside until next day. Then turn out and serve with whipped cream or custard.—Lewes.

Gollywogs.—Gollywogs are easy to make and are delicious and wholesome. Make a little plain sweet batter with 1lb flour, 2 or 3 eggs a little salt, 4oz fine sugar, sweet milk and a teaspoonful of baking powder. In a shallow saucepan boil 1lb of lard and in it drop the batter slowly from a teaspoon. As each curious gollywog turns a biscuit brown, remove it, roll in fine white sugar, and place in dish for serving. May be eaten with jam, stewed fruit, or alone.—Warwick.

PRIZE HOME HINTS.

A prize of 2s. 6d. has been awarded for each of the four following Household Hints:—

Eggs.—When using the whites of eggs, and wishing to save the yokes, separate them carefully drop the yolks into a tumbler of cold water, and stand it in a cold place. When wanted for use, remove from the water with a spoon. Yolks of eggs thus preserved will keep for three or four days.—Miss C. Paxton, 2, Duke Street, Darlington.

A Good Pudding Bag.—To make a good and useful pudding bag, knitting cotton and a coarse steel hook are required. Make a chain of thirty stitches, join, and work round and round in treble stitch until the bag is about ten inches in length. Make a drawing, for each end, of chain stitch, and thread it through the stitches. Slip in the pudding and tie up at each end. A bag thus made is much easier to keep clean than a linen cloth.—Miss Fountain, 4, Farringdon Villas, Woodbridge Road, Ipswich.

A Useful Hint for Plate Cleaners.—The tops of old silk or cotton stockings should always be saved and prepared for plate cleaning. Take the tops, sprinkle liberally with hartshorn, and cover with cold water. Set on the stove to simmer, adding a little water occasionally if required. Move the pieces about in the water, then wring lightly and dry. Keep these in a tin box with a well-fitting lid, and use as required. They impart a brilliant polish to silver or plated articles, and do not soil the hands.—Mrs. J. Timms, Gaydon Fields, Warwick.

A Novel and Most Useful Cooking Box.—A splendid cooking box may be made out of an unused wooden box with a tightly-fitting lid. Pack it as tightly as possible with hay, leaving room for two saucepans. Fit in the saucepans, which must have lids. Pack the top of the box again tightly with hay, and the whole thing is complete. To cook in the same, have whatever is required, vegetables, fowl, rice, or what not, brought to boiling point in the saucepans on the gas or fire before being placed in the box. Then leave the saucepans in the box until required for finishing touches. Foods cooked in this way are delicious. They are kept at the proper point of simmering, and are very tender. They never boil away or burn, and may even be left a whole day without the food being any the worse. It is only necessary to allow the same amount of liquid for soups as one requires afterwards. For rice, dried fruits, &c., a little more is needed, as they absorb more liquid. On no account must the lid be taken off the saucepan—unless it is absolutely necessary to add more ingredients—and in this case it will be necessary to boil up again on the fire or gas. This simple invention is invaluable to those who must prepare dinner some hours before they can serve it. The food will be quite ready for finishing touches at the proper time. This cooking-box is much used in Germany.—Miss M. A. Bacon, 47, Stainton Road, Sudcliffe, Sheffield.

HOME HINTS COMMENDED AND RECOMMENDED.

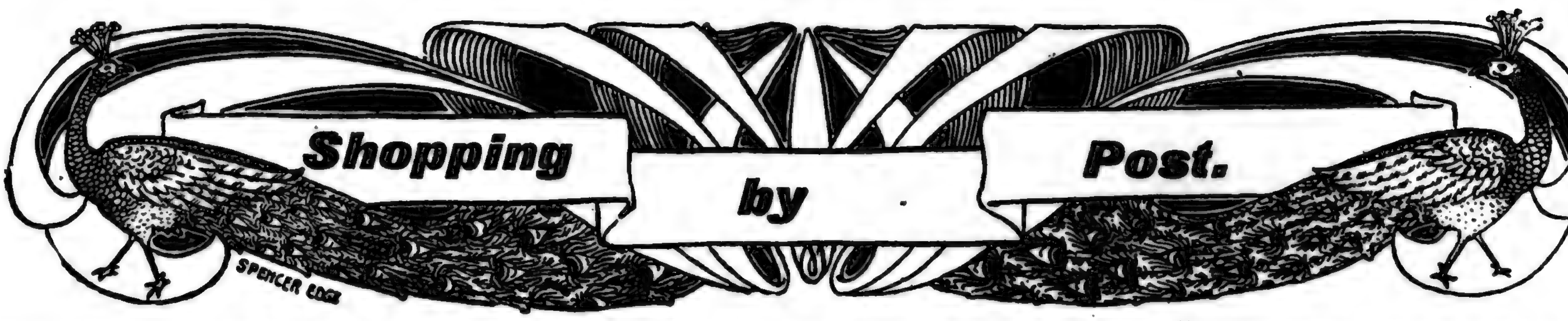
A Traveller's Hint.—Brown leather travelling bags, or any other brown leather goods may be made beautifully clean by rubbing them well with the inside of a banana skin, and then polishing them with a soft dry cloth.—Southampton.

To Brighten Floor Tiles.—An efficacious means of brightening floor tiles is to mix three pennyworths of spirits of salt in a pail half filled with water. It must be applied carefully, as the mixture is poisonous. The hands must not touch it, but a cloth tied on to the end of a stick should be used. It is best to wash the tiles overnight, leaving them thoroughly wet, and then rub them over with clean water in the morning. It will be found that pieces of cement and discolouration will disappear.—Wood Green, N.

A Hot Weather Hint for the Larder.—Meat will keep for many days in hot weather if it be hung in a current of air and covered with a muslin which has been wrung out in vinegar. This should be renewed every day.—Belfast.

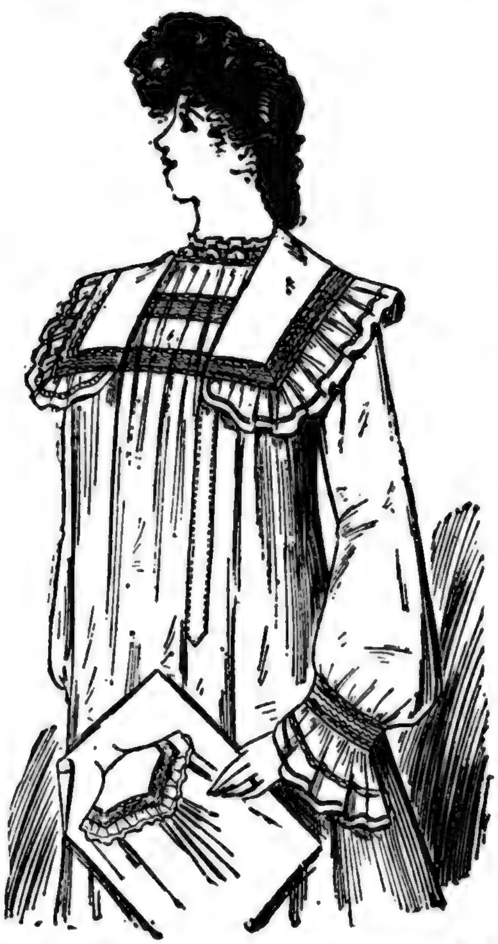
Four Hints from South Africa.—(1) To remove stains from flannel, spread a mixture of equal parts of glycerine and yolk of egg on the stain. Leave for an hour, and then wash in warm soapy water. (2) An excellent blacking for black boots is orange juice. Rub a quarter of an orange on the boot; when dry, brush with a soft brush till the boot shines like a mirror. (3) To prevent a door creaking, rub soap on the hinges. (4) To free a house from ants, sprinkle white sugar on a large sponge. When full of ants drop it into boiling water.—Bloemfontein.

Reigate.—"I beg to state that your patterns and book are a great help to me and to my trade generally."—E M. Poole.



UNDERWEAR FROM MESSRS. J. AND J. CASH'S, LIMITED, COVENTRY.

MESSRS. J. and J. CASH, the manufacturers of the famous Frilling, which is the prettiest and most durable decoration for all personal and household *lingerie*, have added a department for ready-made underwear, which, I venture to think, is not so well known. This ignorance ought to cease at once, and I counsel my readers to send off promptly for pattern sheets of the dainty underclothing, which is so inexpensive, so prettily made, and so delightfully trimmed with the beautiful hemstitched or lace-edged frillings and washing galons which have carried the name of Messrs. J. and J. Cash, of Coventry, all over the world. Send at once for the illustrated pattern sheets to Messrs. J. and J. Cash, Coventry. When you have selected your garments, you can order them through your local draper, or can get them straight from the manufacturers (Messrs. Cash). Be sure to ask at the same time for a pattern book of the frillings, the woven names (for marking) and the dainty little washing galons which are so charming for blouses and children's overalls. By-the-by, I forgot to mention that Messrs. Cash will make underwear trimmed with any selected frilling from ladies' own sketches or patterns. So many women select a type of nightdress or combinations, for instance, which they find pretty and comfortable, and which they stick to; Messrs. Cash will carry out the pattern faithfully, which is a great and rare boon.



A Pretty Nightdress from Messrs. J. & J. Cash, Coventry.

The broader frillings, whether merely hemstitched or otherwise decorated, are admirably adapted to decorate sheet shams and pillow-cases. The pillow-cases can be bought ready made, of any size. These broad frills look lovely on the white curtains and draperies of an infant's cot. Messrs. J. and J. Cash will send a sheet of designs in pillow-cases for selection on receipt of a postcard.

GREAT SALE AT THE HOLBORN SILK MARKET.

I have frequently pointed out what beautiful silks can be had at Messrs. Samuel Lewis's, the Holborn Silk Market, Holborn Bars, E.C., and how favourably the prices compare with other scales of charges. If one wants a good match, it is always safe to go to the Holborn Silk Market, because they have such a huge and diversified stock of silks. Their great summer sale is now on, and the surplus stock of summer and other silks is being sold off at big reductions. Charming Jap silks can be had during the sale from 6¾d., and beautiful 21-inch glacés are reduced to 1s. 7¾d. in all the new shades, the white and cream glacés being as low as 1s. 2¾d. There are yards and yards of lovely taffetas—plain, chequered, etc.—single and double width (the double width taffetas are exquisite), and a stock should certainly be laid in to supply the materials of our autumn and winter evening and afternoon gowns. Taffetas is in for a prolonged run, and such an opportunity will not again occur for many a month. Patterns should be sent for at once.

There are wonderful brochés also in the sale, rich 21-inch flowered and striped silks at 2s. 6½d. These, in the fashionable black-and-cream combination, make highly effective theatre and dinner gowns. For smart evening dresses during the winter I advise the purchase of some excellent British gros-grain silks (50 shades) at 1s. 7¾d. (the cream and white varieties are only 1s. 2¾d.). A girl of small pin money during this sale ought to secure, at nominal prices, enough blouse lengths to keep her in smart silk blouses for the next six months if she sets to work at once on a judiciously varied selection. Fridays are "remnant days," when dainty blouse and skirt lengths of various silks are to be picked up for a trifle.

Messrs. Samuel Lewis, who have so extended and developed their premises of late, are selling off their surplus stock of the season's frocks, skirts, blouses, coats, French millinery, etc., which are very largely reduced to clear quickly. Do you want a beautiful box-pleated cream serge skirt for the holiday outfit? You can get one at Messrs. Samuel Lewis's for 19s. 11d.—they were 29s. 9d. a week or two ago. The graceful sun-ray skirts are being sold off rapidly, much reduced. These are to be had in shepherds' plaid, voile, navy or cream alpaca, and dainty cream voiles, nun's veiling and panama. For the utility skirt recommended on page 10 (to wear with our smarter blouses) what could be nicer than a cream voile pleated skirt? During Messrs. Samuel Lewis's sale such a skirt can be had for 12s. 11d.—a very low price, but intending purchasers must be quick in their application, as such enticing models are cleared rapidly. It would be wise to send off a postcard immediately on reading this, asking Messrs. Samuel Lewis to post off their sale catalogue.

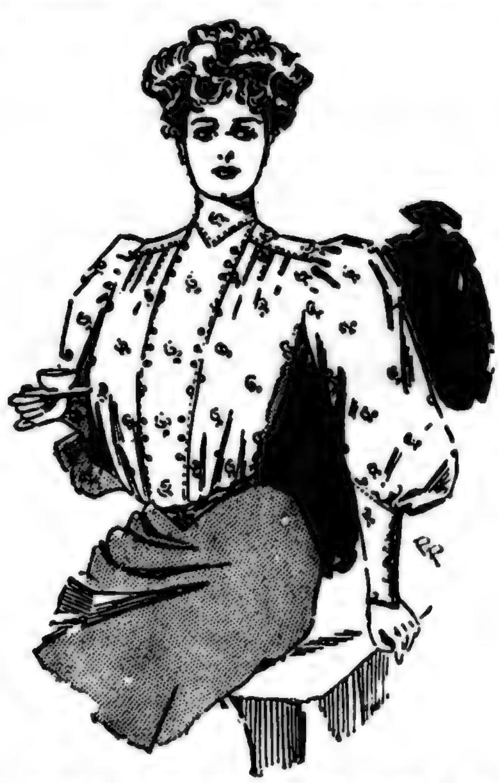
HANDKERCHIEFS AND COLLARS AT MESSRS. ROBINSON AND CLEAVER'S, BELFAST.

We shall want a plentiful supply of linen collars and cuffs for our travelling tour—these, at any rate, we cannot select down to a couple or so, whatever we do with our hats and dresses! To get for our shirts and blouses a new supply of collars and cuffs of the best Irish linen at the lowest prices we should send to Messrs. Robinson and Cleaver, Belfast. Collars (the newest types) are from 4s. 11d. the dozen; cuffs from 5s. 11d. the dozen, of very good fourfold linen, beautifully made. As to handkerchiefs—these can be taken in generous quantities, because they pack away so easily. We always want an unlimited supply. Messrs. Robinson and Cleaver will send a dozen Irish excellent cambric pocket-handkerchiefs (ladies' size) for 2s. 3d. the dozen. If hemstitched, the price is of course a trifle higher—2s. 9d. the dozen. From these excellent but cheap handkerchiefs, the quality and decoration rise to the finest of cambrics and the daintiest of embroideries.

Towards the end of the year, before the winter is on us, most housewives take the opportunity of a temporary lull to overhaul the linen chest; and they cannot do better than send to Belfast for Robinson and Cleaver's price list. Fish napkins of Irish damask are as low as 2/11 the dozen; dinner napkins from 5s. 6d. the dozen (less than 6d. each); while Irish damask table cloths, two yards square, commence at 2s. 11d. Messrs. Robinson and Cleaver provide all varieties of the finer damasks, which can be embroidered with initials, monograms, &c., to suit the purchaser.

SERGES, TWEEDS, AND CASHMERES AT MESSRS. LUTAS, LEATHLEY, AND CO.

At this mid-season we want a great number of travelling and holiday gowns; nor is it always possible to put off making new gowns until the approaching Autumn season is really here. A marriage trousseau, for instance, waits for no one; the wedding day is fixed and the bride's gown must be made. But we are always safe in sending to a firm like Messrs. Lutas Leathley (105, Armley, Leeds) for patterns of their serges, tweeds, cashmeres, &c. These are always so up-to-date that they can be safely made up into suitable styles for the coming months. Messrs. Lutas Leathley will send a large box of patterns on receipt of a post-card—handsome tweeds and mixtures, first-class serges of all shades, and the daintiest cashmeres—just the fabrics for early autumn gowns and blouses. The patterns are sent post free, and Messrs. Lutas Leathley pay carriage on all materials, &c., ordered.



No. 5482. A Mousseline-de-laine Blouse.

For Description see Pages 36 to 42.

Price of Paper Pattern 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

AN EXCELLENT SEWING MACHINE.

For efficiency and cheapness combined it would be difficult to beat the "Atlas" Lock-stitch Sewing Machine, which works by hand or treadle, costs the most modest sum of 39s., and is supplied with a four years' guarantee by the Atlas Machine Com-

"I never miss a chance of recommending 'Myra's Journal,' as I think it a treasure.' —Mrs. M., Carmarthen.

pany, 186M, High Street, Camden Town, London. The Atlas Machine Company also has depôts at 63, Seven Sisters Road for North London customers, and at 14, High Road, Kilburn for the N.W. district. Professional dressmakers who require a good machine as the first requisite of their trade (after their own training) are often inconvenienced by having to put down the money for a machine at once, but these are considered by an arrangement of 5s. monthly payments. On receipt of a 5s. postal order a machine will be sent for a month's trial, and the rest of the money is accepted in 5s. instalments monthly. On these easy terms the poorest need have no difficulty in having a new "Atlas" sewing machine.

HOW TO PRESERVE THE COMPLEXION.

Although we get in a renewed stock of health during the holiday tour, it cannot be said that we improve our complexions, The ruddy hue of health is ever an adornment, but the roughness and tan inseparable (without taking pains) from an open-air existence are less acceptable. Motoring, yachting, golfing, cycling, take all the delicacy out of the complexion unless we protect it. On our travels we should make a point of taking a bottle of Lait Larola, which softens and whitens the skin, removing at night the deleterious effect of the day's outings, and preparing the skin to resist the withering effect of wind and sun on the following day. It is most refreshing in a hot railway carriage to dab the face with Lait Larola, which leaves no greasiness on the skin. It salves the irritation, too, of mosquito and other insect bites. Lait Larola can be ordered of all chemists and stores, at 6d., 1s., 1s. 9d., and 2s., the bottle, or can be had from the makers, Messrs. M. Beetham and Son, Cheltenham. Lait Larola, an emollient milk, goes a long way, and a small 6d. bottle (which can be packed away in any odd corner) is more than enough for a month's tour for one person.

RENOVATION OF THE DECOLLETAGE.

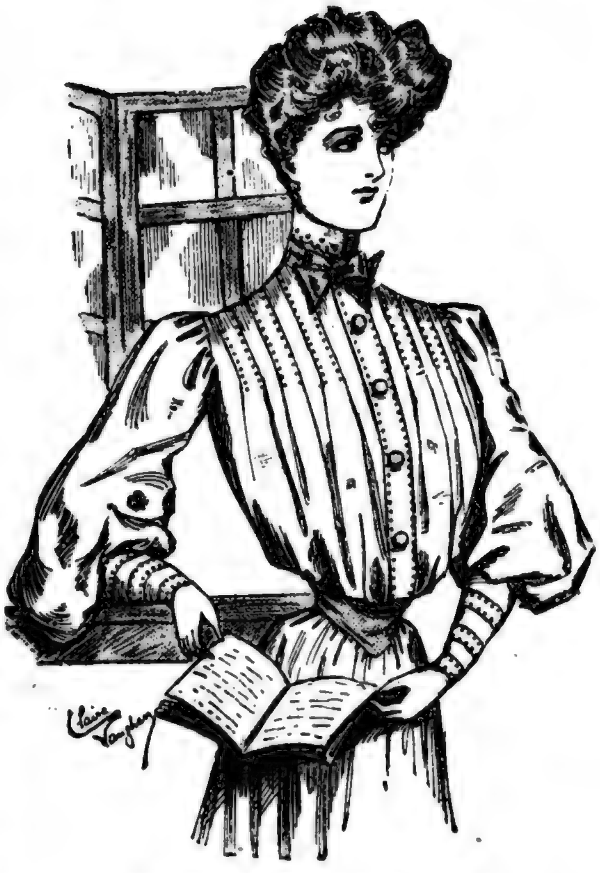
THERE is a lull in the social world just now. Many who are not abroad are in the country, and those with a reputation for a smartness in dressing are turning up old illustrated volumes, and are again scanning pictures of their ancestresses, or other people's ancestresses for ideas for gowns for the coming season. For it is to be a picturesque autumn, a year when velvets, lovely satins, and beauteous brocades of old-world effect will be worn.

It is not, however, with the new frock that I have to deal just now, but rather of the refurbishing of the old. The majority of us are at the end of our tether in the matter of evening frocks. Our home dinner gowns are sadly in need of renovation, and there are many more occasions before Winter when we shall need our other evening frocks.

The skirts of the majority will pass muster. An iron passed carefully over these and the hems refreshened is often all that is needed. For the latter, a cross-cut hem of velvet or velveteen, two or three inches wide, is an excellent and very effective mode of renovating the frayed edge of a skirt. The velvet should be carried entirely round the skirt.

It is the bodices that require the most pressing attention, and, thankfully, the sales have provided us with plenty of opportunities for the accumulation of odds and ends in the form of short lengths of lace, net, and chiffon, so that all that is now required are a few suggestions for renovations.

A pretty way of altering the bodice of a dinner gown of velvet or velveteen is a muslin and ribbon berthe. We will presume the hue of the gown to be amethyst, and that the décolletage was softened with a berthe of amethyst chiffon and a tucker of white tulle. To ring a change, the bodice can now be finished with a collar of clearest book muslin—a muslin so fine that the velvet gleams prettily through —bordered with white Irish crochet, vandyked at the edge (1¼ to 1¾ yards of lace will be sufficient). Then to relieve the collar, which might otherwise be unbecoming (to some the severe picturesqueness of the collar is delightfully suitable), a few folds of pale amethyst chiffon are laid at the top, the right end being brought down lower than the left and tucked away under the crossing front. A lovely silver rose is pinned in the centre, and forms a pretty finish to the bodice. A white or a pink rose would also look well if the silver blossom were not easily procurable. A very thick ruche of amethyst chiffon finishes the full puffed sleeves.



No. 5488. A LINEN BLOUSE.

For Description see Pages 36 to 42.

Price of Paper Pattern, 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane. E.C.*

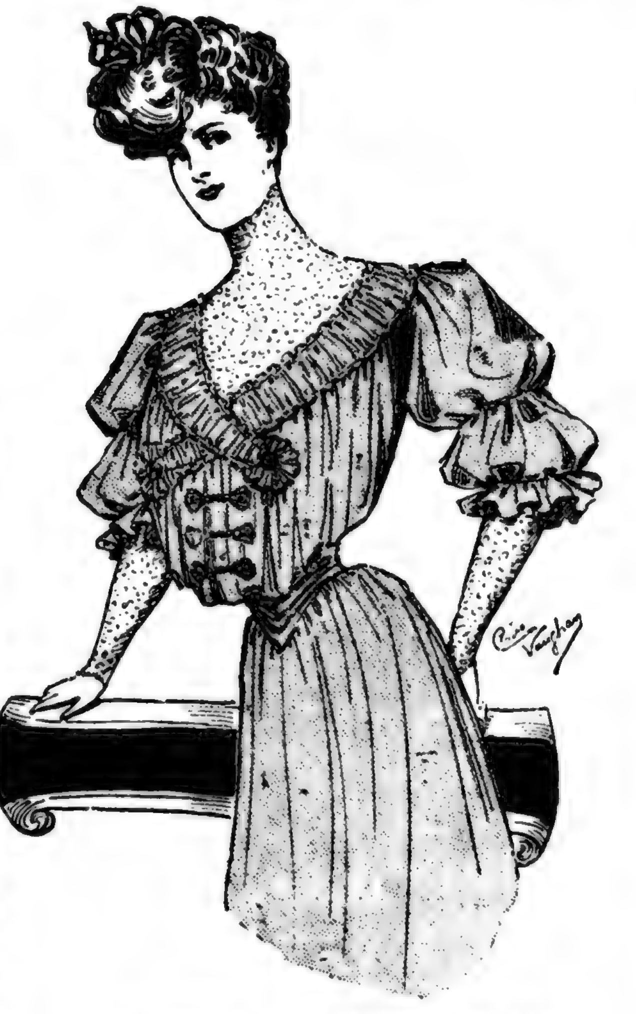
A substitute for real Irish crochet—which is not to be despised by the woman or girl with a small dress allowance—is the handmade crochet that is sold in some of the Oxford Street shops. It is made in prisons, I believe (a really rather gruesome idea, when one thinks about it —an idea, however, not worse than many others, I can assure you), and can be had in consequence very cheaply. The effect of this lace is pretty and the style is good. Of course, it will not bear looking into, but as fashion changes so quickly, and we cannot all afford the real thing, we must take the next best, and make no bones about it.

For those to whom the picturesque in attire does not appeal, these four décolletage renovations may prove acceptable. One consists of white tulle spangled with silver, loops of silver gauze ribbon, a market bunch of tiny silver roses, and a prim flat wreath of green leaves—leaves resembling the glossy dark green foliage of the camelia or the smaller leaves of the myrtle, which outline the berthe's top.

An equally pretty effect, and one perhaps more up to date, would be the use of gold-embroidered lace for this renovation. The very energetic or nimble-fingered would make this lace for themselves by outlining the edge (a good lace with a rather bold, effective pattern must be bought), and the design traced with gold thread. Care must be taken to secure a skein or reel of untarnishable gold thread, otherwise the work will be a case of "love's labour lost." Silver-embroidered lace will again be used a good deal in the coming season; hence silver thread could be used instead of gold. Roughly, two yards of lace would be a sufficient quantity for the shoulders of the woman of average build. Three-quarters of a yard to a yard of piece net would answer the purpose if spangled net were decided on.

Another "renovation" is of chiffon and narrow velvet ribbon. The berthe is gauged and the frill is arranged double. A few folds of tulle finish and soften the décolletage, and are tacked in after the berthe has been finally settled on the bodice. The fastening, by the way, occurs very neatly at the back, but instead of the ribbon being fastened firmly down, the ends are left loose for a short distance, and are neatly mitred and provided with very small "hump" hooks. Small corresponding silk loops are then worked in the berthe, and after it has been neatly fastened, the ribbon is slipped in and out in a similar manner to that illustrated in the front view, and the ribbon ends are hooked down. Two yards of double-width chiffon and six yards of velvet ribbon are needed.

A good bodice decoration consists of a full bouillonnée of chiffon, arranged over a plain shaped piece of glacé, ruffled at either edge with a ruche of chiffon, and trimmed with roses and tiny green leaves, each rose united one to the other with a twist of silver ribbon. If the gown that required renovating chanced to be of mauve glacé, the berthe would look pretty and out of the common if made of pink chiffon, arranged over mauve glacé, the pink roses held together with twisted pink velvet ribbons, or silver ribbon, as I suggested before. Roughly, 1½ yards of double-width chiffon and three yards of ribbon would be needed. For the foundation three-quarters of a yard of glacé would suffice. It would be better to cut this circular than on the cross. The curved front-piece could then be neatly added. The chiffon for the ruches should be arranged double.



No. 5484. A TAFFETAS BLOUSE.

For Description see Pages 36 to 42.

Price of Payer Pattern, 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

The last suggestion is composed of three yards of lace and half-a-dozen yards of two-inch wide velvet ribbon. It fastens at the back beneath a rosette formed of loops of the ribbon and two pendent ends finished with tags. A narrower velvet ribbon—one, for instance, an inch in width—would replace the wider one with equally good effect. When arranging this berthe on the bodice the lace should be pulled up to form a puffing before the lower ribbon is tacked in place preparatory to a final stitching.

It would be as well to finish each of the three groups of ribbon loops in front with a small and good paste buckle. The loops need a finish, and a buckle is as pretty and modish a finish as anything at the present moment.

EMPLOYMENTS FOR LADIES.

(Continued from page 31.)

Coat Maker, &c. (C. K. P.).—I am so glad to hear that a lady has employed you through Myra, and that your work has given her great satisfaction. Send the dressmaker's coupon and your name and address to the Editor, not to me, and they will be inserted on the last page. Coupon duly received this time.

Wanted to Start Business as Dressmaker and Milliner (E. C.).—I hope you will take the advice I wrote you privately, as practical knowledge of that kind, gained in that way, is not only valuable but essential to successful business. I should very much like to hear how you get on. I wish you all success in your spirited venture, and commend your sound sense for taking up work so thoroughly practical. So many thanks for your most kind and courteous second letter. I am very pleased that you appreciate my advice so highly; and there is no greater proof than when you follow it; and I can assure you it is a real delight to me to be of help to my readers.

Dressmaking Business for Disposal (L. S.).—As a rule, I think, about one-fourth of the turnover is a fair computation, and to that add a sum for goodwill, and estimate the fixtures, &c., at about one-half of their original cost. Add the various amounts together, and ask the total sum. For a business such as yours I should say £10 would be a fair amount for goodwill. I shall be glad to hear how you get on, and if you dispose of your business satisfactorily. I am putting you on my Register.

Work at Ladies' Houses (E. S.),—I am glad to hear that the lady to whom I gave your name has been able to give you so much employment. It is at all times a great pleasure to me to be able to obtain work for my readers, and it is a double satisfaction when such work gives pleasure jointly to employer and employee.

Home Dressmaker Wanted (J. B.).—Unless twelve halfpenny stamps and a stamped envelope are enclosed, I cannot reply privately. I have many dressmakers on my register who would be suitable, and if this meets the eye of any such, I will gladly forward their pre-paid letters to my correspondent, although she has disregarded our rules.

Coaching by Correspondence (J. T.).—I will look up your number, and re-insert the notice. I hope I may hear of other pupils for you ere long.

Good Dressmaker Wanted (Mdlle. J.).—I am surprised that an old correspondent like yourself should disregard the rule about private replies—a rule to which, in common fairness, I must strictly adhere. Capable dressmakers are not easy to find, as they are in constant employment as a rule; but very probably I could assist you in this matter.

Address of a Dressmaker Wanted (Mrs. S).—Please read the rules regarding private replies. Letters prepaid and bearing the register number are duly forwarded, free of further charge, but the fee for private replies must, in all cases where a reply is required, be paid.

Home Worker (A. P.).—I remember you quite well. I am putting a fresh notice in for you as nearly as possible like the one you send; but that is a little too long, and space is precious just now. I am sorry my correspondent did not employ you after all, but perhaps she thought you were too far away. That is a great disadvantage in some people's eyes, in case of alterations, &c. However, I hope you may have better luck next time.

Discarded Garments, &c.—I hope the particulars I gave you were of use. I have now got some other addresses, but at the time of writing I was away from my books and papers. I hope you are taking full advantage of the sales. You come at a good time to get clothes.

Designs for Skirts, Dressmaker's Name, &c. (Mrs. R.).—I have sent you by post the particulars that you want, and I should very much like to know how your friends liked the designs chosen, and also how the work was done.

Letter to Forward, &c. (E. A).—I sent on your letter, and trust some good may result from it for you. I am very glad to hear that you are so busy now, and I trust it may continue; but at the same time I am sorry to hear you find "the needlework very trying to my cranky fingers." Is there anything else you could do? Do let me know, and I will assist you to the best of any ability. Thank you for all the kind things you say. My readers' appreciation is ample reward, and to assist you all is a pleasure in itself.

BRODERIE ANGLAISE.

(Concluded from page 22.)

All that is needed to produce exquisite work with this stitch is patience and neatness in the working details, such as starting and finishing off the stitch, keeping it even to a thread of the fabric.

The stem which runs through the whole of the pattern will next absorb our attention. It must be run with the short stitches described for the leaves and eyelets (see Fig. 2). After this, they should be worked across with satin stitch (see Fig. 1), taking up on the needle for each stitch two or three threads of the cloth. If haste is an object, the work will progress more rapidly if the stems are corded, which is the practice most commonly observed for eyelet work. Stems are corded in this manner:—First cover the line of the stem with short stitches set close together. When the stem has been covered with the running stitches, go back to the starting point, and with the working thread twist the needle in and out of each running stitch to the end of the stem. Pull up firmly for each stitch. The result will be a fine cord-like stem that is very dainty and effective, with little work.

The narrow scalloped edge should be run with the short stitches on both upper and lower edge (Fig. 3). Then it is worked over in button-hole stitch, but if padding is desired the centre of the scallop must also be run with the short stitches. This, however, is not necessary unless flannel, silk, or cloth is being embroidered.

The most suitable cotton for *broderie Anglaise* is *mouline* for stout cambric, or coton Floche for muslin or fine material. The latter can be had in all sizes from 6 to 100, *mouline* in one size only, and these can be obtained from Mr. R. Cullen, 182, Tottenham Court Road, London, W.

NOW READY. **PRICE 1s.**

How to Play
CROQUET
By W. W. BRUCE,
The Well-known Croquet Player and Gold Medallist.

A Practical Handbook, illustrated by diagrams, giving an exhaustive and clear description of the Modern Game of Croquet, what it consists of, and how it is played.

Among the CONTENTS are:

EASY OPENINGS & STROKES,
THE FOUR BALL BREAK,
THE THREE BALL BREAK,
BISQUES, &c., &c.

Press Opinions:—

"'How to Play Croquet' is the title of a handbook by W. W. Bruce, which has just made its appearance. Since its revival seven or eight years ago, this game has made great headway, and the publication of this little treatise will no doubt help it forward still further. Mr. Bruce is an acknowledged expert, and his aim has been to enable the novice to attain to the pitch of excellence he himself has gained."—*Pall Mall Gazette.*

"A concise, skilful, and instructive little book, explaining the old lawn game that is now enjoying so remarkable a rejuvenescence in the favour of fashion."—*The Scotsman*, June 2nd, 1901.

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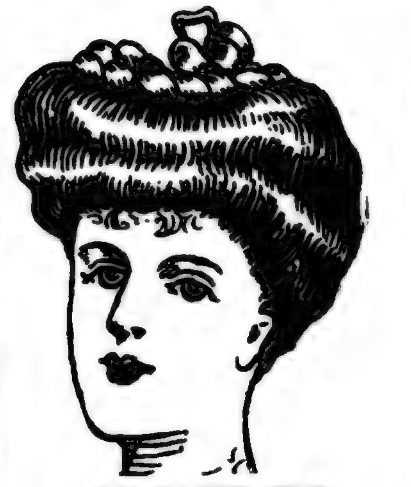

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Fringe Nets
(made of Human Hair).
The largest and best in London, at
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Tails of Pure Hair.

Length.	Weight.	Price.
18 inches.	1¼ oz.	3/6
20 inches.	1½ oz.	5/-
22 inches.	2 oz.	7/6

Pale, Grey, and Light Shades extra.

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84, FOXBERRY ROAD, BROCKLEY, LONDON, S.E.
TELEPHONE NO. 513 DEPTFORD.

Correspondence

RULES.

1. To be answered in the next number, letters must reach us not later than the 25th of the month.

2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without.

3. In urgent cases, or if crowded out, all "Dress" answers will be sent by post, for which no charge will be made. No postal reply can be sent unless a stamped and addressed envelope be enclosed.

4. Queries to be answered by post must be limited to three.

5. It is absolutely necessary that every letter should contain real name and full address. The space for correspondence is so limited that a large number of answers have to be sent by post. This is especially the case with "Dress," which requires prompt and often private replies. Only questions of general interest are answered on this page.

DRESS AND HAIR-DRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Mabel.—(1) Nothing could be better than a tweed travelling gown. Send to Lutas Leathley, 105, Armley, Leeds, for patterns of their grey mixture tweeds, and copy the free skirt pattern and the coat, No. 5425. You could face fronts with the tweed and use inexpensive silk for the lining. (3) For the straw hat, go to Messrs. Samuel Lewis, the Holborn Silk Market. It is late to buy summer hats, but their sale is in full swing, and they had a capital collection of that type of hat in burnt straw.

Diogenes.—(1) A Pirle-finished white alpaca will be best. Copy the coat No. 5425. Be sure to get the alpaca Pirle-finished, or a few spots of rain will ruin the look of the coat. The pattern will be 1s. 0½d., post free. (2) Use Peri-Lusta thread for the embroidery. It will not take you long to do that bold scroll pattern. Harmonising shades of green will look best on that white linen. Red looks well on brown holland. For the linens send for patterns to Robinson and Cleaver, Belfast. Choose a light make.

Annie Laurie.—(1) You will find a beautiful cone or pine pattern for *broderie anglaise* on page 22. The illustration is one-third of the real size. Copy it in the small for the bodice part (you could trace it off the illustration). (2) You will find plenty of smocking designs in Parts 1 and 2 of "Smocking," Myra's Library of Needlework, price 1½d. each, post free. (3) It is a good plan to smock the shoulders of a Djibeh Nightdress, because smocking is so elastic, and it makes the garment more easily slipped over the head. Instead of an ordinary runner, a pretty way is to work slots to pass the ribbon through. Write to Christopher Williamson, Desk 10, 91, Edgware Road, for patterns of his white flannelette, which smocks very prettily. I am not very fond of tucks in flanelette, and tucks are not elastic like smocking. (4) You will be able to get an excellent coat of white serge at Messrs. Samuel Lewis (the Holborn Silk Market, Holborn Bars, E.C.), for a guinea—and less during their sale.

Dragon-Fly.—You mean, I think, Amazon cloth. Send for patterns of the B. B. Amazon cloth to Best's Dress Goods Co., Bradford. Patterns will be sent post free (they will pay also the carriage of patterns when returned). Their Amazon cloths are lovely, and so cheap.

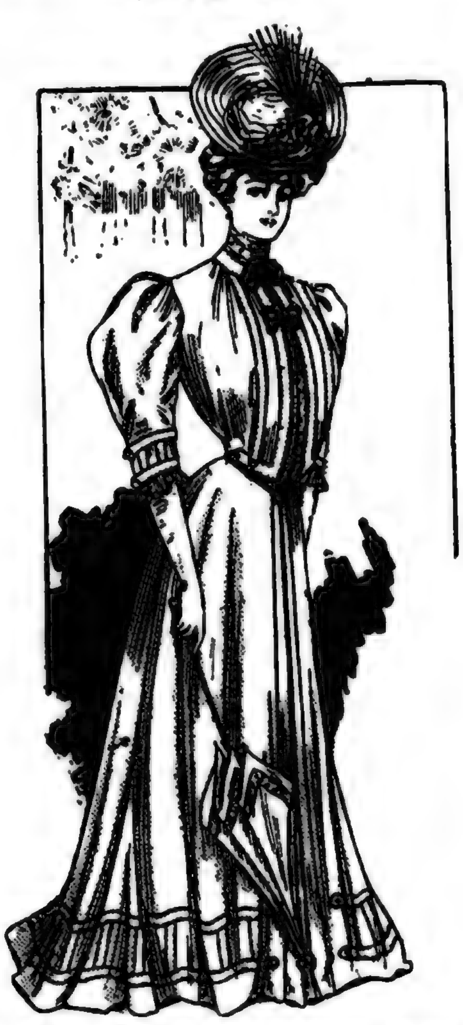
Deborah.—Certainly, embroidery will come in again for the autumn, especially for underwear. There is a tendency to make underwear more plain in style—fewer tucks and gathers—but the plain linen, or longcloth, or flannel is beautifully worked. You could make yourself, during your long holiday, a beautiful set of embroidered Viyella underwear. Very graceful designs for embroidered garments of this type were given in our July number. Next month (September) a lovely nightdress will be the subject of one of our technical dressmaking lessons. It could be carried out in Horrockses' fine white flannelette if you like. There are two pretty nightdresses suitable for flannelette on page 24 of this number. It is a very good idea to use the many superfluous hours of a long stay at the seaside with preparing the autumn and winter underwear. Certainly combinations are made, but as a rule ladies who stick to the tasteful *lingerie* prefer separate chemises and knickers. On the other hand, those who prefer "hygienic" stockingette underwear nearly always select combinations. Many ladies even in the winter stick to longcloth garments, wearing a wool jersey beneath them. For longcloth garments, I like nothing so well as Cash's lace frilling—either the hemstitched or lace-edged varieties—and no trimming but Cash's frilling ever outlasts the garment trimmed. There is a great variety of frillings, variety in width and style. Write to J. and J. Cash, Coventry, and ask them to send you one of their illustrated catalogues by return. You can buy beautiful underwear there thus trimmed ready made. I like very much for nightdresses the hemstitched frilling, ready ruffled on a feather-stitched band. You will find specimens of some of the frillings pasted into the catalogue.

Dolce Far Niente.—(1) Sewing tucks by hand or stitching them by the machine is a matter of preference. French dressmakers declare that the stitched tuck is not the real thing—a tuck, say these experts, ought to have the somewhat "frilly" look which a hand-run tuck never fails to show. But many people prefer the flat stitched tuck. I think most people prefer the hand-run tuck for Jap silk, which is apt to stitch down very flat indeed—more like a thickened stripe in the texture than a real pleat in the fabric, which is, after all, what a genuine tuck ought to look like. Of course the hand-run tuck takes much longer to make and sew. A sewing-machine's "tucker" marks and sews at the same time for fabrics on the straight.

EMPLOYMENTS FOR LADIES.

Letters to be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

(*See page 47*).



No. 5485. Strapped Linen Frock.

For Descriptions see Pages 36 to 42.

Price of Paper Patterns, Coat, Foundation Skirt, or Skirt, each 6½d.; post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

COOKERY AND HOUSEHOLD MANAGEMENT.

Letters to be addressed to Mrs. Hope, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

(Continued from Page 34.)

A Savoury Pudding.—I think, if you like leeks, that you would like leek pudding also—i.e., if you do not object to such. Make a suet crust in the usual way, have some leeks ready, pepper and salt them, cut them in pieces, and boil them and the suet crust just as you would do a jam roley-poley. Serve with roast beef or mutton, or with rich brown gravy. Another savoury pudding is made with chopped parsley, pepper, salt, and mixed herbs, mixed in an ordinary suet dumpling mixture. Tie in a cloth, and boil as usual.—I. X., Rotherham.

Dropped Scones.—They are most easy to make. Mix together 1lb flour, 1 teaspoonful baking soda, 1 teaspoonful cream of tartar, and 2 tablespoonfuls of sugar. Then add a well-beaten egg, and enough milk, or buttermilk, to make a smooth batter. Grease a very hot girdle and drop the batter on, a spoonful at a time, till the girdle is full. When brown underneath, and bubbling on top, turn the scones, and brown the other side. Butter well, press two together, and serve very hot.—"North Countrie."

A Cement for Glass.—I will not guarantee the safety of mending the bowl of a paraffin lamp with cement, because I think anything but metal is most dangerous. I can tell you, however, a cement which paraffin does not penetrate. Get some common alum (you will get quite enough for a penny) and melt it in an iron spoon over the fire. It is an excellent glass cement, and for the cracked paraffin jar it would do, so long as it was kept away from fire or light. Again let me warn you NOT to mend a glass lamp-bowl or receiver at all. Buy a new metal one, and you will have no accidents.—Lamp-a-Glazy.

A Fourteen-Year-Old Correspondent.—You are a very clever little cook to have won two prizes, and I agree with you that a children's page in "Myra" would be "lovely," but I have no authority in any matters save my own department. You and your young friends should write to the Editor, not to me, about that. Lastly, you are not too young to compete if you have been clever enough to send a recipe worthy of a prize, certainly, but as to "chances!"—well, you must take your "chance" with everyone else. Thank you for a most interesting little letter.—Hilda.

The Storing of Jam.—Your jam cupboard need not be "all in a muddle," dear lady, even though you have "every kind of jam under the sun, and lots of every kind too"! In so large an establishment as your very large school-house of course you need the quantities, but try my plan and you won't have the muddles. Divide your jam stores into sorts, all the pots of one kind together. Then place a strong cardboard strip, or one of light wood if you have it, across from front to back of the shelf, and on the edge of the shelf, in front of the pots, paste a label bearing the name of the particular jam stored in that particular place. Do the same with every shelf; divide it into larger or smaller "pens" according to the number of pots you mean to place in them, arrange the pots, add the label, and there is order out of chaos. You can, if you like, keep a small penny book hanging from a nail on the cupboard door, with a pencil attached, and have a list of the jams and the number of pots of each, and mark them off as you use them. Also have dates of making, storing, beginning to use and finishing using, for a guide for another year. No trouble!—School-marm.

"I have taken your journal for seven years, and find it very useful".—L. Bradbury, 38, Gladstone Avenue, W. G. N.

"THE PERFECTION"

COMPLEXION TREATMENT.

By MISTRESS ANNE PAGE.

We have been wont to imagine that the reason of the superb beauty of the complexion of women in London was the facility with which they have been able in the last few years to obtain regular

HYGIENIC TREATMENT, which is true—and in LIVERPOOL (at 92, Bold St.), and in MANCHESTER (at 30, King St.), there are now engaged in full practice two gentlewomen, mother and daughter named alike,

"MARIE EARLE," whose motto is "Perfection." Hospital trained, widely-travelled, and experienced in

THE BEST METHODS OF BEAUTY CULTURE, in touch with many of the most eminent medical skin specialists of the day, their treatment of the complexion, the hair, the eyes, eyelids, the hands and figure, is rightly termed by those who have had opportunities of availing themselves of it

"THE PERFECTION OF TREATMENT," while for the removing of superfluous hair, birthmarks, or any other blemishes of the skin, by means of the most skilful electrolysis, both are justly famed also. From Mrs. Earle's most interesting book,

"HOW TO REACH PERFECTION" (price 1s., but given this month gratis to any of my readers who ask for it), one may glean a fair idea of her treatment, and of her preparations, which are **excellent.**

"THE PERFECTION FACE MASK," and **"CHIN AND THROAT BAND,"** to be worn at night, are perfectly amazing in their effect. I have seen women of fifty after giving them a thorough trial look twenty years younger; the effect of them is to restore lost contour, remove wrinkles, and to bring back the firmness and beauty of youth.

Address—Mrs. MARIE EARLE, 92, Bold Street, LIVERPOOL;
30, King Street, MANCHESTER.

ZOBEIDE REDUCING CORSELETTE (REGISTERED).

This lightly-boned and elegant garment is specially designed for an over-full waist and bust. Safe, sure, and speedy. Price **£1 1s. 6d. THE ZOBEIDE REDUCING PASTE, price 5s. 6d.** A client writes:—"It is doing wonders for me. My waist is 3 inches less." From **Mrs. Maine, 8, Hanover Street, Hanover Square, London, W.**

Gold Medal
Paris, 1890.

Gold Medal
St. Louis, 1904.

(By Royal Warrant to H.M. the King.)

JEYES'

DISINFECTANTS

AS USED IN THE ROYAL
HOUSEHOLD, STABLES, AND KENNELS.
FROM ALL DEALERS.

May be obtained in the form of

FLUID, POWDER, SOAP.

A BOOK FOR WIVES

The knowledge contained in this book is of **Priceless Value to Every Married Lady**, and has been the means of brightening the lives of thousands. It contains a large amount of valuable information. All will profit by reading it, as the knowledge gained is priceless, and cannot but do good. Sent in sealed envelope for two stamps.

A lady writes us: "I have read your book. It is simply invaluable, and gave me the information I have sought after for years."

M. VIMULE, Dalston Lane, London, N.E.

SURGICAL RUBBER GOODS.

Send to the actual makers for their Illustrated and Descriptive Price List of the best and Cheapest Domestic and Surgical Indiarubber Goods, Enemas, Bandages, Trusses, &c.

CONSTANTINE & JACKSON,
THE CITY PHARMACY, 27, CHANCERY LANE, LONDON.

*Depot for **DR. PATERSON'S FEMALE PILLS for Anæmia, Hysteria, Weakness, &c.***

Most effective Remedy. Post free. 2s. 9d. and 4s. 6d.

INVALUABLE TO LADIES.

PENNYROYAL & STEEL

TOWLE'S PILLS

Will quickly correct all irregularities, remove all obstructions, and relieve all distressing symptoms.

There is Nothing to Equal Them.

The oldest & only Reliable Remedy.

Immediately any irregularity occurs take Towle's Pills. The World knows no such preparation for Ladies as this invaluable specific, justly called

WOMAN'S UNFAILING FRIEND.

75 Years' Reputation.

No other female medicine in the world has received such widespread and unqualified endorsement.

In Boxes, 1s. 1½d., 2s. 9d., and 4s. 6d. (the 2s. 9d. boxes contain three times quantity of 1s. 1½d. size). Of all Chemists or Post Free for P.O. 1s. 3d., 2s. 10d., or 4s. 7d. from Sole Proprietors, E. T. TOWLE & CO., Ltd., Manufacturing Chemists, NOTTINGHAM.

Icilma.

ICILMA NATURAL WATER sprayed or dabbed on the skin will at once remove sunburn or redness, and give a lasting cool, velvety softness that nothing else can do. Invaluable for irritations and insect bites. Price **1s.**

ICILMA CO., Ltd. (Dept. 87), 142, Gray's Inn Road, London.

KEARSLEY'S ORIGINAL

WIDOW WELCH'S PILLS

Have a reputation of one hundred years, and have proved a boon and blessing to millions of sufferers, and are highly recommended and often prescribed by the Medical Profession when this description of medicine is required.

Price 1s. 1½d. and 2s. 9d. Great saving by having the larger size. Of all Chemists or by post 1s. 2d. and 2s. 10d.

Note Kearsley's White Wrapper. *Sold in the Colonies.*

Sole Makers: C. and G. KEARSLEY,
42, Waterloo Road, London, S.E. (Late of 17, North Street, Westminster.)

For more than 20 Years

Dr. Davis's Famous Pills

Have been universally admitted to be

A BOON TO WOMANKIND.

They are the best known remedy for Anæmia, Giddiness, Fulness and Swelling after Meals, Loss of Appetite, Hysteria, Palpitation of the Heart, Debility, Depression, Weakness, and all Female Ailments.

Boxes 9½d., 1/1½, 2/9, 4/6, and 11/-

May be had from Chemists and Patent Medicine Vendors everywhere, or from the Proprietors.

Dr. Davis's little book for MARRIED WOMEN (most invaluable) sent free on receipt of a stamped addressed envelope.

Only Address:
309, Portobello Road, Notting Hill, London.

CAST OFF WEARING APPAREL

of **Every Description.** Prompt and fair payments made for any parcel sent to **Mrs. J. STAINFIELD, 80, Wells Street, Camberwell, S.E. Ladies waited on.** Est. 20 years. References given.

OLD ARTIFICIAL TEETH

OLD ARTIFICIAL TEETH BOUGHT.

Send to the well-known London Manufacturing Dentists, Messrs. M. J. BROWNING, who give the very best value; if forwarded by post utmost value per return, or offer made. 133, Oxford St. (opp. Berners St.), London, W. *Est. 100 Years.*

HAIR DESTROYER.

JAMES'S DEPILATORY instantly REMOVES SUPERFLUOUS HAIRS from the Face, Neck, or Arms, without injury to the Skin. Of all Chemists, or sent with directions for use, free from observation, on receipt of postal order for 1/3, 2/3, and 2/9.

Mrs. C. JAMES, 268, Caledonian Road, London, N.

Mene

The Mene towel to my mind is the best placed on the market and I prefer them to any other

ARE SUPERIOR TO ALL OTHERS FOR

Cleanliness, Economy & Comfort.

May be obtained from all Underclothing Houses and Chemists.

2 Doz. No. 1 at 1/-; 1 Doz. No. 2 at 1/-; 1 Doz. No. 3 at 1/6.
POST FREE.

A FREE SAMPLE to any lady mentioning "Myra's Journal."

Miss M. J. Haynes, 55, Fann St., London, E.C.

Sanitary Towels

IMPROVE YOUR HEALTH AND FIGURE

by reducing Superfluous Fat by means of
Dr. RITTER'S Specific for

☞ OBESITY

Not a secret quack Nostrum. Composed of purified and concentrated Extract of Fuci-Vesicolusus and Marienbad Salts. Made in tiny Tasteless Capsules. Neither constipating nor relaxing; never disagree. Price 2/6 per bottle, or 5 bottles, post free, 10/6. Read extracts from Press Notices, given after full trial.

☞ "Contains no injurious ingredients."—*Health.*
☞ "May be taken quite safely."—"Myrene" in *The Lady.*
☞ "Absolutely harmless."—*The Gentlewoman.*

Only of the Sole Agent—
Dr. O. E. HORN, Boscombe Park, Bournemouth.

GREY HAIR can now be restored to its natural colour without dyes or stains.—Write for terms, &c., **O. E. HORN, D.Sc., Boscombe Park, Bournemouth.**

BOOK FOR WIVES.

This book contains specially important information and advice which should be read by every married woman. It is immensely popular and most reliable. Post free for one stamp.—M. J. HADDON & CO., 1, Camden Street, Islington, London, N. (opposite Agricultural Hall).

DUMAS' PARIS PILLS.

The only establishment in England for the sale of these world-known Pills for FEMALE AILMENTS.

Price 4s. 6d. and 11s. per box. Particulars and testimonials free.

A. DUMAS,
217, Graham Road, London, N.E.
(Mention this paper.)

BOOK FOR LADIES.

The information contained in this book ought to be known by every married woman, and it will not harm the unmarried to read. No book is written which goes so thoroughly into matters relating to married women. Some may think too much is told. Such can scarcely be the case, for knowledge is power and the means of attaining happiness. The book can be had in envelope from Dr. T. R. ALLINSON, 619 Room, 4, Spanish Place, Manchester Sq., London, W., in return for a Postal Order for 1s. 2d.

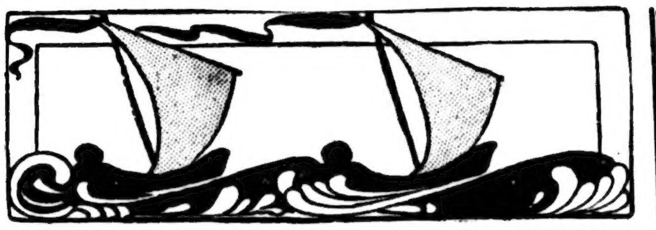
LADIES RECOMMEND NURSE HERBERT'S PILLS.

The safe, genuine and reliable remedy for the system. Warranted non-injurious, superior to Pilcochia, Apiol, &c. Price **1/-** and **2/6** per box, post free, securely packed with full directions on receipt of Postal Order. Obtainable only from **HERBERT, Chemist, (Dept. 62), 161, Seven Sisters Road, LONDON.**

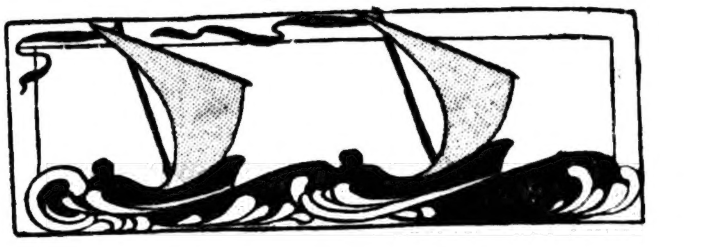
LUXURIANT HAIR.

Long flowing Eyelashes, Eyebrows, &c., are QUICKLY PRODUCED by using JAMES'S HERBAL POMADE. It is invaluable for the production of Whiskers, Beard, and Moustachios; it causes the Hair to grow on Bald Places and Scanty Partings. Of all Chemists, or a box (with directions) sent, free from observation, on receipt of postal order for 1/3, 2/2, and 2/9.

Mrs. C. JAMES, 268, Caledonian Road, London, N.



Health and Personal Attention.



All Letters to be addressed to "Mistress Anne Page, Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Asthore.—Hollows in the temples often show after such severe strain for examinations, but you can feed the tissues and fill them up again by nightly massage with the "Ganesh Eastern Cream" which Mrs. Adair, 90, New Bond Street, London, W., sells for 3s. 6d. Wash your forehead first with hot water, dry quickly, then pat the cream in with your fingers. It is very good, too, this Eastern Cream, for filling up hollows in cheeks, and that one in the neck which is popularly called "a salt-cellar."

St. Anne.—To restore the colour to your somewhat moist hair without using a dye or a stain, you can have nothing better than the "Primrose Lotion" which is sold for 2s. 6d. a bottle by Mr. Mason, 25, Bank Plain, Norwich. Rub this well down into the skin of your head, and do not brush your hair again until next morning.

Constant Reader.—(1) There are several preparations for removing superfluous hair from the skin, but though they take the hair off right enough when used as directed, I am afraid that in the majority of cases the hairs return; sometimes it is true that they are weaker than before, and in due time, after repeated applications of the depilatory cease to reappear. But scientific men who have given close attention to the subject tell us that the only way of permanently ridding the skin of superfluous hair is to have it removed by the process known as electrolysis, but say that this must be performed by a well-trained and skilled operator who has had plenty of experience. The nearest of such to you—whom I can confidently recommend because I have had such splendid testimony as to the successful results of their work—are Mrs. Earle, 92, Bold Street, Liverpool, and her daughter, Miss Marie Earle, 30, King Street, Manchester, both of whom studied this work in London and Paris under the direction of medical electricians. They remove the hair in such a way that the "cure" is permanent. (2) One of the best Face Creams for improving the complexion and preventing wrinkles, is the "Crême Suprême," which is sent post free for 2s. 9d. by Mr. Mason, 25, Bank Plain, Norwich.

Mademoiselle.—I only reply by post when a fee of sixpence is enclosed, and a stamped envelope, fully addressed to the enquirer. Walking and skipping, swimming and rowing, are the best exercises for reducing the hips, and you should practise these as often as you have opportunity. Tennis playing is also an excellent exercise for the purpose. Roller Massage is one of the best "Treatments" for the same purpose, and I recommend you to get from Dr. O. E. Horn (D.Sc.), Parkwood Road, Bournemouth, one of his celebrated "Massage Rollers for Reducing the Hips and Abdomen."

Imperialist.—The best specifics for the cure of eczema are "Mason's Cream of Sulphur," to be applied to the affected skin at night and left in contact with it during sleep, and "Mason's Cream of Cydonia," to be used in the morning as a soothing and cooling cleanser instead of soap and water, which should never be allowed to touch a skin that is affected by this irritating complaint. The creams cost 2s. 9d. a jar each, and can only be obtained from Mr. Mason, 25, Bank Plain, Norwich. All salted meats, shell-fish, pork, and alcoholic beverages should be strictly avoided, but otherwise the sufferer should live as generously as possible.

Isobel.—"Icilma Fluor Cream" (not "*Flour*," as you wrote it in your question) is a most delightful cream for the complexion, and one that cannot possibly increase the hairy growth on your face. You will be able to see what it is like if you will send two penny stamps for two differently scented samples of it to Icilma Co., Limited (Dept. 87), 142, Gray's Inn Road, London. Of course, you should say you are a reader of Myra's Journal when you send, because the twopence is only to cover the postage, and you will get the Fluor Cream for nothing.

Jennie.—As your bust is so very full you should get a "Zobeide Reducing Corselette" from Mrs. Maine, 8, Hanover Street, Hanover Square, London, W. It is a most dainty little garment, to be worn next your silken undervest or combination, and if you wear it daily for a time you will be astonished at the reduction it will effect, both in your bust and your waist.

Susanne.—I was so glad to hear from you again, and hope ere this you have received a parcel I sent you containing some material and a pattern. You will find that if you take a course of the "Sanohemol Capsules," sold for 2s. 6d. by Dr. O. E. Horn (D.Sc.), Parkwood Road, Bournemouth, that your bodily energy will be renewed, and that you will quite lose that tendency to anæmia.

Raindrop.—It must indeed be most irritating to have pimples continually coming on your face. What I advise you to do is to apply every night to the pimpled skin some of the "Cream of Sulphur" sold by Mr. Mason, 25, Bank Plain, Norwich, for 2s. 9d., as this is so good for clearing away all kinds of eruptions from the skin, and to get the cause of the mischief out of your system by taking a course of "Clarke's Blood Mixture," which you can buy at your own chemist's.

Lean Laurie.—In your diet you must avoid everything of an acid and of an astringent nature, and that you may get strong and have more flesh on your bones I advise you to take porridge of "Creamy Plasmon Oats" for breakfast, and if you can get good dairy cream, or Devonshire cream, have some of this, and some Glebe Golden Syrup with it. Eggs, soft-boiled or poached, and a cup of "Plasmon Cocoa," will be better for you than anything else as the second part of your breakfast. Good soups, root-vegetables such as potatoes, parsnips, carrots, beetroot, and artichokes will help to fatten you, and so will peas and all kinds of beans. Salmon, turbot, and ducklings are better for you than beef, and you should have well-made "milk puddings" with just a tiny sprinkle of "Plasmon Powder," which is quite tasteless, but so strengthening, in each. Go to bed early after being out as long as possible every day in the fresh air, and never worry about anything until you feel and look stronger.

Clematis.—For the baby's bath you can have no nicer soap than "Woolley's Boval Cream Soap," which is sold by all chemists for 6d. a tablet. You must be most careful to dry her thoroughly, and wherever her skin folds, or overlaps, you should well powder her with "Woolley's Sanitary Rose Powder" (6d. also), which will prevent all chafing, and keep the dear mite comfortable and happy.

Dreams.—To make your hair grow rapidly, and at the same time to remove scurf and prevent the formation of any more, use the "Palma Christi Extract," which is sold for 1s. 6d. a bottle by Mr. Mason, 25, Bank Plain, Norwich. To arrest the greyness that is just beginning to show in your mother's hair she should rub into her scalp on three nights of every week some of the "Petrolate of Sulphur" which the same Mr. Mason sends post free for 2s. 6d. a jar. This also makes the

Zina.—I find "H. S. Corsets," which are so well and cheaply made by H. Sherwood and Co., Limited (Dept. C), 12, London Wall, London, E.C., give to the figure the utmost grace and elegance, and that they wear splendidly. The prices range from 2s. 11d. to 21s. per pair, but all are well made. As you have no draper of importance in your village I advise you to write for a pair (sending P.O. for 2s. 11d., 3s. 11d., 4s. 11d., or whatever price you care to go to, with the size of your waist) direct to the manufacturers. Of course you will be wise to say you are a reader of Myra's Journal, and I am sure you will be pleased and perfectly satisfied with the corset Messrs. Sherwood will send you.

Frost.—It is quite true that readers of Myra's Journal can at the present time get a tress of beautiful and pure hair exactly to match their own, quite thick, and twenty-two inches long, for 7s. 6d. (the usual price being 15s. 6d.) from the Universal Hair Manufacturing Co., 84, Foxberry Road, Brockley, London, S.E. Send a bit of your hair as a pattern and it will be accurately matched.

Middle-aged.—You can take with perfect safety to your health—indeed, with great improvement to it—"Dr. Ritter's Specific for the Cure of Overstoutness," which is supplied in the form of tiny, tasteless capsules by Dr. O. E. Horn (D.Sc.), Parkwood Road, Bournemouth, for 2s. 6d., post free. These will reduce your size, and help you to breathe more easily.

A Mascot.—To make your eyes clear and fascinatingly bright you should bathe them every morning and night with the "Ganesh Strengthening and Brightening Eye Drops." which are sold for 3s. 6d. a bottle by Mrs. Adair, 90, New Bond Street, London, W. You can also get them at Mrs. Adair's branch at 83, Carleton House, High Street (facing New Street), Birmingham, when you are playing in that city.

Stuffy.—A delightfully cooling drink for summer, as well as a blood-purifier, is made by mixing a dessertspoonful of "Eno's Fruit Salt" in a tumbler of cold water. This will prevent that "stuffy" feeling which hinders you so constantly in your work, and will do you good in many ways. All chemists keep this effervescing "Fruit Salt."

hair grow.

Constance (Birkenhead).—I earnestly advise you to leave all depilatories alone where your face is concerned, for though they will remove the hair for the time being there is always the risk that it will return stronger than ever. Go to Mrs. Earle, 92, Bold Street, Liverpool, and let her remove every one of those hairs by her special method of electrolysis. Then the "cure" will be perfect and permanent. There is nothing whatever to be nervous about in this operation, as Mrs. Earle is so kind as well as so skilful.

Vera.—You will, I am sure, be delighted with the effect of "Beauty Cream" (4s. 6d. a bottle from Madame Cross, Dept. M. J., 184 and 186, Regent Street, London, W.), as this immediately beautifies face and neck, and gives an appearance of freshness and youth, and at the same time it really makes the skin finer in texture and whiter in colour. I have known this beautifier for many years, and have every confidence in recommending it.

Much Tormented.—To all the skin that is affected by eczema you should nightly apply some of the "Cream of Sulphur" that is sold for 2s. 9d. by Mr. Mason, 25, Bank Plain, Norwich, and in the morning, instead of washing with soap and water, you should cleanse that skin with "Cream of Cydonia" (2s. 9d. from same place), and you will get the greatest relief, and the skin affection will be cured in a short time, especially if you are careful to avoid all salted foods.

Emma.—I cannot speak personally as to the success of the French "Wrinkle Plasters" in removing wrinkles of long standing, but I know they are used a great deal by the ladies in Paris for that purpose, and there they cost 10s. 6d. I found. Now Mrs. Adair has brought some over, and she will sell them to readers of Myra's Journal for 1s. 8d. a set, post free, so that you can easily experiment on your own wrinkles. These plasters cannot possibly do any harm, and I have heard that they really do what they are intended to do.

"I have made my first coat and skirt from your free patterns of this month, and I am very pleased indeed with them."—R.

DRESSMAKERS.

DRESSMAKERS' COUPON. AUGUST, 1905.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement *each month*, and she states under which column she wishes her name to appear. *Please write distinctly.*

LATEST TIME FOR ADVERTISEMENTS 5th OF EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

Miss L. C. Andrews, 31, Conewood Street, Highbury, N.
Miss Anton, 54, Beresford Street, Camberwell, S.E.
Miss Baker, 4, Strode Road, Forest Gate, Essex.
Miss Bates, 70, Grosvenor Road, South Belgravia, S.W.
Miss Beard, 120, Alderbrook Road, Balham, S.W.
Miss Beard, 75, Lessingham Avenue, Upper Tooting, S.W.
Miss A. Benbow, 481, Green Lanes, Small Heath, Birmingham.
Miss Bew, 42, Cowick Road, Upper Tooting, S.W.
Miss Carey, 25, Clarendon Square, N.W.
Madame Carey, 40, New Kent Road, S.E.
Mrs. Chapman, 41, Paulton's Square, Chelsea.
Miss L. Cochrane, 16, Blenheim Avenue, Clarendon Road, Manchester.
The Misses Cook, Little West Street, Reigate, Surrey.
Miss Cooper, 5, Richmond Place, Lillie Bridge, S.W.
Miss Corbett, 47, Woodfield Road, Birmingham.
Miss Cotta, 232, Portnall Road, Maida Hill, W.
Miss Coward, 82, Camden Road, N.W.
Miss Dodds, 7, Gorringe Park Parade, Tooting Junction, Mitcham, S.W.
Mrs. R. Dolling, 40, Shirland Road, Maida Hill, W.
Mrs. and Miss Drake, 34, Blomfield Street, Royal Oak, W.
Miss Foster, 10, Kilravock Street, Queen's Park, W.
Mademoiselle Gascoin, 113, Cambridge Road, Kilburn.
Mrs. Goddard, 95, Archel Road, West Kensington, W.
Miss Grabame, 1, Argyle Street, Argyle Square, W.C.
Mrs. Harlow, 187, Saltram Terrace, West Kilburn.
Miss Harper, 72, Stanstead Road, Forest Hill, S.E.
Miss Hutley, East End, Paglesham, near Rochford, Essex.
The Misses Jones, 32, High Street, Menai Bridge.
Madame Laine, 172, Adrian Terrace, Redcliff Square, W.
Mrs. Laville, 3, Breck Place, Breck Road, Liverpool.
Miss Laybourn, 57, Eccleston Square Mews, Warwick St., Pimlico, S.W.
Madame Lenor, 57, Dulwich Road, S.E.
Mrs. A. Macauley, 9, Eustace Road, Fulham, S.W.
Miss M. Mansell, 94, Woodland Road, Upper Norwood.
Miss R. Newton, 42, Rawlings Street, Cadogan Square, S.W.
Miss Palmer, 36, St. Lawrence Road, Brixton, S.W.
Miss Payne, 67, Eccleston Road, West Ealing.
Miss Pearl, 16, Bruce Road, South Norwood.
Mrs. and Miss Pink, 11, Pitt Street, Norwich, Norfolk.
Mrs. Robinson, 92, Calabria Road, Highbury, N.
Mrs. Roylance, 41, Tavistock Road, North Kensington, W.
Mrs. Sandwell, 429, Edgware Road, W.
Miss Saward, 78, Haverstock Hill, Hampstead, N.W.
Miss Simeon, 45, Westmoreland Road, Bayswater, W.
Miss Smith, 44, Thane Villas, Seven Sisters Road, Holloway, N.
Miss K. E. Sparkes, High Cottage, Denzil Road, Guildford.
Miss Summersell, 5, Palace Road, Upper Norwood, S.E.
Misses Vincent, 32, Queen's Road, Finsbury Park, N.
Miss Ward, 45, Westbourne Park Villas, W.
Madame Warner, Newtown, Linford, near Leicester.
Miss C. Wild, 6, Frederich Crescent, North Brixton, London, S.W.
Miss E. Willson, 42, Seymour Place, Fulham Road, Kensington, S.W.

LADIES' OWN MATERIALS MADE UP—

Miss Ambler, 69, Porchester Terrace, Hyde Park, W.
Miss Anton, 54, Beresford Street, Camberwell, S.E.
Mrs. Ayres, 49, Thornhill Square, N.
Miss Bamford, 37, High Street, Eltham, Kent.
Mrs. Bennett, 190, North End Road, West Kensington.
Miss E. Bennett, 15, Wyndham Street, Marine Parade, Brighton.
Mrs. F. Betteridge, 116, Fernhead Road, Paddington.
Miss Bew, 42, Cowick Road, Upper Tooting, S.W.
Miss Blackman, Perrysfield Farm Cottage, Oxted, Surrey.
Mrs. Brand, 44, Sulina Road, Brixton Hill, S.W.
British Needlewomen's Assn., 118, Northumberland St., N'castle-on-Tyne.
Mrs. Chris Bromage, The Firs, Upper Broadheath, Worcester.
Miss Bullivant, 21, Firth Park Avenue, Pitsmoor, Sheffield.
Misses A. and M. Burnett, 7, Windsor Road, Holloway, N.
Miss Buttle, 326, Moseley Road, Birmingham.
Miss Button, 18, Granville Terrace, Cricklewood Lane, N.W.
Madame Carey, 40, New Kent Road, S.E.
Miss Carroll, 81, Mercers Road, Upper Holloway, N.
Miss Chick, 45, Righton Road, Upper Clapton, N.E.
Miss Clasper, 14, Broughton Road, South Shields.
Miss Clinch, 9, Barrow Hill Road, St. John's Wood, N.W.
Mrs. Coast, 282, Ladbroke Grove, North Kensington.
Miss L. Cornthwaite, 33, Victoria Street, Blackburn.
Miss Darby, 8, Leamington Villa, Manor Park, Lee, S.E.
Miss Day, 55, Mossbury Road, Lavender Hill, Clapham Junction, S.W.
Miss Douglas, 10, Stanton Road, Barnes.
Miss G. Ellis, 22, Ritherdon Parade, Balham, S.W.
Mrs. Ellis, Jaysland, St. Clere, near Liskeard, Cornwall.
Miss Ellison, 9, Claribel Road, Burton Road, Brixton, S.W.
Mrs. England, 440, Edgware Road, W.
Mrs. Fenwick, 64, Granville Street, Boston.
Miss S. Foy, 2, Sunnyhill Road, Streatham.
Madame Goodwin, 96, Oxford Road, Lowestoft.
Mrs. Hodges, 69, Cornwall Road, Handsworth, Birmingham.
Miss E. A. Holmes, 39, Effingham Road, St. Andrew's Park, Bristol.
Mrs. L. E. Howell, 314, Moseley Road, Birmingham.
Miss A. Ings, 15, Ellingham Road, Shepherd's Bush.
Miss Isaacs, 38, Pollokshaws Road, Glasgow.
Miss Jarrett, 4, Whitehouse Road, West Croydon.
Mdlle. Jeanne, 77, Claverton Street, S.W.
Mrs. E. Kenny, 3, Lower Kevin Street, Dublin.
Mrs. Lane, 31, Conyers Road, Streatham.
Miss Last, 74, Sackville Road, Hove, Sussex.
Madame Léonié, 26, Grafton Road, Mutley, Plymouth.
Miss W. Lewis, "West View," Sidbury, near Sidmouth, Devon.
Miss Lowson, 1, Buckingham Terrace, Maryfield, Dundee.
Miss McDougall, 24a, India Street, Edinboro'.
Miss M. Manson, 94, Woodland Road, Upper Norwood, S.E.
Madame Emilée Montandon, 1, Devonshire Road, N.
Miss Moorman, Tivoli Gardens, Tivoli Road, Cheltenham.
Miss J. Mortlock, 50, St. Luke's Road, Bayswater, W.
Madame Nelson, c/o Mrs. Sharp, Vicarage, Addlestone, Surrey.
Miss S. R. Newing, 3, La Belle Alliance Square, Ramsgate.
Miss B. Newton, 42, Rawlings Street, Cadogan Square, S.W.
Miss Owens, 3, Commercial Buildings, N.C.R.
Miss Page, 76, Middleton Road, Dalston.
Miss Parker, 9, Tytherton Road, Tufnell Park, N.
Madame Pearson, 38, Brooke Road, High Street, Stoke Newington, N.
Miss L. Pearson, 13, Kempson Road, Harwood Road, Fulham, S.W.
The Misses Percival, 24, Tower Street, King's Lynn, Norfolk.
Mrs. Phillips, 35, Salter's Road, Gosforth-on-Tyne.
Misses A. and A. Pinchback, 53, Guildford Road, Greenwich.
Miss Pooley, 105, Holmesdale Road, Reigate.
Miss H. Price, 9, Beachcroft Avenue, Southall.
Madame Pugh, Gilwein, near Abergavenny, Mon.
Miss A. E. Rees, 240, High Road, Tottenham, N.
Madame Rene, 1, Denmark Terrace, New Brighton, Cheshire.
Madame Ritter, 27a, Sale Street, Cambridge Terrace, W.
Mrs. Robinson, 142, St. Paul's Road, Highbury, N.
Miss A. M. Seaman, 7, Ayresmore Street, Linthorpe Road, Middlesbrough.
Mrs. Sewell, 31, Richmond Grove East, Longsight, Manchester.
Miss Clara Siffleet, The Lilacs, Tongdean Lane, Withdean, Brighton.
Miss Sims, 14, Rathcoole Gardens, Hornsey, N.
Miss Smith, 5, Bolton Road, Eastbourne.
Miss Sutch, 4, New Quebec Street, Portman Square, W.
Miss A. Tanner, 9, Exeter Street, Dyke Road, Brighton.
Mrs. and Miss P. Tapp, 16, Willcott Road, Acton, W.
Mrs. T. Teague, 9, Grand Parade, Poole Road, Bournemouth.
The Parisian Renovating Dress Co., 77, Claverton Street, S.W.
Miss Thorburn, 12, Allaro Crescent, Hawick, Scotland.
Miss M. Trowbridge, 56, Upham Park Road, High Road, Chiswick.
Misses Vincent, 32, Queen's Road, Finsbury Park, N.
Miss R. Voysey, 20, Bloemfontein Road, Shepherd's Bush.
Miss Walker, 37, Natal Road, Streatham.
Misses Walker and Melham, 91, Warwick Road, Maida Vale, W.
Miss Warren, Royston Villas, Burnt Mill, near Harlow, Essex.
Miss E. Wells, 36, Gore Road, South Hackney, London, N.E.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill, N.
Miss White, 26, Rockley Road, West Kensington Park, W.
Mrs. G. C. Wicks, 139, Lupus Street, S.W,
Miss F. A. Wilcock, 273, Wandsworth Bridge Road, Fulham, S.W.
Miss Wolfe, 27, Hampton Place, Brighton.
Miss M. Wright, 45, Artesian Road, Westbourne Grove, W.

LADIES' AND CHILDREN'S MILLINERY—

Miss Beale, Tuffleigh Crescent, Gloucester.
Miss Agnes Cowen, Moffatt House, Wharncliffe Street, Newcastle-on-Tyne.
The Misses Hallowes, 1, Hereford Square, South Kensington, S.W.
Mrs. Henderson, 64, Stanhope Road, South Shields.
Madame Ilene, Abbott's Court, Kensington Square, W.
Mdlle. Jeanne, 77, Claverton Street, S.W.
Mrs. King, 14, Sussex Street, South Belgravia, S.W.
Mrs. Wells, 36, Gore Road, South Hackney, London, N.E.
Miss Whitehouse, 13, Adam Street, Manchester Square, W.

LADIES' SHIRTS—

Miss Beatall, 41, High Street, Rushden, Northamptonshire.
Miss Lowson, 1, Buckingham Terrace, Maryfield, Dundee.
Miss E. Manser, 26, Dudley Road, Eastbourne.
Madame Mary Norman, 2, Norfolk House, Lulgrave Road, Hammersmith.

PILLOW LACE MAKER—

Miss Kent-Johnson, Sharnbrook, Beds.

CORSETIERE—

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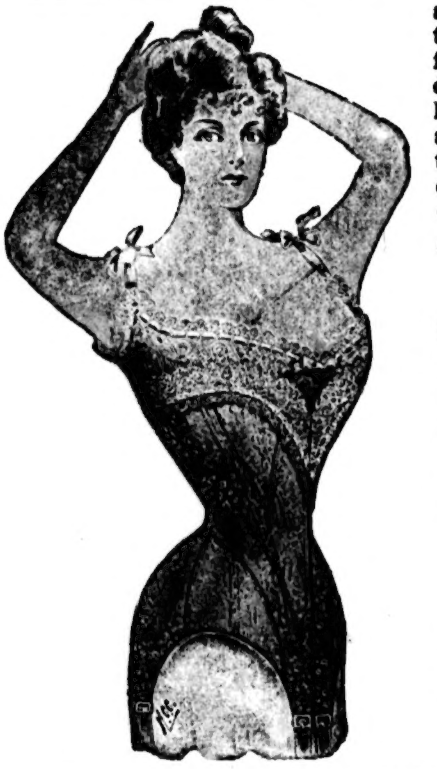

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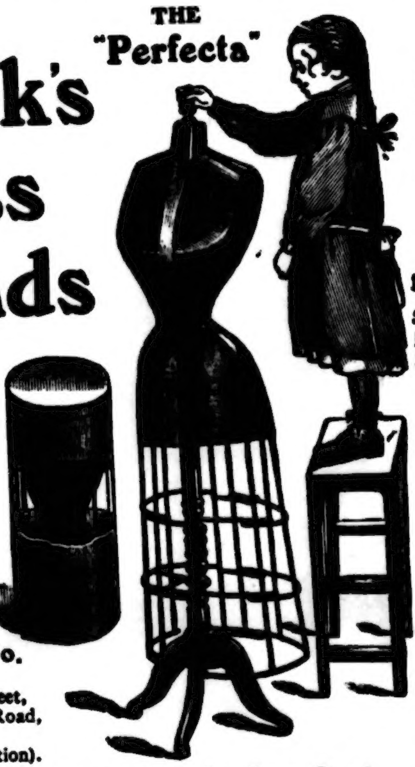

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